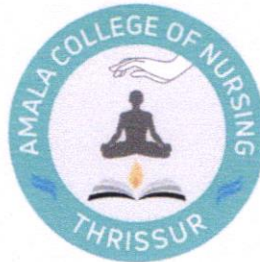




Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2023-2024)



CRITERION 6– Governance, Leadership and Management

Key Indicator 6.3–Faculty Empowerment Strategies

Metric No. 6.3.1 The Institution has effective welfare measures for teaching and non- teaching staff

SUBMITTED TO



National Assessment and Accreditation Council

ANNUAL HEALTH CHECK UP AND IMMUNIZATION



AMALA INSTITUTE OF MEDICAL SCIENCES

(An undertaking of Amala Cancer Hospital Society)
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Amala Nagar, Thrissur - 680 555



PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: NIMMY.P.S. Age: 37 Gender: M / F Hospital ID: 3193853 Date: 26/02/2024

Department: College of Nursing Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....) chicken pox / Syphilis / Measles

Recent History of any diseases: Yes / No, if yes specify (.....) Covid - 2020

Personal History: Smoking / Alcohol consumption / others (.....) NIL

Present illness, if any..... NIL

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / Eyes: Normal / Pallor, Icterus / Normal Vision: Normal R 76

Ears: Normal / Oral Cavity: Normal / Nails: Cut & Clean /

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: WNL

Pulse..... 68 / minute

B.P.: 110/80 / mm of Hg

Systemic Examination

Respiratory: ONBS heard

Cardiovascular: S₁, S₂ heard - Normal

Gastro-intestinal: Soft, non tender

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: No FND

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC Hb: <u>11.4 g/dl</u> , Hb TC: <u>7.7 x 10³ / uL</u> , N57.2% L28.6%	E4.5% M9% B0.7%
2	ESR	<u>44 mg/dl mm/hr</u>
3	RBS	<u>90 mg/dl</u>
4	HBsAg	<u>X</u>
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	
8	Urine Routine	
9	MRSA Swab (Nostrils)	
10	Chest X-Ray Findings	

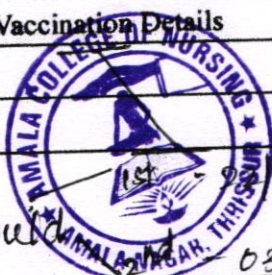
FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B	<u>26/02/2024</u>	
2	Chicken pox	<u>26/02/2024</u>	
3	Others	<u>03/12/21</u>	



Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

HR Department: 1.3.2024

Name & Signature of Medical Officer: Dr. George

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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: ARCHANA JAYAKUMAR Age: 27y Gender: M / F Hospital ID: 3045470 Date: 5/03/2024
Department: NURSING COLLEGE Clinical / Non Clinical
Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (.....) H/o chicken pox 2y n back
Recent History of any diseases: Yes / No, if yes specify (.....) NIL
Personal History: Smoking / Alcohol consumption / others (.....) NIL
Present illness, if any..... NIL

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean Eyes: Normal / Pallor, Icterus / Vision: 6/6 both eyes
Ears: Normal Oral Cavity: Normal Nails: Cut & Clean
Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: ✓
Pulse: 70 / minute B.P: 120/70 / mm of Hg

Systemic Examination

Respiratory: N/BS Cardiovascular: S1S2G
Gastro-intestinal: PLA - soft, non tender Psychiatric evaluation: Satisfactory / Not satisfactory
Nervous system: N/BS

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC WBC-10,890/cmm, RBC-4.18 mill/cmm, Hb-12.9g/dl, N-63.8%	E 4.9%, L 25.1%,
2	ESR	14mm/hr
3	RBS	96mg/dl.
4	HBsAg	} Negative.
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	71000mIU/ml.
8	Urine Routine Urine sugar-NIL, RBC-0-2/hpf, WBC-2/hpf, epithelial cells-4	
9	MRSA Swab (Nostrils)	No growth seen
10	Chest X-Ray Findings	WNL

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B		
2	Chicken pox		
3	Others		

18-3-24

AMALA COLLEGE OF NURSING
AMALA NAGAR, THRISUR

1st dose - 4/2/21
2nd dose - 3/4/21
Precaution - 8/2/22

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISUR - 680 555

HR Department:

Name & Signature of Medical Officer

Date: 02/18/03/2024



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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: Dr. Dinu M Joy. Age: 46 Gender: M / F Hospital ID: 3160337 Date: 25/9/2023

