



# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 2 – TEACHING- LEARNING AND EVALUATION

#### Key Indicator 2.4 – Teacher Profile and Quality

**Metric No. 2.4.2. - Number of fulltime teachers with Ph.D./D.Sc./D.Lit./DM/M Ch/DNB in super specialities /other PG degrees (like MD/ MS/ MDS etc.,) in Health Sciences (like MD/MS/ MDS etc.,) for recognition as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils/Affiliating Universities.**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

**Copies of Guideship letters  
or authorization of  
research guide provide by  
the University**



## KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR - 680 596

PHONE: 0487 - 2207650, 2207664 FAX: 0487 - 2206770

### ABSTRACT

KUHS- Dean Research-Ph.D Programme-Batch V -Faculty of Nursing -Doctoral Committee constituted- Orders issued

### OFFICE OF THE DEAN RESEARCH

U.O.No : 170/2023/dean/KUHS

Date : 13-02-2023

Read :-

1. Clause 7.2 & 7.3 of Ph.D Regulations, 2018
2. Panel of names suggested by the Supervising Guide .
3. Recommendations of the Dean , Faculty of Nursing.

### ORDER

As per the provisions contained in the approved Regulations 2018 for the degree of Doctor of Philosophy (Ph.D.), vide paper read as (1) above, a Doctoral Committee for each candidate provisionally registered for the PhD programme will be constituted by the Hon'ble Vice Chancellor from the panel of names suggested by the Supervising Guide and recommended by the respective Faculty Dean.

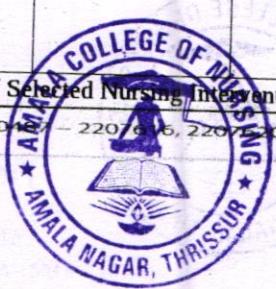
2) After examining the panel of names suggested by the Supervising Guides, vide read (2) above, and the recommendations of the Dean , Faculty of Nursing, vide read (3) above, and in exercise of powers vested, sanction is accorded by the Hon'ble Vice Chancellor to constitute the following Doctoral Committee for the candidates as detailed below:

Sl.No	Name of Candidate & Reg. No.	Centre of Research	Supervising Guide	Co-guide	Member (From the Department)	Member (Outside the Department)
1	Ms. Akhila U S (PHD221503N)	Department of Medical Surgical Nursing, Sree Gokulam Nursing College Venjaramoodu Tvpm	Dr. Annie P Alexander Vice Principal, Upasana College Of Nursing, Kollam.	Prof. Preetha Carolin C Professor, Medical Surgical Nursing, Sree Gokulam Nursing College, Venjaramoodu. Trivandrum	Dr Lija R Nath Professor, Community health Nursing, Sree Gokulam Nursing College Venjaramoodu Tvpm	Dr. Sindhu J Vayalil Principal, Mercy college of Nursing, Thalayolaparambu

Research Title : Effectiveness Of Selected Nursing Intervention Package On Knowledge Regarding Diabetes

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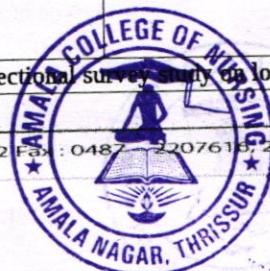
Prof. Dr. RAJEEV REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

phd



Mellitus And Practice Of Insulin Injection Among Diabetic Patients.

2	<b>Prof. S Anand, PHD221471N</b>	Department of Mental Health Nursing, Bishop Benziger College of Nursing, Sastri Jn, Kollam.	<b>Dr Anoopa K R,</b> Principal, Bishop Benziger College of Nursing, Sastri Jn, Kollam.	<b>NIL</b>	<b>Smt Sheeja S</b> Associate Professor, Community Health Nursing, Asso Professor Bishop Benziger College Sastri Jn, Kollam.	<b>Prof. Dr. Annie P Alexander</b> Vice Principal, Upasana College Of Nursing, Kollam.
<b>Research Title :</b> Effectiveness of Resilience Training Program on Academic Stress, Emotional Intelligence and Coping strategies among early adult						
3	<b>Ms. Anu Paul (PHD221507N)</b>	Department of OBG Nursing, MOSC College Of Nursing, Kolenchery, Ernakulam	<b>Dr. Seena. S</b> Vice principal, Elite College Of Nursing, Elite Mission Hospital, Koorkkenchery, Thrissur	<b>Dr. Namitha Subrahmanyam</b> Vice Principal, MOSC College Of Nursing, Kolenchery, Ernakulam	<b>Dr. Preethy Jawahar</b> Professor, Dept. of Community Health Nursing, MOSC College of Nursing Kolenchery	<b>Dr. Sindhudevi M</b> Principal, Sree sudheendra College of Nursing, Ambalamedu, Ernakulam
<b>Research Title :</b> Assess the effectiveness of virtual reality on chemotherapy distress among women with gynaecological cancers at oncology departments of selected hospitals						
4	<b>Ms. Bindu.R.S (PHD221577N)</b>	Department of Medical Surgical Nursing, Sree Gokulam Nursing College Venjaramoodu Tvm	<b>Dr. Annie P Alexander</b> Vice principal, Upasana College Of Nursing, Kollam	<b>Preetha Carolin C</b> Professor, Medical Surgical Nursing, Sree Gokulam Nursing College, Venjaramoodu. Trivandrum	<b>Dr Lija R Nath</b> Professor, Community Health Nursing, Sree Gokulam Nursing College Venjaramoodu Tvm	<b>Dr. Sindhu J Vayalil</b> Principal, Mercy college of Nursing, Thalayolaparambu
<b>Research Title :</b> Effectiveness Of Selected Nursing Interventions In Prevention Of Icu Psychosis Among Patients Admitted In Intensive Care Units Of Selected Hospitals In Kollam						
5	<b>Ms. Jasmin James (PHD221584N)</b>	Dept. of Medical Surgical Nursing, MOSC College of Nursing Kolenchery	<b>Simmy M Varkey</b> Professor, Medical Surgical Nursing, Professor Institute of Nursing Education, School of Medical Education, Gandhi Nagar, Kottayam	<b>Susan Mathai</b> Associate professor, Dept. of Medical Surgical Nursing, MOSC College of Nursing Kolenchery	<b>Dr. Sheela Shenai</b> Principal, MOSC College of Nursing Kolenchery	<b>Dr. Betty P Kunjumon</b> Assistant professor, Govt. College of Nursing, Kottayam
<b>Research Title :</b> A cross sectional survey study on long term sequelae of Covid 19 among adult long haulers in						





