



AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 2 – TEACHING- LEARNING AND EVALUATION

Key Indicator 2.3 – Teaching- Learning Process

Metric No. 2.3.1 - Student-centric methods are used for enhancing learning experiences by:

SUBMITTED TO



National Assessment and Accreditation Council

Reflective learning

REFLECTIVE

LEARNING

of Mr. Vasudhevan K.T with
Alcohol Withdrawal Syndrome.

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MSE ASSESSMENT

Patient Name : H.R. Vasudheran KOT with alcohol withdrawal syndrome :-

Description :-

On mental status examination I assessed H.R. Vasudheran KOT with chief complaints of delirium due to alcohol withdrawal, tremors and disturbed sleeping pattern. Patient was cooperative, environment was calm and free from disturbances / distractions. Assessment was done in ward - 3 psychiatry ward.

Feelings :-

During the time of assessment, I faced many challenges. I find difficulty to make rapport with the patient. I was not much confident to perform mental status examination. I approached the patient with fear. I feel difficulty to indicate communications.

Evaluation :-

After performing mental status examination I evaluated myself I found out my strength and weakness while asking. I performed the assessment. I thought that it was easy to do mental status examination with theory session but in practical session it was tough to do so.

Analysis :-

While analysing the performances, I understood that there is a proper way for asking questions and initiating communication with the patient. I understood that better communication helps in maintaining better rapport with the patient.

Conclusion :-

For mental status examination, I have learned many things. I did the examination on Mr. Vasudheran KOT with chief complaints of seizure due to alcohol withdrawal, tremors and disturbed sleeping pattern. Through out the examination of the patient I evaluated myself and identified my abilities and disabilities to conduct the examination. This experience will surely help me to perform a future mental status examination in a better way.

Action Plan :-

On mental status examination, I made a lot of ~~more~~ mistakes, so I will try to correct it. Properly selected questions should be prepared while communicating with patient. I will approach the patient with much more confidence without fear.



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MSE ASSESSMENT

Patient :- Ms. Lakshmi with Emotionally unstable
distus syndrome

Description :-

On mental status examination, I
assessed Ms. Lakshmi with chief complaints of
stiffness of tongue to mouth during stressful condition,
loneliness, emptiness, sleeplessness. The patient
was cooperative. The environment was calm
and free from distraction.

Feelings :-

Comparing to my previous mental status
examination, I was much more confident to
perform the assessment. I approached the patient
very pleasantly without any fear but even though
I felt little nervous while initiating and maintaining
rapport with patient.

Evaluation :-

After performing mental status examination,
I evaluated myself. Comparing to previous
once, I have improved my skill for communi-
cating with patient and gained much
more confidence. I was able to perform the
mental status examination in a better way.

Analysis:

While analyzing the performance I realized that there is some more things in improving in my performance. The continuity of communication should be maintained throughout assessment without any interruptions.

Conclusion:

I conducted mental status examination on Mrs. Lakshmi with EDS. and chief complaints of stiffness of tongue, loneliness, emptiness. Though this examination I need to improve in my assessment. This will surely help me to perform the mental status examination in any effective way.

Action plan:-

On mental status examination - I evaluated my performance then I decide to maintain the cont continuity of communication throughout my assessment. I will approach the patient with more confidence and will perform the assessment in any effective manner.




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