Department: Nursing Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (H/o chicken pox in 1992)

Recent History of any diseases: Yes / No, if yes specify (H/o COVID in 2022)

Personal History: Smoking / Alcohol consumption / others (NIL)

Present illness, if any: NIL

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean Eyes: Normal / Pallor, Icterus / Vision: 6/6 both eyes

Ears: Normal / Oral Cavity: Normal / Nails: Cut & Clean /

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: no skin lesions

Pulse: 72 / minute

B.P: 110/70 / mm of Hg

Systemic Examination

Respiratory: N/BS

Cardiovascular: S1S2 ⊕

Gastro-intestinal: PLA-soft, non tender

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: A/FRD

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC WBC-7.2x10 ³ /mm ³ , Hb-11.8g/dl, RBC-4.48x10 ⁶ /mm ³ , MCV-87.1, L-37.9%, E-2.6%	
2	ESR	21mm/hr
3	RBS	104mg/dl
4	HBsAg	Negative
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	114 mIU/ml
8	Urine Routine Chnre sugar-nul, RBC-2/hpf, WBC-5/hpf, epithelial cells-3/hpf	
9	MRSA Swab (Nostrils)	No growth
10	Chest X-Ray Findings	Normal.

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason: Deenu

Corrective measures: Dr. Teena

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B		
2	Chicken pox		
3	Others		

HR Department: Name & Signature of Medical Officer: Dr. Dinu M Joy



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NURSING
COLLEGE

PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: DR ASHA RAJ Age: 41 Gender: M/F Hospital ID: 3181924 Date: 1.1.24

Department: NURSING COLLEGE Clinical / Non Clinical

Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (..... Nil)

Recent History of any diseases: Yes / No, if yes specify (..... Nil)

Personal History: Smoking / Alcohol consumption / others (..... Nil)

Present illness, if any..... K1c/o hypothyroidism on medication

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / clean Eyes: Normal / Pallor, Icterus / Normal Vision: 6/6 B/L

Ears: Normal / Normal Oral Cavity: Normal / Normal Nails: Cut & Clean / clean

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Nil

Pulse: 72 / minute

B.P: 110/70 / mm of Hg

Systemic Examination

Respiratory: Clear, clear

Cardiovascular: S1S2 (+)

Gastro-intestinal: Soft NT

Psychiatric evaluation: Satisfactory / Not satisfactory

Nervous system: WND

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC TC: $9.8 \times 10^9/L$, N: 62.9%, L: 29.1%, E: 3.5%, M: 3.7%, B: 0.8% Hb: 11.4 g/dl, plt: $513 \times 10^3/L$	
2	ESR	- 10 mm/hr
3	RBS	- 88 mg/dl
4	HBsAg	} - Not applicable.
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	- NA
8	Urine Routine	} - Not applicable.
9	MRSA Swab (Nostrils)	
10	Chest X-Ray Findings	

FITNESS DETAILS:

Fit ☒ / Unfit ☐ , if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B	} - Not Applicable.	
2	Chicken pox		
3	Others		
	1st dose - 10/12/20		
	2nd dose - 31/12/20		
	3rd dose - 31/5/21		

HR Department

AMALA COLLEGE OF NURSING

AMALA NAGAR PO, THRISUR-680 555

Name & Signature of Medical Officer

Dr. S. S. George



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PRE-PLACEMENT MEDICAL EXAMINATION FORM

Name : Aswathi. P. Age 32 Gender : M/F Hospital ID : 3189405 Date : 5/2/24
 Department: Nursing HIC Mobile : 8995203053 Clinical / NonClinical
 Past History: Typhoid/Jaundice/Tuberculosis/Chicken pox/Herpes/Measles/Others (.....)
 Recent History of any diseases: Yes/No. if yes specify (.....)
 Personal History: Smoking/Alcohol consumption / others (.....)
 Present illness, if any: Nil

CLINICAL EXAMINATION :

General Physical Examination

Hair: Clean/..... Eyes: Normal/Pallor/Icterus/ Absent Vision: 6/6
 Ears: Normal/..... Oral Cavity: Normal/..... Nails: Cut & Clean/.....
 Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Normal
 Pulse: 70 /minute BP: 90/60 /mm of Hg

Systemic Examination

Respiratory : NVBS Cardiovascular : S₁S₂+
 Gastro-intestinal Soft, NAP Psychiatric evaluation: Satisfactory/Not satisfactory
 Nervous system : NO FND