## Pathanamthitta District

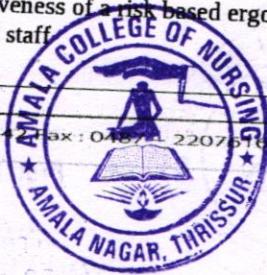
6	Ms. Jisha.M (PHD221704N)	Department of OBG Nursing, Govt. College of Nursing, Kozhikode	Dr.Sreedevi. J Associate Professor, OBG Nursing, Govt College Of Nursing Kozhikode .	Nil	Dr. Vijayasree K V, Assistant Professor, OBG Nursing, Govt. College of Nursing, Kozhikode	Dr. Salaja Vimal Raj, Additional Professor, OBG, Govt. Medical College, Kozhikode.
<b>Research Title : Role of stress, coping strategies, and social support on infertility self-efficacy</b>						
7	Ms. Jisha Mary George(PHD22 1647N)	Department of Mental Health Nursing, MOSC College of Nursing Kolenchery	Simmy M Varkey Professor , Medical Surgical Nursing, Institute of Nursing Education, School of Medical Education, Gandhi Nagar, Kottayam	Dr. Starmine C Associate Professor, Mental Health Nursing, M.O.S.C College Of Nursing Kolenchery.P.O Ernakulam	Dr. Sheela Shenai N A Principal, MOSC College of Nursing Kolenchery	Dr. P S Sukumaran Professor, School of Behavioral Science, MG University, Kottayam
<b>Research Title : Effect Of Mentoring Strategies On Holistic Performance Of First Year Bsc Nursing Students In Pathanamthitta District</b>						
8	Ms. Juby M Mathew(PHD2 21528N)	Department of OBG Nursing, M.O.S.C College Of Nursing Kolenchery.P.O Ernakulam	Namitha Subrhamanyam Vice Principal, MOSC College Of Nursing, Kolenchery	NIL	Dr. Starmine C Associate Professor, Mental Health Nursing, M.O.S.C College Of Nursing Kolenchery.P.O Ernakulam	Dr. Kalesh M Karun Assistant Professor in charge (Biostatics) Division of Biostatics, M.O.S.C Medical College Kolenchery.P.O Ernakulam
<b>Research Title : Development and Psychometric evaluation of Female Infertility Distress Scale(FID scale): A mixed method study</b>						
9	Ms. Lekshmi M (PHD221705N)	Department of Community Health Nursing, Amala College Of Nursing, Amala Nagar, Thrissur,	Dr.Rajee Reghunath Principal, Amala College Of Nursing, Amala Nagar, Thrissur,	Nil	Dr Molly John (Sr Merly John) Dept. of Community Health Nursing, Amala College Of Nursing Amala Nagar Thrissur	Dr. Mercy P J Associate Professor Kerala University Of Health Sciences Thrissur, Kerala
<b>Research Title : Effectiveness of a risk based ergonomic intervention programme on risk of musculoskeletal disorders among nursing staff</b>						

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10	Ms. Nisha Surendran (PHD221609N)	Department of OBG Nursing, M.O.S.C College Of Nursing Kolenchery.P.O Ernakulam	Dr.Seena S Vice Principal, Elite College Of Nursing Koorkkenchery Thrissur	Namitha Subrhmanyam Vice Principal, MOSC College Of Nursing, Kolenchery	Dr. Starmine C Associate Professor, Mental Health Nursing, Associate Professor M.O.S.C College Of Nursing Kolenchery.P.O Ernakulam	Dr. Remya Chidambaran Principal, Lisieux College of Nursing, Mookkannor P O, Angamaly.
<b>Research Title :</b> A Study To Identify The Effect Of A Life Style Interventional Package On Pregnancy Outcome Among Antenatal Mothers With Gestational Diabetes Mellitus						
11	Ms. Padminiamma P (PHD221478N)	Department of Medical Surgical Nursing, Govt. College Of Nursing, Kottayam,	Soja .S. L Assistant Professor, Child Health Nursing, Govt. College Of Nursing, Kottayam	Liny Joseph Asst. Professor, Medical Surgical Nursing, Govt. College Of Nursing, Kottayam,	Dr. Betty P Kujumon, Assistant Professor, Medical Surgical Nursing, Govt. College of Nursing, Kottayam.	Dr. Simmy M Varkey, Professor , Medical Surgical Nursing, Institute of Nursing Education, School of Medical Education, Gandhi Nagar, Kottayam
<b>Research Title :</b> A study to assess the health problems, functional dependence and QOL of patients undergoing Renal Replacement Therapy[RRT] in selected centers of Kerala with a view to develop a care guide for patients undergoing RRT.						
12	Ms. Rajani R (PHD221674N)	Dept. of Obstetrics and Gynaecological Nursing, Malankara Orthodox Syian Church College of Nursing, Kolencherv.	Dr. Seena S, Vice Principal, Elite College Of Nursing Koorkanchery, Thrissur	Dr. Namitha Subramanyam Vice Principal, MOSC College Of Nusing, Kolenchery,	Dr. Preethy Jawahar Professor, Dept. of Community Health Nursing, MOSC College of Nursing Kolenchery	Dr. Remya Chidambaran Principal, Lisieux College of Nursing, Mookkannor P O, Angamaly
<b>Research Title :</b> A study to find the effectiveness of family interventional package on perceived burden, coping ability and family function of infertile couple and to explore the opinion of family members regarding it						
13	Ms. Rinu David (PHD221491N)	Department of Community Health Nursing, Amala College Of Nursing, Amala Nagar, Thrissur	Dr.Molly John Dept. of Community Health Nursing, Amala College Of Nursing, Amala Institute Of Medical Sciences And Research Center Thrissur	NIL	Dr.Rajee Reghunath Principal, Amala College of Nursing Thrissur	Dr. Mercy P J Associate Professor, Kerala University Of Health Sciences Thrissur, Kerala

