



# AMALA COLLEGE OF NURSING

## AQAR (2023-2024)



### **CRITERION 3– Research, Innovations and Extension**

#### **Key Indicator 3.2– Innovation Ecosystem**

**Metric No. 3.2.1- The Institution has created an ecosystem for innovations including Incubation**

**Centre and other initiatives for creation and transfer of knowledge**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

## **CRITERION 3– Research, Innovations and Extension**

### **Key Indicator 3.2 – Innovation Ecosystem**

#### **3.2.1 Initiatives for creation and transfer of knowledge**

18.04.2023:

Effect of Individualized nutrition intervention care combined with Swallowing training on post-operative nutritional status in patients with laryngeal cancer.

Presented by: Ms. Lorna (Grace Paul)  
Assistant Professor  
Dept - g MSN

Venue : Museum

Time : 12 Noon.

09.05.2023

Impact of Strengths model training and supervision on the therapeutic practice of Australian mental health clinicians.

Presented by: Ms. Archana Varner M

Lecturer

Dept of M.H.N

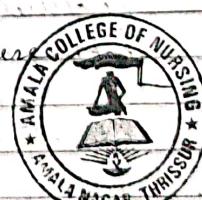
Venue: Amala Boulevard

Time: 12 N

Sl.no	Members attended:	Designations	Signature	Sl. No	Name of the attendees	Designation	Signature
1.	Prof. Dr. Rajee Reghunath	Professor	101	1.	Dr. Rajee Reghunath	Principal	1001
2.	Dr. Sr. Meesly John	Asst. Professor	Baruvi	2.	Sr. Meesly distretta	vice principal	1002
3.	Ms. Aneesha V.B	Asst. professor	Anto	3.	sr. Duna	Asst. professor	1003
4.	Sr. Dona	Asst. professor	Molly Thyne	4.	Rosario Anto	Lecturer	1004
5.	Ms. Linda Varghese	Associate Professor	Divya	5.	Surya k	Lecturer	1005
6.	Sr. Grace Maria	Lecturer	Shulacn	6.	Neethu Anto	Lecturer	1006
7.	Maria	Lecturer	Divya	7.	Dr. Sr. Meesly John	Professors	1007
8.	Rini David	Asst. professor	R.D.	8.	Lorna Grace Paul	Asst. Professor	1008
9.	Ms. Rosaiya	Lecturer	Rosaiya	9.	Sr. Marrian S.H	Lecturer	1009
10.	Ms. Shilpa	Lecturer	Shilpa	10.	Maria P.J	Lecturer	1010
11.	Mr. Don Thomas Joseph Arul. Professor.		Don	11.	Shilpa James	Lecturer	1011
12.	Ms. Aswathy		Aswathy	12.	Linda Joy	MSC 1 year student	1012
13.	Mr. Krishnaja			13.	Sheena John	MSC 1st year student	1013
14.	Surya	Lecturer	Surya		Linda Varghese	Assoc. Professor	1014
15.	Archana Varner						
16.	Shulacn (Sr. Grace Maria)	Dept	Shulacn				
17.	Shivu C Vinson		Shivu				
18.	Dr. Ambika C		Ambika				
19.	Sr. Meesly Lelithy		Meesly				
20.	Krishnaja. M. Umikrishnan		Krishnaja				
21.	Dr. Jayashri CSC	Assoc. Prof. 1st year	Jayashri				
22.	Dr. Jayashri CSC	Assoc. Prof. 1st year	Jayashri				



AMALA COLLEGE OF NURSING  
AMALA NAGAR, THISSUR - 680 555  
04973 222222



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR PO. THISSUR - 680 555



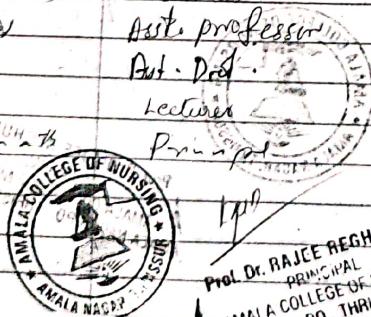
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14/02/23

Efficacy of  $\alpha$ -Dopachromaleic Acid (Non-nutritive Suckling and Human Care Contact) Pain Relief Measures for idiopathic Clubfoot treated using Ponseti Technique