Laboratory Investigations

Sl.No	Investigations	Results
1	CBC <u>WBC - 6.36 x 10³/mm³, Hb - 11.7 g/dl, Hct - 35.7%, MCV - 83.1 fL, MCH - 27.1 pg, MCHC - 32.6 g/dl, RDW - 13.8%, Platelets - 1,00,000/mm³</u>	<u>89 mg/dl</u>
2	ESR <u>29 mm/hr</u>	<u>Negative</u>
3	RBS	<u>Negative</u>
4	HBsAg	<u>Negative</u>
5	HCV	<u>Negative</u>
6	HIV	<u>Negative</u>
7	Anti HBsAg Titre (Validity within 5 yrs, normal limit > 100 mIU/ml, Recheck if no proof available)	<u>62.3 mIU/ml Borderline</u>
8	Urine Routine <u>Urine RBC 2/hpf, Urine WBC - 5/hpf</u>	<u>albumin - nil</u>
9	MRSA Swab (Nostrils) <u>No MRSA</u>	<u>sugar - nil</u>
10	Chest X-Ray Findings <u>Normal</u>	

FITNESS DETAILS:

Fit ☒ / Unfit ☐, if unfit, mention the reason

Corrective measures.....

VACCINATION HISTORY :

Sl.No.	Vaccination Details	Date of last Dose Received	No of Dose Received	Remarks
1	Hepatitis B - <u>Booster - 17/2/24</u>			
2	Chicken pox - <u>1st - 17/2/24, 2nd - to be taken on 17/3/24</u>			<u>Pending</u>
3	Covid Vaccine - <u>1st - 3/11/2021, 2nd - 29/1/22</u>			
4	Others			

HR Department : Aswathi Name & Signature of Medical Officer : Dr. RAJEE BEGHUNATH



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Amala Nagar, Thrissur - 680 555

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PRE - PLACEMENT MEDICAL EXAMINATION FORM

Name: Sr. Arslin Age: 41 Gender: M/F Hospital ID: 312553/ Date: 27/04/23
Department: Nursing [NSG College] Clinical / Non Clinical
Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (Chicken pox - 20 years back)
Recent History of any diseases: Yes / No, if yes specify (Covid 19 +ve in 2021)
Personal History: Smoking / Alcohol consumption / others (Nil)
Present illness, if any: Nil

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean Eyes: Normal / Pallor, Icterus / Normal Vision: 6/6 with glasses
Ears: Normal Oral Cavity: Normal Nails: Cut & Clean / Cut & Clean
Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Normal
Pulse: 76 / minute B.P: 120/80 / mm of Hg

Systemic Examination

Respiratory: NVBS heard Cardiovascular: S1S2 (+)
Gastro-intestinal: Soft, Non-tender Psychiatric evaluation: (Satisfactory) Not satisfactory
Nervous system: No FND

Laboratory Investigations

Sl.No.	Investigations	Results
1	CBC Hb: <u>12g m7.</u> , TC: <u>6400 cells/mm3</u> , P65%, L23%, E2%.	
2	ESR	<u>35 mm/hr.</u>
3	RBS	<u>104 mg7.</u>
4	HBsAg	<u>NEGATIVE</u>
5	HCV	
6	HIV	
7	Anti HBsAg Title (Validity within 5 yrs, normal limit >100 IU, Recheck if no proof available)	<u>162.35 mIU/mL</u>
8	Urine Routine <u>Urine Albumin - Nil, Urine Sugar - Nil, Urine WBC - 2-4/hpf, Urine RBC - 0-1/hpf.</u> <u>Epithelial cells - few, Bacteria - few.</u>	<u>No significant growth.</u>
9	MRSA Swab (Nostrils)	<u>No abnormalities</u>
10	Chest X-Ray Findings	

FITNESS DETAILS:

Fit ☒ / Unfit ☐, if unfit, mention the reason.....

Corrective measures.....

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date	Remarks
1	Hepatitis B <u>Titre above 1000</u>		
2	Chicken pox <u>Childhood infection</u>		
3	Others <u>COVISHIELD</u>	<u>31/12/21</u> <u>20/3/22</u> <u>12/1/22</u>	<u>Prof. Dr. RAJEE REGHUNATH</u> <u>PRINCIPAL</u> <u>AMALA COLLEGE OF NURSING</u>

Nb: Read form on 3.6.23 only. Make fit same day.
HR Department: [Signature] Name & Signature of Medical Officer: [Signature]
Ref: HRM 02/NABH Rev:02(16/03/2021) Page 1 of 1