**Research Title :** To assess the Physical, Psychological and Intellectual well being among adolescence

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14	<b>Ms. Simi Rachel Thomas</b> (PHD2 21655N)	Dept. of Medical Surgical Nursing, Malankara Orthodox Syrian Church(Mosc) College Of Nursing, Kolenchery	<b>Dr. Simmy M Varkey</b> Professor , Medical Surgical Nursing, Institute of Nursing Education, School of Medical Education, Gandhi Nagar, Kottayam	<b>Mrs. Susan Mathai</b> Associate Professor, Dept. of Medical Surgical Nursing,MOSC College of Nursing Kolenchery	<b>Dr. Sheela Shenai N A</b> Principal, MOSC College of Nursing Kolenchery	<b>Liny Joseph</b> Asst. Professor, Govt. College Of Nursing, Kottayam,
<b>Research Title :</b> Stakeholders perceptions on existing gap, barriers, and utilization of palliative care services at various levels of health care in Kottayam District						
15	<b>Ms. Viswapriya K R</b> (PHD221574N)	Department of OBG Nursing, MOSC College Of Nursing,Kolencher ery, Eamakulam	<b>Dr.Seena S</b> Vice Principal, Elite College Of Nursing, Koorkkenchery Thrissur.	<b>Namitha Subrahmanyam</b> Vice Principal, MOSC College Of Nursing,Kolencher ery, Eamakulam	<b>Dr. Preethy Jawahar</b> Professor, Dept. of Community Health Nursing MOSC College of Nursing Kolenchery	<b>Dr. Sindhudevi M</b> Principal, Sree Sudheendra College of Nursing, Ambalamedu, Eamakulam
<b>Research Title :</b> Concerns of prenatal mothers on anomaly screening and to determine the effect of interventional module- A mixed methodological Approach						
16	<b>Ms. Suma. C</b> (PHD221690 N)	Department of Mental Health Nursing,Mosc College Of Nursing Kolenchery	<b>Dr.Namitha Subrahmanyam</b> Professor and Vice Principal Mosc College Of Nursing .Kolen cheri Eranakulam.,	<b>Dr. Starmin C</b> Associate Professor, Mental Health Nursing, Mosc College Of Nursing Kolenchery	<b>Dr. Sheela Shenai N A</b> Principal, MOSC College of Nursing .Kolenc heri Eranakulam	<b>Dr Riaz K M</b> Assistant professor, Mental Health Nursing, Govt.Nursing College, Thrissur
<b>Research Title :</b> Magnitude and Determinants of Mental Health Issues and help seeking behaviour among adolescents -A cross sectional study.						
17	<b>Ms. Josy A Mathew</b> (PHD221682I)	Dept. Child Health Nursing, Amala College of Nursing Amalanagar Trissur Kerala	<b>Dr Renu G</b> Principal Theophilus College Of Nursing MGDM Hospital Devagiri PO Kangazha Kottayam	<b>Dr Rajee Regunath</b> Principal, Amala College of Nursing Thrissur	<b>Dr.Molly John</b> Dept. of Community Health Nursing. Amala College Of Nursing,Amala Institute Of Medical Sciences And Research Center,Thrissur	<b>Dr. Sr. Tresa Anto</b> (Thressia P A) Vice Principal, Jubilee Mission College Of Nursing, Jubilee Gardens, Jubilee Mission P O, Thrissur
<b>Research Title :</b> Effect of a family based lifestyle modification programme on cardiovascular risk reduction among high risk adolescents						





18	Ms. Sujaya R (PHD221612N)	Department of Community Health Nursing, Sree Gokulum Nursing College, Venjaramoodu Tvm	Prof.Dr.Sindhu Devi M Principal, Sree Sudheendra College Of Nursing, Near Ambalamedu Ernakulam	Prof. Amudha.M Professor, Community Health Nursing, Sree Gokulum Nursing College, Venjaramoodu Tvm	Dr Lija R Nath Professor, Community Health Nursing, Sree Gokulam Nursing College Venjaramoodu Tvpm	Dr. Remya Chidambaran Principal, Lisieux College of Nursing Mookkannor P O Angamaly
<b>Research Title :</b> Effectiveness of triple Pin terms of knowledge and attitude of parents and behavioural outcomes of children between the age group of 10-19 years in selected areas of Kollam district						
19	Ms.Ujjala Valsala Francis(PHD22 1633N)	Department of Medical Surgical Nursing, Jubilee Mission College Of Nursing, Thrissur	Dr. Sr. Tresa Anto (Thressia P A) Professor, Dept of, Child Health Nursing, Jubilee Mission College Of Nursing, Jubilee Gardens, Jubilee Mission P O, Thrissur	Dr Sr Philoresmi Vice Principal, Jubilee Mission College Of Nursing, Jubilee Gardens, Jubilee Mission P.O, Thrissur	Dr Angela Ganadurai Principal,Jubilee Mission College Of Nursing, Jubilee Gardens, Jubilee Mission P O, Thrissur	Dr Rohini T Principal, Institute of Nursing Science and Research Malabar Cancer Center Thalassery
<b>Research Title :</b> Development and testing of a self management strategy in improving the quality of life and self efficacy among young adults with Migraine						

3) The Supervising Guide shall be the convener of the Doctoral Committee, though in exceptional situations the Head of the Department/Centre/School/ Recognised Centre of Research shall also be competent to convene special meetings of the Doctoral Committee.

4) The Doctoral Committee shall be in existence during the full period of registration of a PhD student, with such changes in membership as may become necessary from time to time, and shall mentor the PhD student throughout the period.

5) The Doctoral Committee shall, (i) ensure assistance to the Supervising Guide of the PhD student. (ii) ensure that the PhD student's work is progressing satisfactorily. (iii) prescribe the necessary course work that the PhD student may have to pursue. The PhD Regulations 2018 and subsequent amendments if any issued by KUHS will be binding for all the PhD Scholars.

**6) The minutes of the meeting in prescribed format (both soft and hardcopies), details of proposed coursework and syllabus, and Protocol of the proposal incorporating the modifications, is to be forwarded to the Office of Dean (Research) through the Faculty Dean, by the Doctoral committee. It is the responsibility of the PhD Student/ Supervising Guide/ HoD that all Registers and Records specified in the PhD Regulations are kept at the Centre Themselves for verification by the University.**

By order of the Vice Chancellor

Dean Research

To; The PhD Scholars/ Principal/Doctoral Committee members Concerned

Copy To; PA to VC/PA to PVC/PA to Reg/Finance/Jd,KSAD/SF/OC

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KUHS, Thrissur

Forwarded by order



Assistant Registrar

Document 2023/12069/1 - University Order (UO) - File No. 2022/36583/1  
Approved by AR (Research - A) on 13/02/2023 10:17:42



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## KERALA UNIVERSITY OF HEALTH SCIENCES

### ABSTRACT

KUHS-Dean Research-Ph.D Programme-July 2022 Admissions(Batch V)-Faculty of Nursing-Doctoral Committee constituted-Orders issued

### OFFICE OF THE DEAN RESEARCH

U.O.No : 346/2022/dean/KUHS

Date : 25-11-2022

Read:-

1. Clause 7.2 7.3 of Ph.D regulations 2018.
2. Panel of names suggested by the Supervising Guide.
3. Recommendations of the Dean, Faculty of Nursing.

