



**Amala**  
COLLEGE OF NURSING  
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# AMALA COLLEGE OF NURSING

## AQAR (2023-2024)



### CRITERION 2 – TEACHING- LEARNING AND EVALUATION

#### Key Indicator 2.3 – Teaching- Learning Process

**Metric No. 2.3.1 - Student-centric methods are used for enhancing learning experiences by:**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

# QUIZ

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All changes saved in Drive



Questions

Responses 77

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Total points: 15

Section 1 of 2

## E- QUIZ ON HAND HYGIENE DAY - May 2024

Multiple Choice Questions on Hand washing Day

Attend all the questions

Each question carries 1 mark

only one attempt

Email \*

Valid email

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After section 1 Continue to next section

Section 2 of 2

Attend all the questions

Description (optional)

Name of the Student \*

Short answer text

Which of the following is considered as the most important aspect of hand washing ? \*



Tt



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Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



1/1



# E- QUIZ ON HAND HYGIENE DAY - May 2024

Multiple Choice Questions on Hand washing Day  
Attend all the questions  
Each question carries 1 mark  
only one attempt

\* Indicates required question

1. Email \*

Attend all the questions


0 points

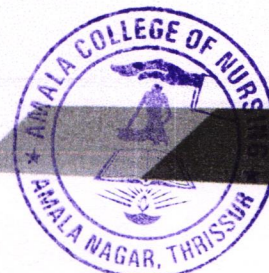
2. Name of the Student \*

3. Which of the following is considered as the most important aspect of \* 1 point  
hand washing ?

Mark only one oval.

- ☐ soap
- ☐ water
- ☐ friction
- ☐ Time

  
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PRINCIPAL  
AMALA COLLEGE OF NURSING  
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4. What is the time duration for soap water hand washing ^

1 point

Mark only one oval.

- ☐ 20-30 sec
- ☐ 2 minutes
- ☐ 40-60 sec

5. How many step are in the hand washing procedure \*

1 point

Mark only one oval.

- ☐ 8 steps
- ☐ 7 steps
- ☐ 9 steps
- ☐ 5 steps

6. How long hands to be rubbed together for effective hand washing \*

1 point

Mark only one oval.

- ☐ 1 minute
- ☐ 15 seconds
- ☐ 20 seconds
- ☐ 45 seconds

7. When a nurse is performing a surgical hand hygiene. She must keep \*

1 point

Mark only one oval.

- ☐ Below elbows
- ☐ At 45 degree angle
- ☐ Above elbows
- ☐ In a comfortable position





8. **What hand hygiene products will help to stop the spread of infectious agents?**

\* 1 point

Mark only one oval.

- ☐ Soap and water together
- ☐ Water alone
- ☐ Alcohol-based hand rub

9. **Hand hygiene is important because \***

1 point

Mark only one oval.

- ☐ It protects patients/clients/ residents from infection
- ☐ It protects the healthcare environment
- ☐ It protects me
- ☐ All of the above

10. **A nurse enters the patient /resident's immediate area/ room to check their vital signs (non-invasive procedure), when should the nurse perform hand hygiene?**

\* 1 point

Mark only one oval.

- ☐ Only before touching the patient
- ☐ Only after touching the patient
- ☐ Hand hygiene is not required
- ☐ Always before and after touching the patient





11. What is required before you perform hand hygiene?

Mark only one oval.

- ☐ Rings should not have jewels or stones
- ☐ Remove bracelet
- ☐ Assess hands for visible soiling
- ☐ Finger nails should be cut short

12. Place the following Hand Hygiene techniques in the correct order: \* 1 point

Mark only one oval.

- ☐ Check for visible hands, Wet hands, apply soap, scrub hands, dry hands
- ☐ Wet hands, Check for visible hands, apply soap, scrub hands, dry hands
- ☐ Scrub hands, Wet hands, Check for visible hands, apply soap, dry hands
- ☐ scrub hands, Check for visible hands, Wet hands, apply soap, scrub hands, dry hands
- ☐ Other: \_\_\_\_\_

13. Your hands and forearms should be lower than your elbows when performing hand hygiene routine. \* 1 point

Mark only one oval.

- ☐ True
- ☐ False

14. It is important to remove all the soap from your wrists and hands; keeping your hands up and your elbows down to rinse away the microorganisms. \* 1 point

Mark only one oval.

- ☐ True
- ☐ False

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*19/04*  
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PRINCIPAL  
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15. What are the benefits of performing alcohol-based hand rub when hands are not visibly soiled? Select all that apply. \* 1 point

Check all that apply.

- ☐ More effective than soap and water when hands are not visibly soiled
- ☐ Takes less time
- ☐ Removes all bacteria and virus
- ☐ Less drying to hands

16. Which among the following is correct order of donning PPE: \* 1 point

Mark only one oval.

