



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 2 – TEACHING- LEARNING AND EVALUATION

Key Indicator 2.3 – Teaching- Learning Process

Metric No. 2.3.1 - Student-centric methods are used for enhancing learning experiences by:

SUBMITTED TO



National Assessment and Accreditation Council

Unit Plan

UNIT PLAN

6TH SEM

Unit: I

Central objective: At the end of the unit, students describe the etiology, psychodynamic, clinical manifestations, diagnostic criteria and management of patients with substance use disorders apply this knowledge while caring patients with substance use disorders with a positive attitude.

Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
<ul style="list-style-type: none"> Define substance use disorders Identify the incidence and prevalence of substance use disorders 	Nursing management of patients with Substance use disorders Definition, incidence and prevalence of substance use disorders	1 Hr	Review with Discussion	Black board, Power point	Dr. Ambika C	short notes Essay
<ul style="list-style-type: none"> Recognize the commonly used substances 	Commonly used psychotropic substance: <ul style="list-style-type: none"> classifications, forms, routes, action, intoxication and withdrawal Psychodynamics/etiology of substance use disorder (Terminologies: Substance Use, Abuse, Tolerance, Dependence, Withdrawal) 	2 Hr	Open book discussion Case discussion, case presentation	Black board, Power point	Dr. Ambika C	short notes, Assignment, Patient assessment
<ul style="list-style-type: none"> Describe diagnosis and management of patients with substance use disorders. 	<ul style="list-style-type: none"> Diagnostic criteria/ formulations Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) 	2 Hr	Assignment Clinical practice	Power point	Dr. Ambika C	short notes, Assignment s

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<ul style="list-style-type: none"> Explain the nursing management of patients with substance use disorders 	Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay	1 Hr	Panel discussion	Black board, OHP, Power point	Dr. Ambika C	Presentation, short notes
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Unit: II

Central objective: At the end of the unit, students describe the etiology, psychodynamic, clinical manifestations, diagnostic criteria and management of patients with personality and sexual disorders apply this knowledge while caring patients with personality and sexual disorders with a positive attitude.

Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
<ul style="list-style-type: none"> Define personality and sexual disorders Identify the incidence and prevalence of personality and sexual disorders 	Nursing management of patients with personality and sexual disorders Definition, incidence and prevalence of personality and sexual disorders	1 Hr	Review with Discussion	Black board, Power point	Mrs. Bincy A P	short notes Essay




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<ul style="list-style-type: none"> Recognize the common personality and sexual disorders 	Etiology, psychopathology, characteristics, of personality and sexual disorders	2 Hr	Open book discussion Case discussion, case presentation	Black board, Power point	Mrs. Bincy A P	short notes, Assignment, Patient assessment
Describe diagnosis and management of patients with personality and sexual disorders.	Diagnosis and Treatment modalities of patients with personality, and sexual disorders	2 Hr	Assignment Clinical practice	Power point	Mrs. Bincy A P	short notes, Assignment
<ul style="list-style-type: none"> Explain the nursing management of patients with personality and sexual disorders Explain the special considerations and rehabilitation of patients with personality and sexual disorders 	Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay special considerations and rehabilitation of patients with personality and sexual disorders	1Hr	Panel discussion	Black board, OHP, Power point	Mrs. Bincy A P	Presentation, short notes

Unit: III

Central objective: At the end of the unit, students describe the etiology, psychodynamic, clinical manifestations, diagnostic criteria and management of patients with Behavioural & Emotional Disorders occurring during Childhood and Adolescence, apply this knowledge while caring patients with Behavioural & Emotional Disorders occurring during Childhood and Adolescence disorders with a positive attitude.

Specific objective	Content	Time	Teaching learning	AV aids	Faculty in charge	Evaluation
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•Define Behavioural & Emotional Disorders occurring during Childhood and Adolescence •Identify the incidence and prevalence of Behavioural & Emotional Disorders occurring during Childhood and Adolescence	Nursing Management of Behavioural & Emotional Disorders occurring during Childhood and Adolescence (Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder) •Prevalence and incidence	2 Hr	Activity Review with Discussion	Black board, Power point	Mrs. Bincy A P	short notes Essay
Identify the classification and types of Behavioural & Emotional Disorders occurring during Childhood and Adolescence	Types of behavioral and emotional disorders during childhood and adolescence	2 Hr	Open book discussion Case discussion, case presentation	Black board, Power point	Mrs. Bincy A P	short notes, Assignment, Patient assessment
Describe diagnosis and management of patients with Behavioural & Emotional Disorders occurring during Childhood and Adolescence	Diagnosis and Treatment modalities of patients with Behavioural & Emotional Disorders occurring during Childhood and Adolescence	2 Hr	Assignment Clinical practice	Power point	Mrs. Bincy A P	short notes, Assignment s
•Explain the nursing management of patients with personality and sexual disorders •Explain the special considerations and rehabilitation of patients with personality and sexual disorders	• Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay • special considerations prevention and rehabilitation of patients with Behavioural & Emotional Disorders occurring during Childhood and Adolescence	2 Hr	Panel discussion	Black board, OHP, Power point	Mrs. Bincy A P	Presentation, short notes

