



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 6– Governance, Leadership and Management

Key Indicator 6.4 – Financial Management and Resource Mobilization

Metric No. 6.4.3 Funds / Grants received from government/non-government bodies, individuals, philanthropists (INR in Lakhs) during the year (not covered in Criterion III)

SUBMITTED TO



National Assessment and Accreditation Council

JANANI MOTHER CARE PROJECT REPORT



Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

BEST PRACTICES IN OBSTETRIC AND GYNECOLOGY NURSING

Title of Practice: *Mother and Child Care Project*

Context

The Mother and Child Care Project was initiated jointly by the Amala College of Nursing, Department of Obstetric and Gynecology Nursing, and Amala Institute of Medical Sciences. This initiative aims to enhance maternal and child healthcare services through a comprehensive approach to ante-natal and post-natal care.

Objectives

- To improve awareness among pregnant women about ante-natal and post-natal care.
- To provide financial screening and support to antenatal women through the Mother and Child Care Project.

The Practice

The practice involves:

- Conducting awareness sessions on ante-natal and post-natal care by the faculty of OBG Nursing department .
- Implementing financial screening processes to identify antenatal women eligible for support under the Mother and Child Care Project.



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Outcome of the Practice

The Mother and Child Care Project aims to achieve:


- Increased awareness and knowledge among pregnant women about the importance of ante-natal and post-natal care.
- Enhanced financial support and access to healthcare services for antenatal women.
- Improved maternal and child health outcomes in the community served by Amala College of Nursing and Amala Institute of Medical Sciences.

Obstacles Faced

Challenges encountered during the implementation of the Mother and Child Care Project may include:

- Financial constraints in sustaining the support and services provided.
- Outreach difficulties in identifying and reaching all eligible antenatal women.
- Cultural or logistical barriers affecting the uptake of ante-natal and post-natal care services.




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AWARENESS SESSION ON ANTENATAL AND POSTNATAL CARE

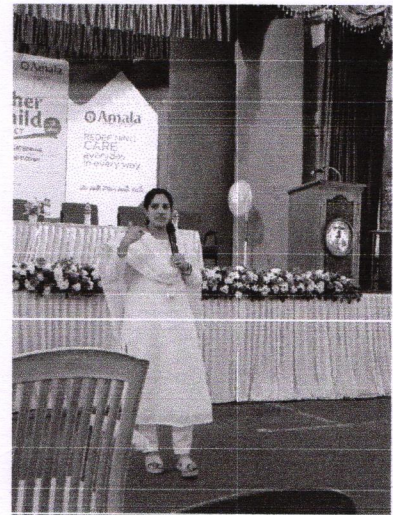
Date: 13/2/2024

As part of the Mother and Child Care Project, an awareness session on antenatal and postnatal care was organized by Obstetric and Gynecology (OBG) Department, Amala College of Nursing at Amala Auditorium

The session aimed to educate expectant mothers on the importance of proper care during and after pregnancy, ensuring both maternal and child health.


Key Topics Covered

- Importance of regular antenatal check-ups
- Nutritional requirements during pregnancy
- Common pregnancy complications and their management
- Benefits of postnatal care for mothers and newborns
- Immunization schedules for newborns
- Breastfeeding practices and newborn care



The session saw active participation from expectant mothers, their families, and healthcare professionals. The interactive format encouraged questions and discussions, enhancing the understanding of crucial maternal and child health practices.




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Participants expressed appreciation for the informative session, noting the clarity and depth of the information provided. The session's success was evident in the increased awareness and enthusiasm for adopting healthier practices during and after pregnancy.



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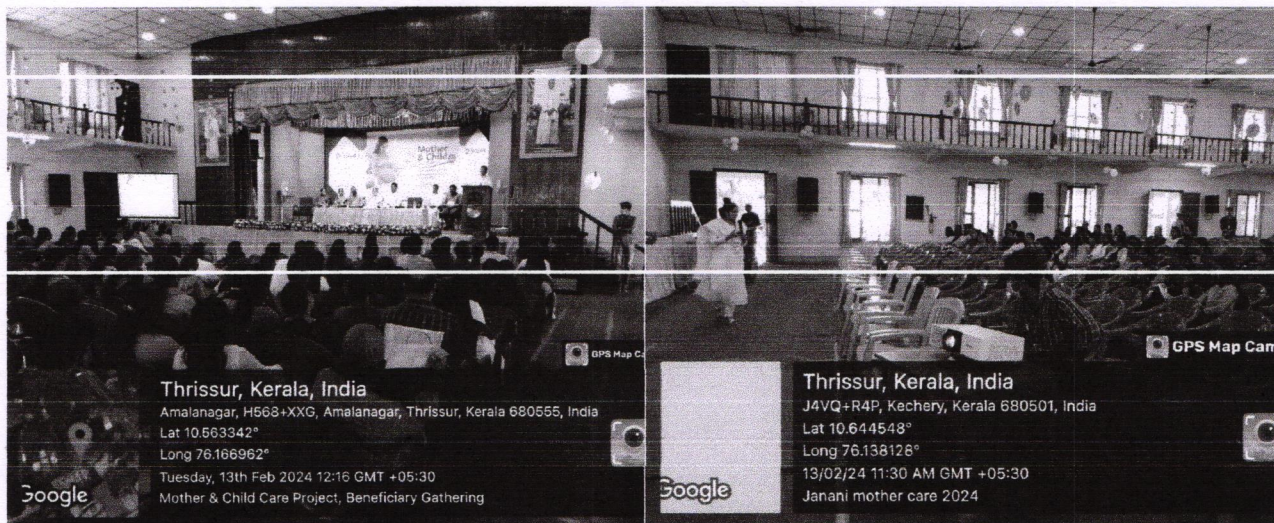
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FINANCIAL SCREENING OF ANTENATAL WOMEN

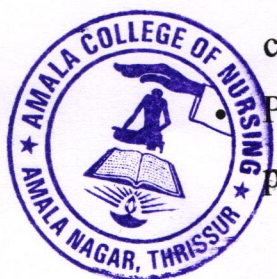
Date: 16/2/2024

The financial screening was conducted jointly by the management and the faculty of OBG Nursing Department of Amala College of Nursing to identify antenatal women eligible for support under the Mother and Child Care Project. This initiative ensures that financial constraints do not hinder access to essential healthcare services during pregnancy and childbirth.

Process

- Detailed financial assessment of expectant mothers was carried out.
- Eligible women were enrolled in the Mother and Child Care Project for free consultations, prenatal tests, medicines, and delivery support.

Participants were informed about the range of services covered under the project and the benefits they could avail.



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Outcome

The financial screening successfully identified several antenatal women who required financial assistance. These women were promptly enrolled in the project, ensuring they received the necessary support for a healthy pregnancy and safe delivery.

Conclusion

The activities conducted under the Mother and Child Care Project have significantly contributed to the well-being of expectant mothers in the community. The awareness session and financial screening have empowered women with knowledge and resources, promoting better health outcomes for mothers and their children.

This report highlights the key aspects and outcomes of the awareness session and financial screening, reflecting the impact of the Mother and Child Care Project.



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