### Teachers

1. Rinu David	Asst. professor
2. Belal G	Professor
3. Neethu Anto	Lecturer
4. Lorna Grace Paul	Asst. Professor
5. Aneesha V.B	Asst. Professor
6. Ambika C	Professor
7. Bincy A.P	Associate Professor
8. Shaly Joseph	Asst. Professor
9. Rosario Anto	Lecturer
10. Shaleen James	Lecturer
11. Aswathy Gopi	Lecturer
12. So. Maria	Lecturer
13. Rotnei G	Lecturer
14. Sr. Linda	MSC 1st year
15. Krishneta M. Unnikrishnan	Lecturer
16. Sr. Moly Thomas	Asst. professor
17. Don Jose K	Asst. Prof.
18. Maria E.J	Lecturer
19. Dr. Rajee Reghunath	Principal



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PRINCIPAL  
AMALA COLLEGE OF NURSING  
P.O. THRISSUR-680 555

14/02/2023

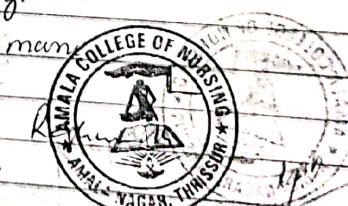
13/3/23

publication process -

Session taken By : Linda Vargese  
Associate professor

### Teachers

1. Rinu David	Ass. professor
2. Bincy A.P	Associate professor
3. Shaly Joseph	Asst. Professor
4. Timu Abraham	Lecturer
5. Rosario Anto	Lecturer
6. Aswathy Gopi	Lecturer
7. Krishneta M. Unnikrishnan	Lecturer
8. Shaleen James	Lecturer
9. Neethu Anto	Lecturer
10. Peera G.T	Lecturer
11. Lorna Grace Paul	Asst. Professor
12. Sheena John	MSc 1st year
13. Linda Joy	MSc 1st year
14. S. Rithika	Pract. sess
15. Surya Le	Lecturer
16. Aneesha V.B	Asst. Professor
17. Ambika C	Professor
18. Don Jose K	Asst. Prof.
19. Moly Thomas	Asst. professor
20. Dr. Jayashree CSC	Associate professor
21. Dr. Jayashree CSC	Professor
22. Dr. Jayashree CSC	Lecturer
23. Dr. Jayashree CSC	Lecturer
24. Dr. Jayashree CSC	Principal



PROF. DR. RAJEE REGHUNATH  
PRINCIPAL



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13.06.2023

Virtual Reality exposure to a healthy weight body is a promising adjunct treatment for Anorexia Nervosa

Presented by:

Ms. Archana Jayakumar

II. M.Sc (N) Student

Dept. of MHN

Amala College of Nursing

Venue: First Floor, II M.Sc (N) classroom

Time: 12.30 PM - 01 PM

SL No.	Name of the attendee	Designations	Signature
1	Dr. Rose Rajamani	Principal	19/06
2	Sr. Arithra Elizabeth	Vice Principal	Arithra
3	Linda Vaughn	Asso. Professor	Linda
4	Lekshmi G.	Professor	Lekshmi
5	Manu E.S	Lecturer	Manu
6	Linda Joy	MSc 2st year	Linda
7	Sheena John	MSc 1st year	Sheena
8	Sr. Grace Maria	Lecturer	Grace
9	Geetha Gopi	Lecturer	Geetha
10	Lourva Grace Paul	Asst. Professor	Lourva
11	Sr. Moly Thomas	Asst. Professor	Moly Thomas
12	Neethu Anto	Lecturer	Neethu
13	Rosario Anto	Lecturer	Rosario
14	Sueya V	Lecturer	Sueya
15	Shaly Joseph	Asst. Professor	Shaly
16	Rina David	Professor	Rina
17	Dr. Ambika	Associate Professor	Ambika
18	Dr. Jayashree	Professor	Jayashree
19	Dr. Sr. Murali	Lecturer	Murali
20	11.01.2023		

11.07.2023

when complications arise during birth: LGBTQ people's experiences of care

Presented by:

Sr. Linda Joy

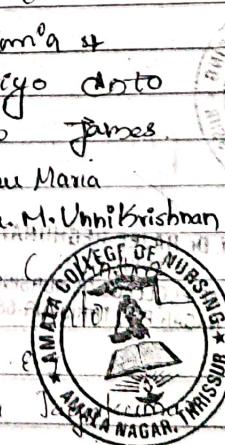
I M.Sc (N) Student

Dept of OCN Nursing

Venue: Amala Boulevard

Time: 12<sup>th</sup> - 01<sup>PM</sup>

SL No.	Name of the attendee	Designations	Signature
1.	Dr. Ambika C	Professor	ambika
2.	Bincy A.P	Associate Professor	Bincy
3.	Rina David	Asst. Professor	Rina
4.	Moly Thomas	Asst. Professor	Moly
5.	Sr. Arithra Elizabeth	Professor	Arithra
6.	Don Jose K	Asst. Professor	Don
7.	Dr. Jayashree CSC	Associate Professor	Jayashree
8.	Lourva Grace Paul	Asst. Professor	Lourva
9.	Shaly Joseph	"	Shaly
10.	Abinaya Gopi	Lecturer	Abinaya
11.	Sueya V	Lecturer	Sueya
12.	Sr. Murali	Lecturer	Murali
13.	Rosario Anto	Lecturer	Rosario
14.	Shaly Joseph	Lecturer	Shaly
15.	Silvia James	Lecturer	Silvia
16.	Sr. Grace Maria	Lecturer	Grace
17.	Krishnaja M. Unnikrishnan	Lecturer	Krishnaja
18.	Shaly Joseph	Lecturer	Shaly
19.	Neethu	Lecturer	Neethu
20.	Manu E.S	Lecturer	Manu
21.	Archana Jayakumar	MSc Student (2 <sup>nd</sup> year)	Archana
22.	Sheena John	MSc Student (1 <sup>st</sup> year)	Sheena



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24. Linda Vaeghese  
25. Dr. Meesly John

Assoc. Professor  
Professor

16/07/23-  
Buny

16/08/2023

Effectiveness of an interventional package on  
soft skills and perceived need among nursing students  
- a quasi experimental study.

Presented by,

Ms. Sheena John

1 M.Sc (N) Student

Dept. of G MNH, Amala College of Nursing

Venue: First floor - M.Sc (N) class

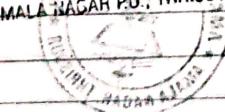
Date & Time: 16/8/23 @ 12<sup>th</sup>

Sr. Linda Joy has presented the journal article  
and the discussions carried out were effective.  
Since it was a qualitative study, the attendees  
could get a thorough understanding about the  
methodology and analysis of qualitative data.  
The session concluded by 12.45 PM

16/07/2023  
Linda Vaeghese

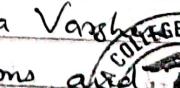


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SL NO	Name of the attendee	Designation	Signature
1.	Dr. S. Meesly John	Professor	Suny
2.	Don Josek	Asst. Prof	Asst. Prof
3.	Fr. Grace Maria	Lecturer	Chukur D.
4.	Shaly Joseph	Asst. Prof	Shaly
5.	Rosario Astro	Lecturer	Rosario
6.	Surya Te	Lecturer	Surya
7.	Munni E.T	Lecturer	Munni
8.	Rini David	Asst. Professor	Rini
9.	Aneesa VB	"	Aneesa
10.	Seena A.P	Lecturer	Seena
11.	Ab. Syothish CSC	Associate Professor	Syothish
12.	Lorraine Grace Paul	Asst. Professor	Lorraine
13.	Bincy A.P	Associate Professor	Bincy
14.	Krishnaja M. Unnikrishnan	Lecturer	Krishnaja
15.	Shine C Vinson	Lecturer	Shine
16.	Aarchana Jayakumar	1 <sup>st</sup> year MSc (N)	Aarchana
17.	S. Linda	2 <sup>nd</sup> year MSc (N)	Linda
18.	Sheena John	1 <sup>st</sup> year MSc (N)	Sheena
19.	Linda Vaeghese	Asso. Professor	Linda

Discussions



Organizations made by NAB members



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12.09.2023:

Continuous Subcutaneous Insulin Infusion (CSII) and Multiple Daily Injections (MDI) are equally effective in Type II Diabetes.