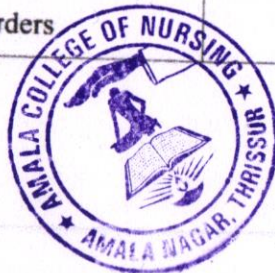



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Unit: IV

Central objective: At the end of the unit, students describe the etiology, psychodynamic, clinical manifestations, diagnostic criteria and management of patients with organic brain disorders

Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
<ul style="list-style-type: none"> Define organic brain disorders Identify the incidence and prevalence of organic brain disorders 	Nursing management of organic brain disorders Definition, incidence and prevalence of with organic brain disorders	2Hr	Review with Discussion	Black board, Power point	Dr. Ambika C	short notes Essay
Recognize the common organic brain disorders	Etiology, psychopathology, characteristics, of with organic brain disorders	1 Hr	discussion Case discussion, case presentation	Black board, Power	Dr. Ambika C	short notes, Assignment t,
Describe diagnosis and management of patients with organic brain disorders	Diagnosis and Treatment modalities of patients with with organic brain disorders	1Hr	Assignment Clinical practice	Power point	Dr. Ambika C	short notes, Assignment s
<ul style="list-style-type: none"> Explain the nursing management of patients with organic brain disorders Explain the special considerations and rehabilitation of patients with organic brain disorders 	Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay special considerations and rehabilitation of patients with with organic brain disorders	1Hr	Panel discussion	Black board, OHP, Power point	Dr. Ambika C	Presentation, short notes




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Unit: V

Central objective: At the end of the unit, students attain adequate knowledge and will deal with Psychiatric emergencies and crisis intervention, apply this knowledge while dealing with crisis and emergencies with a positive attitude.

Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
<ul style="list-style-type: none"> Define Psychiatric emergencies and crisis intervention 	Psychiatric emergencies and crisis intervention Definition, incidence and prevalence of Psychiatric emergencies and crisis intervention	1Hr	Review with Discussion	Black board, Power	Mrs. Archana Jayakumar	short notes, Essay, MCQ
Recognize the common Psychiatric emergencies	Etiology, psychopathology, characteristics, of Psychiatric emergencies and crisis	1 Hr	discussion Case discussion, case	Black board, Power	Mrs. Archana Jayakumar	short notes, Assignment, nt,
Describe diagnosis and management of patients with Psychiatric emergencies and crisis intervention	Diagnosis and Treatment modalities of patients with with Psychiatric emergencies and crisis intervention	2Hr	Assignment Clinical practice	Power point	Mrs. Archana Jayakumar	short notes, Assignments
<ul style="list-style-type: none"> Explain the nursing management of patients with Psychiatric emergencies and crisis Explain the special considerations and rehabilitation of patients with Psychiatric emergencies and crisis 	Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay special considerations and rehabilitation of patients with Psychiatric emergencies and crisis	1Hr	Panel discussion	Black board, OHP, Power point	Mrs. Archana Jayakumar	Presentation, short notes



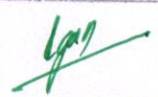
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Unit: VI

Central objective: At the end of the unit, students attain adequate knowledge regarding legal issues in nursing

Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
<ul style="list-style-type: none"> Explain legal aspects applied in mental health 	Legal issues in mental health nursing Overview of Indian Lunacy Act and The <ul style="list-style-type: none"> Mental Health Act 1987 (Protection of Children from Sexual Offence) POCSO Act Mental Health Care Act (MHCA) 2017 Rights of mentally ill clients 	2Hr	Lecture cum discussion Case discussion	Black board, Power point	Dr. Ambika C	Essay, short notes MCQ
Identify the role of nurse in legal aspects	Forensic psychiatry and nursing <ul style="list-style-type: none"> Acts related to narcotic and psychotropic substances and illegal drug trafficking Admission and discharge procedures as per MHCA 2017 <ul style="list-style-type: none"> Role and responsibilities of nurses in implementing MHCA 2017 	2 Hr	Lecture cum discussion	Black board, Power point	Dr, Ambika C	Essay, short notes




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Unit: VII

Central objective: At the end of the unit, students attain adequate knowledge and will utilize in the community mental health setting with a positive attitude.