- ☐ Hand Hygiene, Gown, mask, Eye wear , Gloves
- ☐ Hand hygiene, mask, Gown ,Eye wear, Gloves
- ☐ Mask, Gloves, Eye wear, Gown
- ☐ Hand washing, Eye wear, gloves, Mask,, Gown

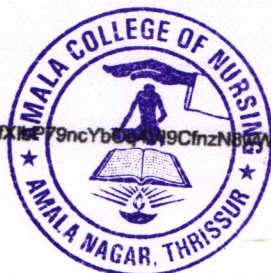
17. Which among the following is correct order of removing PPE: \* 1 point

Mark only one oval.

- ☐ Gown, gloves, hand washing, Eye wear, mask, Hand hygiene
- ☐ Gloves, Gown, Hand Hygiene, Eye Wear, Mask, Hand hygiene
- ☐ Hand hygiene,Gloves, Gown, Hand Hygiene, Eye Wear, Mask,
- ☐ Eye wear, Mask, Hand hygiene, Gown ,mask
- ☐ Other: \_\_\_\_\_

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AMALA COLLEGE OF NURSING  
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**AMALA COLLEGE OF NURSING**  
**SECOND SEMESTER BSC NURSING**  
**2023 BATCH**  
**E-Quiz on World Hand Hygiene Day -2024**  
**F-SCORE SHEET**

SL.NO:	Name of the student	Marks
1.	Angel Binoy	4 / 15
2.	Mariya Augustine	11 / 15
3.	Saniya mol EJ	10 / 15
4.	Sandra Saji	10 / 15
5.	Ashly Joshy	11 / 15
6.	Delna Sibi	9 / 15
7.	Devika Sanil	10 / 15
8.	Aneena P Eltho	10 / 15
9.	Ciya Charly	11 / 15
10.	Johana Raju.A	9 / 15
11.	Jaithra Joshi	9 / 15
12.	Clarance Maria J	15 / 15
13.	Delna Dileep	11 / 15
14.	Sanova Shaju	10 / 15
15.	Neethu k	6 / 15
16.	Hanna Susan Aneesh	9 / 15
17.	Aryananda A S	8 / 15
18.	Jesnal Bijoe	12 / 15
19.	Merin B Michael	11 / 15
20.	Anna Eldhose	9 / 15
21.	Angel Theresa A T	9 / 15
22.	SWETHA T. T	6 / 15
23.	Sreya Saji	7 / 15
24.	Nivya Devassy	11 / 15
25.	Seethalakshmi p.s	9 / 15
26.	Angelina V J	9 / 15
27.	Sonu Soosan Aby	9 / 15
28.	Angel Devis Velookaran	9 / 15
29.	Ninza Fathima KA	12 / 15
30.	Lekshmi TP	8 / 15
31.	Nandana Salvin	9 / 15
32.	Rose Theresa Sheise	8 / 15
33.	Agnal Rose Varghese	9 / 15
34.	Pooja Diljith	11 / 15
35.	Milen stayobi	10 / 15
36.	Keerthana lakshmi shine	9 / 15
37.	Keerthana lakshmi shine	15 / 15
38.	Angel Mary P. B	9 / 15
39.	Fathima sherbin	14 / 15
40.	Mary Teresa M C	13 / 15
41.	Hudha N M	8 / 15


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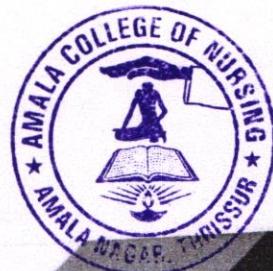




42.	Archana vk	10 / 15
43.	Arya S	10 / 15
44.	Aneesha Azeez	13 / 15
45.	Irene Rose CB	9 / 15
46.	Akhila George	12 / 15
47.	Meeval Maria Sebastian	14 / 15
48.	Saniya Sabu	15 / 15
49.	Naomi Treesa Joseph	13 / 15
50.	Diya Wilson	14 / 15
51.	Bisna Joseph c	9 / 15
52.	Arya k s	10 / 15
53.	Amy Andrews	8 / 15
54.	Angel Maria. T. A	8 / 15
55.	Ann Grace Thomas	15 / 15
56.	Blessine	8 / 15
57.	Jyothika P	8 / 15
58.	Sethulakshmi biju	8 / 15
59.	Jovitta Joji	11 / 15
60.	Axa Mariya Sisel	12 / 15
61.	Salu Lovely Joy	12 / 15
62.	Maria Abraham	10 / 15
63.	DEVU S	12 / 15
64.	Elizabeth Thomas	9 / 15
65.	Jyothis Jeelson	9 / 15
66.	Chelsiya Shajesh	11 / 15
67.	Issa Joshy	8 / 15
68.	Mariya Godwin	12 / 15
69.	Dify maria davis	12 / 15
70.	Sandhra Maria P x	10 / 15
71.	Angel Pauly	11 / 15
72.	Helen Kalloor	11 / 15
73.	Ann Mary.F	9/15
74.	Ann maria robert	14/15
75.	Ansiya c s	9/15
76.	Jesbin Baiju	12/15
77.	Donal.t.d	8/15

  
Signature

  
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## *Certificate of Appreciation*

This certificate is awarded to

**Ms. Keerthana Lakshmi Shine (2023 Batch)**

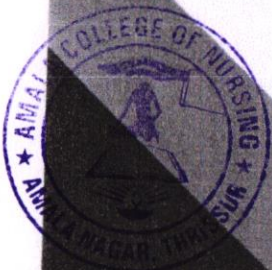
has participated and secured first prize in e-quiz competition on World Hand Hygiene Day 2024, organized by department of Fundamentals of Nursing , Amala College of Nursing on 05 May 2024.