### ORDER

As per the provisions contained in the approved Regulations 2018 for the degree of Doctor of Philosophy (Ph.D.), vide paper read as (1) above, a Doctoral Committee for each candidate provisionally registered for the PhD programme, will be constituted by the Hon'ble Vice Chancellor, from the panel of names suggested by the Supervising Guides and recommended by the respective Faculty Dean.

As per paper read as (2), the Supervising Guides have forwarded the panel of names to form the Doctoral committee for the Research Scholars concerned, with the recommendation of the Dean, Faculty of Nursing , vide read (3) above. After examining all these and in exercise of powers vested, sanction is accorded by the Hon'ble Vice Chancellor to constitute the following Doctoral Committee for the candidates as detailed below:

Name of the candidate, m& Reg No.	Centre of Research	Supervising Guide	Co-guide	Member (From the department)	Member(Outside the department)
Ms.Chithra M, PHD221618N	Department of Community Health Nursing, Amala College of nursing, Thrissur	Dr.Molly John, Additional Professor, Amala College of Nursing, Amala Nagar P.O, Thrissur	Dr.Sr.Renitha , Principal, St.Joseph's College of Nursing, Dharmagiri, Kothamangalam	Dr.Rajee Reghunath, Principal, Amala College of Nursing, Amala Nagar, Thrissur	Dr.Mercy P J Associate Professor Academic Staff College, KUHS
Ms.Betcy K Jayims, PHD221646N	Department of Nursing, Bishop Benziger College of Nursing, Sastri Junction, Kollam, 691001	Dr.Bhasura Chandrachood, Principal, PRS College of Nursing, Paliyode, Chempoor Road, Keezhavaroor, Kerala, 695124	Mrs.Manila Mathews Assistant Professor, Bishop Benziger College of Nursing Sastri Junction, Kollam, 691001	Mrs.Sheeja S Associate Professor, Bishop Benziger College of Nursing, Sastri Junction, Kollam	Dr.Renu G , Principal, Theophilos College of Nursing, MGDM Hospital Devagiri P.O. Kangazha

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**Research Titles of candidates :-**



**(1)Ms.Chithra M(PHD221618N): Exploratory Survey to Identify adolescents at risk for PCOD and find the effectiveness of interventional package on their knowledge, attitude and practice regarding its prevention.**

**(2)Ms.Betcy K Jayims(PHD221646N): A Study to assess the Effectiveness of positive parenting programme on parenting outcomes and child adaptive behaviour among parents in selected community area Kollam.**

The supervising guide shall be the convenor of the doctoral committee, though in exceptional situations the Head of the department/Centre/ School/Recognised centre of research shall be competent to convene special meetings of the doctoral committee. The committee shall be in existence during the full period of registration of a Ph.D student, with such changes in membership as may become necessary from time to time, and shall mentor the student throughout the period.

The doctoral committee shall, (i) prescribe the necessary course work that the PhD student may have to pursue ,(ii) ensure assistance to the Supervising Guide of the PhD student and (iii) ensure that the PhD student's work is progressing satisfactorily. The PhD Regulations 2018 and subsequent amendments if any issued by KUHS will be binding for all the PhD Scholars.

**The minutes of the meeting in prescribed format (both soft and hardcopies), details of proposed coursework and syllabus and Protocol of the proposal incorporating the modifications is to be forwarded to the Office of Dean (Research) through the Faculty Dean, by the Doctoral committee. It is the responsibility of the PhD Student/ Supervising Guide/ HoD that all Registers and Records specified in the PhD Regulations are maintained at the Centre/Themselves for verification by the University.**

**By order of the Vice Chancellor**

**Dean Research**

**To**

The Doctoral committee members concerned

**Copy To: PA to VC/PA to PVC/PA to Regr/Finance/JD,KSAD/SF/OC**

**Forwarded/By Order**

**Assistant Registrar**



**Prof. Dr. RAJEE REGHUNATH**  
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AMALA NAGAR P.O., THRISSUR-680 555





## KERALA UNIVERSITY OF HEALTH SCIENCES

### ABSTRACT

KUHS- Dean Research-Ph.D Programme 2020 January- Doctoral Committe constituted- Orders Issued

### OFFICE OF THE DEAN RESEARCH

U.O.No : 09/2021/A1/DeanR/KUHS

Date : 29-01-2021

Read :-1.Clause 7.2 & 7.3 of Ph.D Regulations, 2018  
2.Panel of names suggested by the Supervising Guide.

### ORDER

As per the provisions contained in the approved Regulations for the degree of Doctor of Philosophy (Ph.D), vide paper read as (1) above, the Hon'ble Vice Chancellor will constitute a Doctoral Committee for each candidate provisionally registered for the PhD programme from the panel of names suggested by the guide and recommended by the respective Faculty Dean.

As per paper read as (2), the guides have forwarded the panel of names to form the Doctoral committees for the Research Scholars concerned and the Faculty Dean has recommended the same. In these circumstances, sanction has been accorded by the Hon'ble Vice Chancellor to constitute the following Doctoral Committees for 15 candidates as detailed below :

#### 1. Maya Mohan K M (Reg No. PHD20A1099)

Research Center : Amala College of Nursing, Thrissur

##### Convenor (Guide)

Dr.Rajee Reghunath

Principal

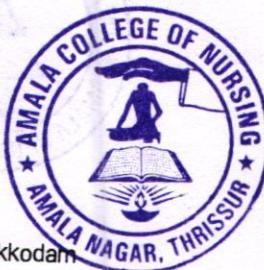
Amala College of Nursing (Community Health Nursing), Thrissur

##### Members

1. Dr.Molly John,  
Professor,  
Amala College of Nursing, Thrissur
2. Dr.Jayan James

Principal

Holy Family College of Nursing, Muthalakkodam



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#### 2. Aneesha V B (Reg No. PHD20A1090)





Convenor (Guide)

Dr.Rajee Reghunath

Principal

✓ Amala College of Nursing(Community Health Nursing), Thrissur

Members

1. Dr.Seena S. (Co- Guide)

Vice Principal,

Elite College of Nursing, Thrissur

2. Prof.Sr.Princy C J(Co- Guide)

Vice Principal

Amala College of Nursing, Thrissur

3. Dr.Molly John,

Professor,

Amala College of Nursing, Thrissur

4. Dr.Sindu Devi

Principal

Sree Sudheendra College of Nursing, Ernakulam

3. Moly Thomas (Reg No. PHD20A1092)

Research Center : Amala College of Nursing, Thrissur

Convenor (Guide)