Presented by,

Ms. Neethu Anto

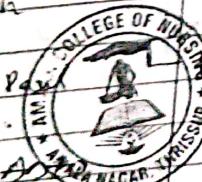
Lecturer

Dept of MSN

Venue: F M.Sc (N) Classroom

Time: 12 N on 12.09.2023

Sl No	Name of the Participant	Designation	Signature
1.	Dr. Rajee Raghunath	Principal	Rajee
2.	Se. Arik	Vice Principal	Arik
3.	Dr. S. Meily John	Professor	Meily
4.	Dr. Grace Maria	Lecturer	Grace
5.	Mrs. E. J	Associate Professor	E. J.
6.	Bincy AP	Lecturer	Bincy
7.	Surya	Asst. Professor	Surya
8.	Aneetha V B	Professor	Aneetha
9.	Dr. Ambika C	Associate Professor	Ambika
10.	Dr. Jyothi PSC	Lecturer	Jyothi
11.	Dr. Maria STI	Asst. professor	Maria
12.	Rino David	"	Rino
13.	Shaly Joseph	Asst. Professor	Shaly
14.	Don Jose K	Asst. Professor	Don
15.	Lorne Grace Paul	Lecturer	Lorne
16.	Neethu Anto	Lecturer	Neethu
17.	Rosario Aoto	Lecturer	Rosario
18.	Shilpa James	Lecturer	Shilpa
19.	Aswathy Crip	Lecturer	Aswathy



10.10.2023:

Negative Pressure Wound Therapy (NPWT) Vs Conventional Wound Therapy Treatment (CWT) in Subcutaneous Abdominal Wound Healing Impairment.

Presented by;

Ms. Seena A. F

Lecturer, Dept of MSN

Venue: Amala Boulevard

Time: 12 N.

Sl No	Name of the Attendee	Designation	Signature
1.	Dr. Rajee Raghunath	Principal	Rajee
2.	Dr. Jyothi PSC	Associate Professor	Jyothi
3.	Mrs. Krishnam. M. Unnikrishnan	Lecturer	Unnikrishnan
4.	Aneetha V B	Asst. Professor	Aneetha
5.	S. R. Rima Elizabeth	Asst. Professor	Rima
6.	Dr. S. Meily John	Professor	Meily
7.	Don Jose K	Asst. Prof.	Don
8.	Mrs. Chantil Chacko	Asst. Professor	Chantil
9.	Mrs. Lorna Grace Paul	Lecturer	Lorna
10.	Rosario Aoto	Lecturer	Rosario
11.	Shilpa James	Lecturer	Shilpa
12.	Aswathy Crip	Lecturer	Aswathy
13.	Neethu Anto	Lecturer	Neethu
14.	Shilpa C. Vinson	Lecturer	Shilpa
15.	Surya C	Lecturer	Surya
16.	Rino David	Associate Professor	Rino
17.	Bincy A.P	Asst. Professor	Bincy
18.	Dr. Maly Thomas	Asst. Professor	Maly
19.	Linda Varghese	Asst. Professor	Linda



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21.11.2023

Impact of Pneumatic Transport Systems on Pre-analytical Phase affecting Clinical Biochemistry results.

Presented by:

Ms. Shinu. C. Wilson

Lecturer, Dept of M.S.N

Venue: Amala Boulevard

Date & Time: 21.11.2023 @ 12<sup>th</sup>

SL.NO	Name of the Attendee	Designation	Signature
1.	Dr. Rajeev Rajanath	Principal	Rajeev
2.	SA. Dilshu	vice Principal	Dilshu
3.	Dr. S. Meryl John	Professor	S. Meryl
4.	Molly Thomas	Asst. professor	Molly Thomas
5.	Sr. Maria	Lecturer	Sr. Maria
6.	Charlin Chacko	Asso. Professor	Charlin
7.	Areesha V B	Asst Professor	Areesha
8.	Dr. Ambika C	Professor	Dr. Ambika
9.	Linda Varghese	Asso. Professor	Linda
10.	Krishna M. Unnikrishnan	Lecturer	Krishna
11.	Lorna Grace Paul	Asst. Professor	Lorna
12.	Mariu. E.S	Lecturer	Mariu
13.	Shilpa C. (Grau Maria)	Lecturer	Shilpa
14.	Aswathy Gopi	Lecturer	Aswathy
15.	Rosario Anto	Lecturer	Rosario
16.	Honey. S.	MSc Student	Honey
17.	Ancy. Chacko	MSc Student	Ancy
18.	Sheena	MSc Nsg. Student	Sheena
19.	SA. Linda	MSc Nsg. Student	Linda
20.	Diana	MSc. NURSING & HOSPITALITY	Diana



13.12.2023

A rare case of Congenital aniridia with an unusual run-on mutation in PAX6 gene

Presented by,

Dr. Ambika C

Professor & HOD - Dept of MHN

Venue: Amala Boulevard

Date & Time: 13.12.2023 @ 3 pm.

