AMALA COLLEGE OF NURSING
AQAR (2023-2024)

CRITERION 2 – TEACHING- LEARNING AND EVALUATION

Key Indicator 2.3 – Teaching- Learning Process

Metric No. 2.3.1 - Student-centric methods are used for enhancing learning experiences by:

SUBMITTED TO

National Assessment and Accreditation Council

Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

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Process Recording

AMALA COLLEGE OF NURSING, THRISSUR

DEPARTMENT OF MENTAL HEALTH NURSING

Clinical Assignment Code : **N-MHN-I-305 /CL/UG-03**

Name of Assignment : **Process Recording**

Placement : **Fifth Semester B.Sc. Nursing**

PROCESS RECORDING OF MRS JEENA DEVASSY WITH MILD DEPRESSION

Submitted to:

Name of Teacher : MRS. ARCHANA JAYAKUMAR

Designation : LECTURER

Graded and Returned on:

Submitted by:

Name of Student : DANY PAUL

Student ID : BS2100312F

Submitted on : 8/6/24

Grade Level Indicator: Excellent (90 –100%) ☐ Very Good (80 – 89%) ☐

Good (70 – 79%) ☐ Satisfactory (60 – 69%) ☐

Below Average (50 – 59%) ☐

Marks Obtained : 3.5/5

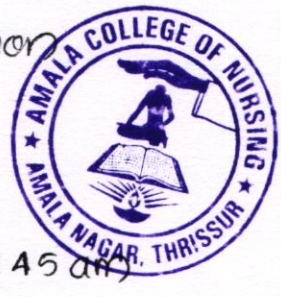
Signature of Faculty:

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

PROCESS RECORDING

IDENTIFICATION DATA

Name of the patient	: Mrs. Jeena Devassy
Age	: 40 years
sex	: Female
Religion	: Christian
IP no	: 2147368
Ward	: 3
Bed no	: 318
Marital status	: married
Education	: Degree
Occupation	: Home maker
Language known	: Malayalam
Diagnosis	: mild depression
Date of admission	: 6/6/24
Date and time of process recording	: 7/6/24, 10:45 am
Duration	: 15 minutes



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PLACE OF INTERACTION

Place of interaction is Ward - 3, Bed number 318 of Amala Medical college Hospital

DESCRIPTION OF ENVIRONMENT

A well lighted, ventilated, calm and quiet environment with patient seating management and away from all distractions was provided to the client

REASON FOR SELECTING THE PATIENT

client is very gloomy, sad and was sitting alone

OBJECTIVE

To asses the insight of the patient

NURSE RESPONSE		PATIENT RESPONSE		TECHNIQUE	INFERENCE
Verbal	non verbal	Verbal	non verbal		
Good morning How are you?	smiling - maintaining eye to eye contact	Good morning, I am good	smiling	Broad opening	Therapuric communication initiated
Have you had your breakfast	smiling, eye to eye contact	Yes, I had my breakfast	smiling, eye to eye contact	Broad opening	
what is the reason for your admission	eye to eye contact, open posture	I feel loneliness and have mood swings	sadness, looking down	Fowcing	mode of admission is voluntary
what do you think about the reason of this problem?	maintaining eye contact	I take loan from bank of Rs 10 lakh for the wedding now not able to repay the loan. I feel i am alone and i am anxious about debt	sadness, anxious, eye contact	Listening	Client is aware about the cause of illness Insight grade 5

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What is your future means	Smiling, eye to eye contact	I need to repay the loan and live happily with family	Smiling, maintaining eye contact	Listening	Client has accurate means about future
You should take medicines at right time because you are mentally unfit	maintain eye to eye contact	Okay! I will take the medication	Thumbs up and smiled	informing	Informed about importance of medication
You should do the follow up correctly according to the physicians order	maintained eye contact	Ok! I will come to see doctor according to order	Head nodding smiling	Suggesting	Suggested to do the follow up care
Okay, we can see tomorrow	Smiling, eye contact	Ok, see you tomorrow	Smiling, shaking hands		Termination of therapeutic communication
Tata, Bye bye	waving of hands	Tata, Tata	waving of hands		

SUMMARY

Mrs. Jeena Devassy, 40 year old female got admitted to Amala Medical college hospital Thrissur. She had complaints of decreased sleep, decreased food intake, anxiety and loneliness since 5 years. She got admitted to ward 3 under Dr Reshma for evaluation of mental disorders.

From this session, I understood that client is aware about her disease condition. The insight is grade 5 informed her about the importance of treatment and followup.

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