Dr.Rajee Reghunath

Principal

✓ Amala College of Nursing(Community Health Nursing), Thrissur

Members

1. Dr.Angela Gnanadurai (Co- Guide),  
Principal,

Jubilee Mission College of Nursing, Thrissur

2. Mrs.Lakshmi G. (Co- Guide)

✓ Professor

Amala College of Nursing, Thrissur

3. Dr.Molly John

Professor,

Amala College of Nursing, Thrissur

4. Dr. Sujitha E,  
Asst.Professor

Govt.College of Nursing, Thrissur

4. Ligi K O (Reg No. PHD20A1074)

Research Center: Amala College of Nursing, Thrissur

KUHS, Thrissur

<http://www.kuhs.ac.in>  
krXq-zmD-oqPH-sdCI

Document 2021/1597/01 - General - File No. 2021/1775/1  
Approved by Dean Research on 29/01/2021 12:59:13

Convenor (Guide)

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**Prof. Dr. RAJEE REGHUNATH**

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AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISSUR : 555



*✓*



Dr.Molly John  
Professor,  
Amala College of Nursing, Thrissur

Members

1. Dr.Rajee Reghunath

Principal  
Amala College of Nursing(Community Health Nursing), Thrissur

2. Dr.Jayan James

Principal  
Holy Family College of Nursing, Muthalakkodam.

5. Dhanya Michael (Reg No. PHD20A1235)

Research Center: Amala College of Nursing, Thrissur

Convenor (Guide)

Dr.Molly John  
Professor,  
Amala College of Nursing, Thrissur

Members

1. Dr.Usha Samuel(Co- Guide)

Professor, Dept.of Nephrology,  
Govt.Medical College, Ernakulam

2. Mrs.Lakshmi G(Co- Guide)

Professor  
Amala College of Nursing, Thrissur

3. Dr.Rajee Reghunath

Principal  
Amala College of Nursing(Community Health Nursing), Thrissur

4. Dr.Angela Gnanadurai,  
Principal

Jubilee Mission College of Nursing, Thrissur

6. Sheela Sebastian (Reg No. PHD20A1222)

Research Center: Jubilee Mission College of Nursing, Thrissur

Convenor (Guide)

Dr.Thressia P.A., (Dr.Sr.Tresa Anto),  
Vice Principal, Dept.of Paediatric Nursing

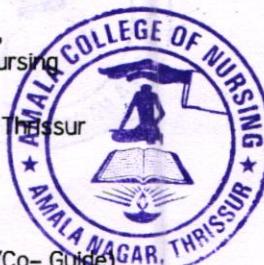
Jubilee Mission College of Nursing, Thrissur

Members

1. Dr.Philomena P R,(Dr.Sr.Philoresmi) (Co- Guide)

Phone : 0487-2207664, 2207642 Fax : 0487 – 2207616, 2207620

*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O, THRISSUR-680 555





Vice Principal, Dept.of Medical Surgical Nursing,

Jubilee Mission College of Nursing, Thrissur

2. Dr.Angela Gnanadurai,  
Principal

Jubilee Mission College of Nursing, Thrissur

3. Dr Rohini T  
HOD, Medical Surgical Nursing and Research,  
Samaritan College of Nursing,  
Ernakulam

**7. Neethu Jose (Reg No. PHD20A1207)**

Research Center: Jubilee Mission College of Nursing, Thrissur

**Convenor (Guide)**

Dr.Thressia P.A., (Dr.Sr.Tresa Anto),  
Vice Principal, Dept.of Paediatric Nursing

Jubilee Mission College of Nursing, Thrissur

**Members**

1. Dr.Philomina P R,(Dr.Sr.Philoresmi) (Co- Guide)

Vice Principal, Dept.of Medical Surgical Nursing,  
Jubilee Mission College of Nursing, Thrissur

2. Dr.Angela Gnanadurai,  
Principal

Jubilee Mission College of Nursing, Thrissur

3. Dr. Rohini T  
HOD, Medical Surgical Nursing and Research,  
Samaritan College of Nursing, Ernakula

**8. Soumya P S (Reg No. PHD20A1043)**

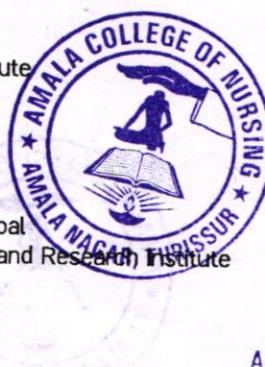
Research Center: College of Nursing, Ananthapuri Hospitals and Research Institute, Thiruvananthapuram

**Convenor (Guide)**

Dr.Sreeja J  
Professor, College of Nursing  
Ananthapuri Hospitals and Research Institute  
Chackal, Trivandrum

**Members**

1. Dr.Suvarnalettha Devi K (Co- Guide), Principal  
College of Nursing, Ananthapuri Hospitals and Research Institute  
Chackal, Thiruvananthapuram
2. Dr. Haseena T A  
Professor & HOD



*✓*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



KUHS, Thrissur



Dep. Medical Surgical Nursing, SreeGokulam Medical College  
Venjaramoodu, Thiruvananthapuram

3. Dr. Manju L  
Associate Professor, Department of Statistics  
Sree Gokulam Medical College, Venjaramoodu  
Thiruvananthapuram

**9. Premini S (Reg No. PHD20A1407)**

Research Center: Sree Gokulam Nursing College, Thiruvananthapuram

**Convenor (Guide)**

Dr.Sreeja J  
Professor, College of Nursing  
Ananthapuri Hospitals and Research Institute  
Chackal, Trivandrum

**Members**

1. Dr.Lija R Nath(Co- Guide)

Professor, Dept.Community Health Nursing  
Sree Gokulam Medical College, Venjaramoodu

2. Dr. Regi Jose

Professor, Dept.Community Medicine  
Sree Gokulam Medical College, Venjaramoodu  
Thiruvananthapuram

3. Dr. Athirarani MR

Associate Professor (CAP)  
Dept.Community Health Nursing  
Govt.Nursing College, Thiruvananthapura