SL.NO	Name of the Attendee	Designation	Signature
1.	Dr. Rajeev Rajanath	Principal	Rajeev
2.	SA. Dilshu	Professor	Dilshu
3.	Dr. S. Meryl Thomas	Asst. Professor	Meryl
4.	Dr. S. Meryl John	Professor	S. Meryl
5.	Lakshmi G.	Professor	Lakshmi
6.	Shaly Joseph	Asst. Professor	Shaly
7.	Don Jose II	Asst. Professor	Don Jose
8.	Krishna M. Unnikrishnan	Lecturer	Krishna
9.	Suryakale	Lecturer	Suryakale
10.	Rosario Anto	Lecturer	Rosario
11.	Rinu David	Asst. Prof	Rinu
12.	Grau Maria	Lecturer	Grau Maria
13.	Lorna Grace Paul	Asst. Prof.	Lorna
14.	Nethu Anto	Lecturer	Nethu
15.	Mariu. E.S	Lecturer	Mariu
16.	Bincy. A.P	Associate Professor	Bincy
17.	Areesha V B	Asst. Professor	Areesha
18.	SA. Meryl	Asst. Professor	Meryl
19.	Dinda Varghese	Asst. Professor	Dinda
20.	Aachantha Jayakumar	Asso. Professor	Aachantha
21.	Sheena	MSc. Scholar (2 <sup>nd</sup> year)	Sheena
		MSc. Scholar (2 <sup>nd</sup> year)	Sheena



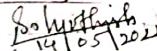
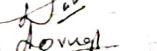
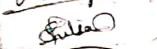
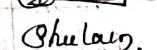
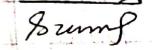
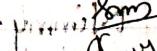
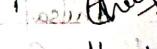
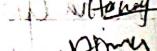
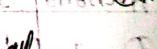
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	Students	Lecturers
20	Tracy Johnson-m	
21	Sheena John	
22	Tracy chaitken	
23	Honey -T.G.	
24	Dinay .k .davis	3rd year MSc
25.	Anjali Krishnan	1st Year M.Sc
26	Lone Circe Paul	1st Year M.Sc
		1st year m.sc
		1st year M.Sc.
		Asst. Professor

Topic : Effect of Maternal Oral hydration in oligohydramnios

Presented by,  
Ms. Diney K Davis  
1<sup>st</sup> yr. M.Sc (N) Student  
Dept of OB/G Nursing

Date : 14.05.2024  
Time : 3pm to Amala Boulevard

Sl No:	Name of the participant	Designations	Signature
1.	Sundararao 13 to 4th	VICE Principal	
2.	Sri. Moly Thomas	Associate Professor	Moly
3.	Dr. Jayashish CSC	Professor	
4.	Dr. Maria STI	Asst Professor	
5.	Don Jose K	Associate Prof	
6.	Lorna Grace Paul	Asst. Professor	
7.	ghilson James	Asst. Professor	
8.	Krishna M. Unikrishnan	lecturer	
9.	Aswathy Gop	lecturer	
10.	Sangeetha	lecturer	
11.	Shivani C Vinson	lecturer	
12.	Rosario Anto	lecturer	
13.	Dr. Grace Maria	Asst - professor	
14.	Dr. Mery Salvo	Professor	
15.	Rinu J. David	Asso. Prof	
16.	Dr. Asher Raj. S	Associate Professor	
17.	Bimay A.P	Associate Professor	
18.	Archana Jayakumar	Lecturer	
19.	Honey P.G.	MSC 1st year	
20.	Dineyak K. Davis	MSC 1st year	
21.	Linda Vaughan	Professor	

Topic : A Study of Associations of uterine  
tract infections with preterm labour.

Presented by,

Honey T G

First M.Sc. OBG Student

Date: 19-06-2024 @ 3 PM.