**Sr. Tincy Abraham**  
Organizing Secretary

**Prof. Dr. RAJEE RAGHUNATH**  
PRINCIPAL

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**Prof. Dr. Rajee Raghunath**  
Principal/Organizing  
Chairperson







**AMRITA COLLEGE OF NURSING**

**Research Day-2024**

**QUIZ COMPETITION**



**THIRD PRIZE- RS. 1000/-**



*Legat*  
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**AMRITA COLLEGE OF NURSING**  
*Health Sciences Campus, Kochi-41*

**Certificate of Participation**

*This is to certify that*


Dr./Prof./Ms./Mr. JIMYMOL M GURI has been

a Participant/Resource Person/of Nursing  
Research Day-2024 on  
"Collaborative Research" dated 24.02.2024  
organized by Amrita College of Nursing.

**Dr. Prem Nair**  
Provost & Group Medical Director  
Amrita Hospital, Kochi

**Bri. Saibala M**  
Nursing Director  
Amrita Hospital, Kochi

**Dr. K.T. Moly**  
Principal  
Amrita College of Nursing, Kochi

  
**Prof. Dr. RAJEE REGHUNATH**  
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NAMPALAKKUD 18 10P 2011

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in every way

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**Scientific Mysteries &  
Win Exciting Prizes**

# Science Day Quiz 2024

As part of National Science Day

**February 29, 2024**

4.00 pm - 6.00 pm

@ Bro. Xavier CMI Memorial Hall

To mark your entry **Call/☎ +91 9447 308 523 (Dr. Sreejith)**




**OPEN TO ALL AMALA STUDENTS (PLEASE JOIN AS PAIR OR GROUP)**

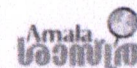
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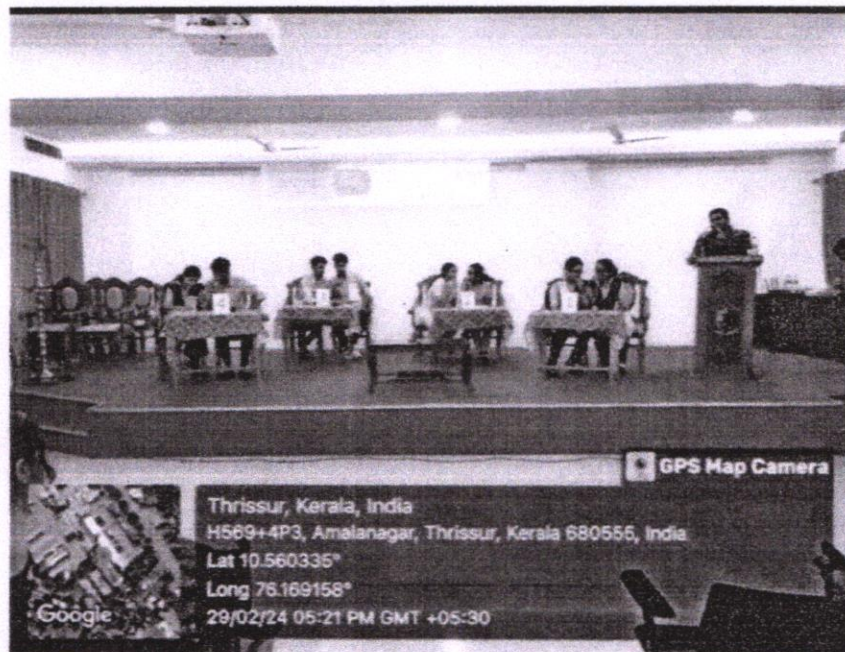
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Quiz  
2024**

February 29, 2024  
4.00 pm - 6.00 pm  
@ Bro. Xavier CMI Memorial Hall

To mark your entry Call/☎ +91 9447 308 523 (Dr. Sreejith)  
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**READING WEEK COMPETITION**



**READING WEEK COMPETITION  
QUIZ COMPETITION  
WINNERS**



**I ZEPHYRZ**



**II AZRAELZ**



**III TROIZEANS**



*Vguy*  
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## MAY-5 WORLD HAND HYGIENE DAY

Theme- "Save Life  
Clean Your Hands"

Organized By 2nd Sem  
Bsc Nursing Students

Programs

• Quiz competition

In Collaboration

with Nursing

*Eg*  
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Section 1 of 2

## E- QUIZ ON HAND HYGIENE DAY - May 2024

Multiple Choice Questions on Hand washing Day

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Section 2 of 2

Attend all the questions

Description (optional)

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