**10. Aswathy L S (Reg No. PHD20A1423)**

Research Center: Govt. College of Nursing, Thiruvananthapuram

**Convenor (Guide)**

Dr.Athirarani M R  
Asst.Professor  
Govt.College of Nursing, Trivandrum

**Members**

1. Dr.Lucyamma Joseph

Assoc.Professor,  
Govt.College of Nursing, Trivandrum

2. Dr.Zinia T Nujum

Assoc.Professor, Dept.of Community Medicine  
Govt. Medical College, Kollam

**11. Jyothi M (Reg No. PHD20A1183)**

Research Center: Bishop Benziger College of Nursing, Kollam



**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





### Convenor (Guide)

Dr. Anoopa K R  
 Principal  
 Bishop Benziger College of Nursing, Kollam (Mental Health Nursing)

### Members

1. Mrs.Binutha V P (Co- Guide)

Assoc. Professor  
 Bishop Benziger College of Nursing, Kollam

2. Prof.S Anand

Vice Principal  
 Bishop Benziger College of Nursing, Kollam

3. Dr.Suvarnalettha Devi K.,Principal, College of Nursing, Ananthapuri Hospital, TVPM (Medical Surgical Nursing)

### **12. Jetty K A (Sr. Gertrude) (Reg No. PHD20A1186)**

Research Center: Bishop Benziger College of Nursing, Kollam

### Convenor (Guide)

Dr. Anoopa K R  
 Principal  
 Bishop Benziger College of Nursing, Kollam (Mental Health Nursing)

### Members

1. Mrs.Sheeja S. (Co- Guide)

Assoc. Professor  
 Bishop Benziger College of Nursing, Kollam

2. Prof.Annal Angeline

Professor,  
 Bishop Benziger College of Nursing, Kollam

3. Dr.Sibin Joy Vayalil,

Principal,  
 KVM Trust, Cherthala (Community Health Nursing)

### **13. Thresslamma K L (Sr.Teenu) (Reg No. PHD20A1188)**

Research Center: Bishop Benziger College of Nursing, Kollam

### Convenor (Guide)

Dr. Anoopa K R  
 Principal  
 Bishop Benziger College of Nursing, Kollam (Mental Health Nursing)

### Members



1. Betsy K Jaylms(Co- Guide)

Asst.professor

Bishop Benziger College of Nursing, Kollam

2. Sr.Mony K(Co- Guide)

Vice Principal, MOSC College of Nursing, Kolenchery.

3. Mrs.Sheeja S.

Assoc. Professor

Bishop Benziger College of Nursing, Kollam

4. Dr.Bhasura Chandrachood

Principal,

PRS College of Nursing, Paliyode, Trivandrum Child Health Nursing)

**14. Siji T Jose (Reg No. PHD20A1411)**

Research Center: Bishop Benziger College of Nursing, Kollam

Convenor (Guide)

Dr. Anoopa K R

Principal

Bishop Benziger College of Nursing, Kollam (Mental Health Nursing)

Members

1. Betsy K Jaylms(Co- Guide)

Asst.professor

Bishop Benziger College of Nursing, Kollam

2. Sr.Mony K(Co- Guide)

Vice Principal, MOSC College of Nursing, Kolenchery.

3. Prof.S Anand

Vice Principal

Bishop Benziger College of Nursing, Kollam

4. Dr.Bhasura Chandrachood

Principal

PRS College of Nursing, Paliyode, Trivandrum Child Health Nursing)

**15. Sajini James (Reg No. PHD20A1403)**

Research Center: Bishop Benziger College of Nursing, Kollam

Convenor (Guide)

Dr. Anoopa K R

Principal

Bishop Benziger College of Nursing, Kollam (Mental Health Nursing)



*Rajee*  
**Prof. Dr. RAJEE REGHUNATH**

PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR - 680 555

**Members**

1. Betsy K Jayims(Co- Guide)

Asst.professor  
Bishop Benziger College of Nursing, Kollam

2. Sr.Mony K(Co- Guide)

Vice Principal, MOSC College of Nursing, Kolenchery.

3. Prof.Annal Angeline

Professor  
Bishop Benziger College of Nursing, Kollam

4. Dr.Bhasura Chandrachood

Principal  
PRS College of Nursing, Paliyode, Trivandrum Child Health Nursing)

**The Supervising Guide shall be the convenor of the Doctoral Committee, though in exceptional situations the Head of the Department/Centre/School/ Recognised Centre of Research shall also be competent to convene special meetings of the Doctoral Committee.**

**The Doctoral Committee shall be in existence during the full period of registration of a PhD student, with such changes in membership as may become necessary from time to time, and shall mentor the PhD student throughout the period.**

**The Doctoral Committee shall, (I) ensure assistance to the Supervising Guide of the PhD student. (II) ensure that the PhD student's work is progressing satisfactorily. (III) prescribe the necessary course work that the PhD student may have to pursue. The PhD Regulations 2018 Issued by KUHS will be binding for all the PhD Scholars.**

Orders are issued accordingly.

**Dean Research**

**To**

The officers Concerned

**Copy To,**

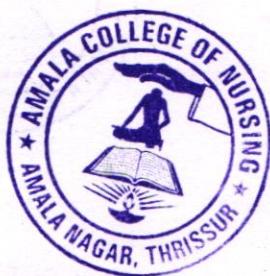
PA to VC/PA to PVC/PA to Reg/Finance/Jd,KSAD/SF/OC

**Forwarded/By Order**

**Section Officer**



**KUHS, Thrissur**



*Agree*

**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

# KERALA UNIVERSITY OF HEALTH SCIENCES

Abstract

KUHS- Dr. Rajee Reghunath. Principal Amala College of Nursing, Thrissur- Recognised as supervising guide for PhD courses under KUHS- orders issued

## Office of the Dean (Research)

No.2019/Dean R/KUHS/2015

Dated, Thrissur, 02.06.2015

Read:

1. Section 5.1 (i to iii) of PhD Regulations of Kerala University of Health Sciences.
2. Letter from Prof. Agnet Beena Mani, Baby Memorial College of Nursing, Kozhikode dated 19.02.2015
3. Letter from Dr. Rajee Reghunath, dated 20.02.2015

## ORDER

Prof. Agnet Beena Mani, Baby Memorial College of Nursing, Calicut is pursuing her PhD in Kerala University of Health Sciences under the guidance of Dr. Roy.K.George, Principal, Baby Memorial College of Nursing, Calicut. As per the letter 2<sup>nd</sup> cited she has requested change of her Guide. She has requested to appoint Dr. Rajee Reghunath, Principal, Amala College of Nursing, Thrissur as her Guide and Dr. Roy.K.George as her co guide for pursuing PhD. As per the letter 3<sup>rd</sup> cited Dr. Rajee Reghunath, has submitted his consent to be the guide of Prof. Agnet Beena Mani for pursuing PhD.