Venue : Amala Boulevard

Sl No	Name of the participant	Designation	Signature
1.	Sri. Ditta Arslan	Vice Principal.	<u>Ditta</u>
2.	Dr. Asha Raj S	Assoc. Professor	<u>Asha Raj</u>
3.	Sri. Grace Maria	Assist. Professor	<u>Grace</u>
4.	Lekshmi G	Professor	<u>Lekshmi</u>
5.	Sri. Maly Thomas	Associate professor	<u>Maly</u>
6.	Dr. Sr. Meily John	Professor	<u>Meily</u>
7.	Don Jose K	Associate Professor	<u>Don Jose</u>
8.	Aswathy Gopi	Lecturer	<u>Aswathy</u>
9.	Rosario - Anto	Lecturer and M.Sc.	<u>Rosario</u>
10.	Shinde Joy	M.Sc 2nd student	<u>Shinde</u>
11.	Shinee John	M.Sc 2nd student	<u>Shinee</u>
12.	Anay Cheedan James	M.Sc 1st student	<u>Anay</u>
13.	Preshma Sade	M.Sc 1st student	<u>Preshma</u>
14.	Dnjali Krishnan P.	M.Sc. 1st year student	<u>Dnjali</u>
15.	Dincy K. Davis	M.Sc 1st year student	<u>Dincy</u>
16.	Jinny Johnson M	Lecturer	<u>Jinny</u>
17.	Anesha V B	Professor	<u>Anesha</u>
18.	Nimmy P. S	Assoc. Professor	<u>Nimmy</u>
19.	Shilpa James	Asst. Professor.	<u>Shilpa</u>
20.	Lorna Grace Paul	Asst. Professor	<u>Lorna</u>
21.	Swiggy N	Lecturer	<u>Swiggy</u>
22.	Archana Jayakumar	Lecturer	<u>Archana</u>

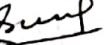
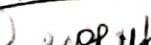
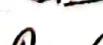
Topic: Nurse delivered acupressure on early post operative gastrointestinal functions in patients undergoing colorectal cancer surgery.

Presented by;

Ms. Rosaniyo Anto  
lecturer

Date: 20.08.2024

Venue: Amala Boulevard

SL No.	Name of the participant	Designations	Signature
1.	Dr. Raja Regunath	Principal	
2.	Sr. lecturer drsbeltha	Professor	
3	Lakshmi G	Professor	
4	Dr. s. morley John	Professor	
5	Don Jose K	Asst. Prof	
6	Sr. Grace Maria	Assoc. Professor	
7	Krishna M. Unnikrishnan	Lecturer	
8	Shilpa James	Asst. Professor	
9.	Nirmalya P. J	Associate Professor	
10	Archana Jagakumari	Lecturer	
11	Bincy A. P	Associate Professor	
12.	Lorraine Grace Paul	Asst. Professor	
13.	Linda Varghese	Professor	
14.	Rino David	Associate Professor	
15	Shalay Joseph	Asst Professor	
16.	Indra Joy	MSc 2nd year	
17	Shaeena John	MSc 2nd year	
18	Aney christeen James	MSc First Year	
19	Amisha V. John		

Topic: PICC PCD @ app impact on nurses' knowledge to prevent adverse events for peripherally inserted central catheters (PICC) in Pediatric and neonatal healthcare: A quasi-experimental study.

Presented by:  
Sr. Grace Maria  
Lecturer

Dept. of Child Health Nursing  
Date: 10.07.2024

Venue: Amala Boulevard

18	Sheena John	II <sup>nd</sup> M.Sc(N)	Student
19	Sr. Linda Joy	"	Linda
20	Nimmy P. S	Asso. Professor	dr. nimmy
21	Linda Varghese	Professor	linda
22	Shaly Joseph	Asst. Professor	Shaly
23	Lorna Grace Paul	Asst. Professor	Lorna
24	Sr. Grace Maria	Asst. Professor	Grace Maria

SL NO	Name of the Participant	Designation	Signature
1	Prof. (Dr). Rajee Reghunath	Principal	Rajee
2	Dr. Neesly John	Professor	Neesly
3	Sr. Arthra	Professor	Arthra
4	Cherlin Chacko	Asso. Professor	Cherlin
5	Lathika	Professor	Lathika
6	Dr. Anushka C	Professor	Anushka
7	Aneesha VB	Asso. Professor	Aneesha
8	Don Jose K	Lecturer	Don
9	Aswathy Capp	Lecturer	Aswathy
10	Surya B	Lecturer	Surya
11	Tony Johnson M	Lecturer	Tony
12	Seena M F	Lecturer	Seena
13	Neethu Anto	Lecturer	Neethu
14	Dr. Asha Raj S	Asso. Professor	Asha
15	Bincy A P	Asso. Professor	Bincy
16	Archana Jayakumar	Lecturer	Archana
17	Manu M	Lecturer	Manu