Specific objective	Content	Time	Teaching learning activity	AV aids	Faculty in charge	Evaluation
Describe the model of preventive psychiatry	Community mental health nursing Development of Community Mental Health Services: National mental health policy viz. National Health Policy <ul style="list-style-type: none"> • National Mental Health Program • Institutionalization versus • Deinstitutionalization • Model of Preventive psychiatry 	1Hr	Lecture cum discussion Clinical/ field practice	Black board, Power point	Mrs. Archana Jayakumar	Essay, short notes
Explain the model of community mental health services	<ul style="list-style-type: none"> • Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and nurses' responsibilities • Mental Health Agencies: Government and voluntary, National and International 	2Hr	Field visits to mental health service agencies	Black board, Power point	Mrs. Archana Jayakumar	Essay, short notes Assessment of the field visit reports
Describe the role of nurse in community mental health services	Mental health nursing issues for special populations: Children, Adolescence, Women Elderly, Victims of violence and abuse, Handicapped, HIV/AIDS etc	2Hr	Lecture cum discussion	Black board, Power point	Mrs. Archana Jayakumar	Essay, short notes



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References / Recommended Books (Latest Editions)

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2. Gail W Stuart. Principles and Practice of Psychiatric Nursing. Elsevier India.
3. ICD-10 Classification of Mental and Behavioural Disorders (The ICD-10 Classification of Mental and Behavioural Disorders: Clinical Description and Diagnostic Guidelines). World Health Organization
4. Diagnostic and Statistical Manual of Mental Disorders. DSM-V. CBS. American Psychiatric Publication
5. Bharat Pareek, Sandeep Arya, Text book of Mental Health and Psychiatric Nursing, Vision Health Publishers. Mohali, Punjab.
6. Judith M. Schultz, Sheila L Videbeck. Lippincott Manual of Psychiatric Nursing Care plan, Williams & Wilkins, Philadelphia.
7. Patricia Casey, Brendan Kelly. Fish's Clinical Psychopathology: Signs and Symptoms in Psychiatry. Royal College of Psychiatrists.
8. Femi Oyeboode. Sims' Symptoms in the Mind: Textbook of Descriptive Psychopathology. Elsevier.
9. Gelder M, Gath D, Mayou R. Oxford Textbook of Psychiatry, Oxford University press, Oxford, UK.
10. Harrison P, Cowen P, Burns T, Fazel M. Shorter Oxford Textbook of Psychiatry. Oxford University Press.
11. Sadock K. Synopsis of Psychiatry, William and Wilkins Baltimore, USA.
12. Boyd Ann Mary – Psychiatry Nursing Contemporary practices. Lippincott William & Wilkins
13. Rajesh Kumar. Essentials of Psychiatry and Mental Health Nursing, Elsevier RELX India Private Limited.
14. Fortinash, M.K & Worret, H A. Psychiatric Mental Health Nursing, Mosby Publications.
15. Vivedeck & Sheila I, Psychiatric Mental Health Nursing. Lippincott Williams & Wilkins.


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16. Bimla Kapoor. A Textbook of Psychiatric Nursing (Volume- I & II), Kumar Publishing House.
17. Ahuja N. A short Text Book of Psychiatry, Jaypee Brothers Medical Publishers.
18. Neeraja, KP. Essentials of mental health and Psychiatric nursing Jaypee Brothers Medical Publishers.
19. Shives Rebraca Louise. Basic concepts of Psychiatric Mental Health Nursing, Lippincott William & Wilkins
20. Sreevani, A Guide to Mental Health and Psychiatric Nursing, Jaypee Brothers Medical Publishers
21. Wheeler & Kathleen. Psychotherapy for the advance practice, Mosby.
22. National & International Journals in Psychiatry & Mental Health Nursing
23. Online resources: ICD-11 for Mortality and Morbidity Statistics, National Mental Health Programme for India. Mental Health Act, Indian Psychiatric Society.



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