The certificate and other documents submitted by Dr. Rajee Reghunath are verified and it is seen that he is eligible to be appointed as a supervising guide for pursuing PhD under KUHS as per the approved PhD regulations of KUHS.

The matter is examined in detail and Dr. Rajee Reghunath, Principal, Amala College of Nursing, Thrissur is recognized as supervising guide for PhD Courses under Kerala University of Health Sciences by the Vice Chancellor in exercising the powers conferred under Chapter III Section 12(7) of the Kerala University of Health Sciences Act 2010 (Act 4 of 2011), subject to the ratification of the Academic Council.

Permission is also granted to Prof. Agnet Beena Mani to pursue her PhD under the guidance of Dr. Rajee Reghunath as Supervising Guide and Dr. Roy.K.George as Co guide.

Orders are issued accordingly

(Sd/-)

Pro Vice Chancellor & Registrar (I/C)

to

1. The Persons Concerned
2. PS to VC/PVC/Regr
2. J.D., LFA
3. Finance/SF/FC

Forwarded/By Order

  
Dean Research

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR - 680 596

PHONE: 0487 - 2207650, 2207664 FAX: 0487 - 2206770

No :3720/2020/AC1/GEN A4/KUHS

Date : 25-08-2020

**ADMISSION MEMO**

Sub: Admission to Doctor of Philosophy Program to the Jan 2020 Batch- reg. Ref. - 1, Notification no. 19308/2019/AC1/GEN A2/KLHS dated 30.09.2019

This is to inform that based on the Application for Provisional Registration of Ph.D, Interview and other regulations specified as per University norms Aneesha V B, Asst. Prof., Dept. of Obstetrics and Gynaecologic Nursing, Amala College of Nursing is selected for admission to the Doctor of Philosophy Program under Kerala University of Health Sciences through Amala College of Nursing, Thrissur in the Dept. of Obstetrics and Gynaecologic Nursing under the Faculty of Nursing under the guidance of Dr. Rajee Reghumath, Principal, Amala College of Nursing and co-guidance of Dr. Seena S, Vice Principal, Elite College of Nursing and Princy C J, Dept. of OBG Nursing, Amala College of Nursing.

Provisional Registration Number: PHD20A1090 (for future reference)

### Instructions :

- i. A candidate selected for Ph.D-Provisional registration if wishes to take admission shall do so within four weeks of the notification of selection list for admission to the Ph.D programme.
- ii. A candidate for Ph.D is not allowed to take up any other course simultaneously against the conditions as specified in the Ph.D Regulations prevailing at the time of registration.
- iii. A candidate who has been selected for admission may report with this Memo, to the Department of the Centre of Research by reporting to the HOD of the Department through the Head of the Institution/Principal.
- iv. The candidate is expected to pay the Research Fee and other allowed expenses as applicable to and fixed by the institution, as per the U.O.No.843/2020/AC1/GEN A4/KUHS dated 4/8/2020, to the Centre of Research for the Ph.D programme to proceed.
- v. The joining time (with date and year) with the Centre of Research to be certified by the Head of the Institution/Principal. This is to be produced to the University for further procedure.
- vi. The "Centre of Research" Shall take necessary steps for Online/Offline Admission process and has to intimate the admission details of the candidates to the University after completion of the Admission process.

Sd/-  
Registration

70

Aneesha V B, Asst. Prof., Dept. of Obstetrics and Gynaecologic Nursing, Amala College of Nursing

**Cops to**

The Principal, Amala College of Nursing, Thrissur



Prof. Dr. RAJEE REGHUNATH  
/ PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA P.O., THRISSUR-680 555



## KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR - 680 596

PHONE: 0487 - 2207650, 2207664 FAX: 0487 - 2206770

No : 3/20/2020/AC1/GEN A4/KUHS

Date : 25-08-2020

### ADMISSION MEMO

Sub: Admission to Doctor of Philosophy Program to the Jan 2020-Batch- reg.  
Ref: 1. Notification no. PHD20/2019/AC1/GEN A2/KUHS dated 30.09.2019

This is to inform that based on the Application for Provisional Registration of Ph.D, Interview and other regulations specified as per University norms Dhanya Michael, Asst. Prof., Dept. of Medical Surgical Nursing, Lourde's College of Nursing is selected for admission to the Doctor of Philosophy Program under Kerala University of Health Sciences through Amala College of Nursing, Thrissur in the Dept. of Medical Surgical Nursing under the Faculty of Nursing under the guidance of Dr. Molly John, Prof., Dept. of Community Health Nursing, Amala College of Nursing and co-guidance of Dr. Usha Samuel, Prof., Dept. of Nephrology, GMC, Ernakulam and Lakshmi G, Prof., Dept. of Medical Surgical Nursing, Amala College of Nursing, Thrissur.

Provisional Registration Number: PHD20A1235 (for future reference)

#### Instructions:

- i. A candidate selected for Ph.D Provisional registration if wishes to take admission shall do so within four weeks of the notification of selection list for admission to the PhD programme.
- ii. A candidate for PhD is not allowed to take up any other course simultaneously against the conditions as specified in the Ph.D Regulations prevailing at the time of registration.
- iii. A candidate who has been selected for admission may report with this Memo, to the Department of the Centre of Research by reporting to the HOD of the Department through the Head of the Institution/Principal.
- iv. The candidate is expected to pay the Research Fee and other allowed expenses as applicable to and fixed by the institution, as per the U.O.No.843/2020/AC1/GEN A4/KUHS dated 4/8/2020, to the Centre of Research for the Ph.D programme to proceed.
- v. The joining time (with date and year) with the Centre of Research to be certified by the Head of the Institution/Principal. This is to be produced to the University for further procedure.
- vi. The "Centre of Research" Shall take necessary steps for Online/Offline Admission process and has to intimate the admission details of the candidates to the University after completion of the Admission process.

Self-  
Registration

To

Dhanya Michael, Asst. Prof., Dept. of Medical Surgical Nursing, Lourde's College of Nursing

Copy to

The Principal, Amala College of Nursing, Thrissur



*Igno*  
Prof. Dr. RAJEE REGHRUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



-10 Seena.

## KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR - 680 596

PHONE: 0487 - 2207650, 2207664 FAX: 0487 - 2206770

EMAIL: [researchprogramme@kuhs.ac.in](mailto:researchprogramme@kuhs.ac.in)

No : 21533/2021/ A1 / Dean R / KUHS / (2023 admission)/65

Date : 04-10-2023

### ADMISSION LETTER

From

**The Dean Research**

To

**CHRISTIN ROSE S**  
**PHD231783N**

Madam/Sir,

Sub : Admission to Doctor of Philosophy Programme (PhD) 2023 - Batch VI- reg.

Ref : Notification No. 21533/2023/Research A1/Dean R/KUHS dated 16.03.2023

This is to intimate that, the candidate, whose name and details furnished below has been declared as selected for admission to the Doctor of Philosophy Programme (PhD) under Kerala University of Health Sciences (KUHS) based on his/her Application for Provisional Registration for PhD Programme, after screening by the Admission Committee and fulfilling other norms specified as per PhD Regulations 2018.

Name of the candidate	Provisional Registration Number	Name of Centre of Research	Supervising Guide	Co-Guide
<b>CHRISTIN ROSE S</b>	PHD231783N	Dept. of OBG Nursing, Amala College of Nursing, Thrissur	REMYA CHIDAMBARAN, Dept. of OBG Nursing Lisieux College of Nursing Mookkannoor P O, Angamaly- 683577.	LINDA VARGHESE Associate Prof., Dept. Of Obstetrics & Gynaecology, Amala College of Nursing, Thrissur

**Topic:** A phenomenological study to explore the lived experiences of Breast Crawl among mothers delivered at Almas Hospital, Kottakkal, Malappuram District.

**Mode of study:** Part Time



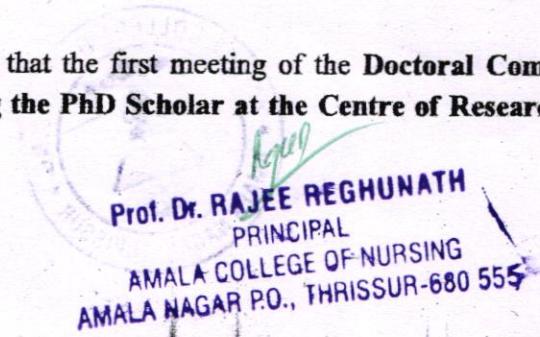
*lqur*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

**Instructions:**

- i. The candidate selected for PhD Provisional Registration is hereby directed to report before the Supervising Guide/ HoD of the concerned Department of the Research Centre through Head of the Institution/Principal of the Research Centre mentioned above, on or before **27.10.2023**, failing which the admission will be treated as cancelled forthwith without any further notice. No more requests in this regard will be entertained by the University afterwards.
- ii. **Head of the Institution of the Research center shall verify all the original certificates of the candidates, including PG certificate, before admitting the candidate.**
- iii. On admitting a candidate at the Research Centre, the HoD should send the soft and hard copies of Joining Report in the prescribed proforma provided (mentioning the joining time with specific date and year) to the University through the Head of the Institution /Principal and should provide necessary facilities to the PhD Scholar at the Centre as agreed upon at the time of recognition as PhD Research Centre and also while issuing Facility Certificate.
- iv. The candidate is expected to pay the Research Fee and other allowed expenses as applicable to and fixed by the Institution, as per the U.O.No.843/2020/AC1/GEN A4/KUHS dated 04/08/2020, to the Centre of Research for pursuing the PhD programme. The details of fee to be remitted are as follows:

Research Fee for PhD programme (minimum course period of 3 years for Full time and 4 years for Part-time):	Rs. 31,500/-
<b><u>The remittance of the above Research Fee for the normal course period to the Centre for Research by the PhD scholars shall be in annual instalments as detailed below:</u></b>	
Full time PhD programme (minimum course period of 3 years):	1st, 2nd and 3rd year: Rs. 10,500/- per year
	1st year: Rs. 10,500/-
Part time PhD programme (minimum course period of 4 years): -	2nd, 3rd and 4th year: Rs. 7000/- per year
<b><u>The Research fee should not be more than the fee collected by the University as Retention fee (plus reregistration fee if any) from PhD scholars. However, Centre of Research can collect a less amount if they willing so.</u></b>	

- v. The proposal for constitution of a **Doctoral Committee** as per the Regulations 2018 will have to be forwarded by the Supervising Guide and recommended by the Faculty Dean through the login provided in the link [http://www3.kuhs.ac.in/phd\\_system/login/login.php](http://www3.kuhs.ac.in/phd_system/login/login.php) on or before **30.11.2023**
- vi. The Supervising Guide should ensure that the first meeting of the **Doctoral Committee** is **convened within 3 months of joining the PhD Scholar at the Centre of Research.** [refer section 7.2]



vii. It is the obligation of the Supervising Guide/HoD/ Head of the Research Centre /Principal to maintain all the **Records and Registers** mentioned as per the PhD Regulations 2018, at the Centre and produce for Audit on request from KUHS. [refer Appendix 19(1) & (11)]

viii. The PhD Scholar/Guide/ Co Guide/ Doctoral Committee members/HoD/Principal are advised to adhere to the KUHS approved **PhD Regulations 2018 and course work (new)** available in the Website and subsequent amendments if any throughout the PhD programme.

Sd/-

**Dean Research**

**To;**

**CHRISTIN ROSE S**

**Copy to,**

1. The Supervising Guides/Co-Guides.
2. Principal/ HOD of Centre of Research



*lge/1*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

# Mahatma Gandhi University



Faculty of Behavioural Sciences

The Syndicate of the Mahatma Gandhi University

for examination that

Rajee Reghunath

has been admitted to the Degree of

**DOCTOR OF PHILOSOPHY**

Behavioural Science

/ has been certified by duly appointed

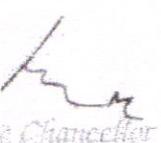
committee to receive the same.

EFFECTIVENESS OF STRUCTURED  
TEACHING AND COUNSELLING IN  
REDUCING THE BURDEN OF  
CAREGIVERS OF PERSONS WITH DEMENTIA

Given under the seal of the University

24.07.2010



  
Vice Chancellor

24 September 2010



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# SAVEETHA

UNIVERSITY OF MANAGEMENT AND TECHNICAL SCIENCES

## Faculty of Nursing

The Board of Management hereby makes known that

Molly John



Reg. No. 161303003

has been conferred the Degree of

Doctor of Philosophy (Ph.D.) in  
Nursing

in the manner been certified by duly appointed examiners  
to be qualified to receive the same in January 2018

### Title of the Thesis

Effect of turmeric powder and cucumber slices among  
menopausal women with hyperlipidemia

Given under the Seal of this University



Dr. U. Jagarajan  
Constituted

Prof. Dr. C. Tamaiyah Nezam  
Vice-Chancellor



Prof. Dr. RAJEEF REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

