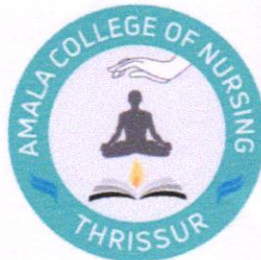




Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 3– Research, Innovations and Extension

Key Indicator 3.3– Research Publications and Awards

Metric No. 3.3.1- The Institution ensures implementation of its stated Code of Ethics for research.

SUBMITTED TO



National Assessment and Accreditation Council

CRITERION 3– Research, Innovations and Extension

Key Indicator 3.3 – Research Publications and Awards

**3.3.1 Minutes of research
committee**

**INSTITUTIONAL SCIENTIFIC RESEARCH
COMMITTEE (ISRC)/
INSTITUTIONAL REVIEW BOARD
MEETING MINUTES**

INSTITUTIONAL SCIENTIFIC RESEARCH COMMITTEE



[Signature]
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

[Signature]



Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893 INC)

No. C/001/IRB/2024

Date: 02.01.2024

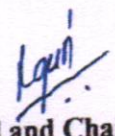
CIRCULAR

The meeting of Institutional Review Board is scheduled at 10.00 am, on 6th January 2024 in the Amala Boulevard of Amala College of Nursing. Kindly make it convenient to attend the same.

AGENDA:

IRB 01 : Pilot Study Presentation of Second year M.Sc. Nursing (2022 batch)




Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Copy to:

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Mrs. Chanlin Chacko / Mrs. Rinu David / Mrs. Jini M P / Guides & Co-Guides of Students

E-mail : amalanursingcollege@amalaaims.org
Website : www.amalanursingcollege.org
amalaaims.org

Phone : 0487 - 2304070 (College), 2304000 (Hospital)
: 0487 - 2307574, 2304120 (Principal's Office)
: 0487 - 2304100 (Director)
Fax : 0487 - 2307969 (Med. College), 2307020 (Hospital)





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(Certificate No. 18-16/2891-INC)

No. C/010/IRB/2024

Date: 27.01.2024

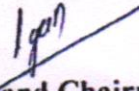
CIRCULAR

The meeting of Institutional Review Board is scheduled at 10.00 am, on 1st February 2024 in the Amala Boulevard of Amala College of Nursing. Kindly make it convenient to attend the same.

AGENDA:

IRB 01 : Research Problem Presentation of First year M.Sc. Nursing
(2023 batch)




Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

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Amala
COLLEGE OF NURSING
NAAC A-Grade

No. C/014/IRB/2024

Date: 07.03.2024

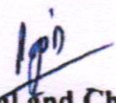
CIRCULAR

The meeting of Institutional Review Board is scheduled at 10.00 am, on 13th March 2024 in the Amala Boulevard of Amala College of Nursing. Kindly make it convenient to attend the same.

AGENDA:

IRB 01 : Proposal Presentation of First year M.Sc. Nursing (2023 batch)




Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

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No. C/021/IRB/2024

Date: 22.04.2024

CIRCULAR

The meeting of Institutional Review Board is scheduled at 10.00 am, on 24th April 2024 through online mode. Kindly make it convenient to attend the same.

Platform : Google Meet

AGENDA:

IRB 01 : Review of Research Protocol of PhD Scholar (Josy A Mathew)




Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

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No. C/020/IRB/2024

Date: 09.04.2024

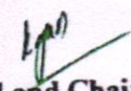
CIRCULAR

The meeting of Institutional Review Board is scheduled at 10.00 am, on 12th April 2024 in the Amala Boulevard of Amala College of Nursing. Kindly make it convenient to attend the same.

AGENDA:

IRB 01 : Tool Presentation of First year M.Sc. Nursing (2023 batch)




Principal and Chairperson

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

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AMALA COLLEGE OF NURSING

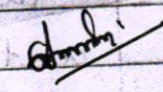
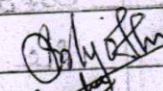
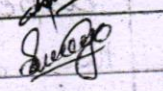
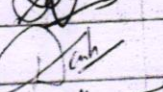
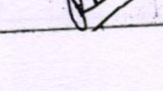
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Minutes of IRB meeting held on 02/08/2023

The meeting of Institutional Review Board (IRB) was held on 02/08/2023 at 2^{PM} in Lecture Hall 3, Amala College of Nursing, Thrissur.

Agenda:- Research Problem Presentation of Third year B.Sc Nursing students (2020 batch)

The meeting started with a silent prayer at 2^{PM}. All third year students and faculty members were attended. Total 10 problems with five students in each group were presented. The principal allotted studies for faculty members as guide. Following members were attended the meeting;

SL NO	Name of the Faculty member	Designation	Signature
1.	Dr. Rajee Raghunath	Principal	
2.	Dr. Ambika C.	Professor	
3.	Prof. Lakshmi G	Professor	
4.	Sr. Jyothish C.S.C	Asso. Professor	
5.	Ms. Aneesha V.B	Asst. Professor	
6.	Ms. Surya	Lecturer	
7.	Ms. Shilpa James	Lecturer	
8.	Ms. Neethu Anto	Lecturer	
9.	Ms. Seena	Lecturer	
10.	Mr. Don Jose K.	Asst. Prof.	
11.	Dr. Dona S.A.B.S	Asst. Professor	
12.	Ms. Anu	Lecturer	
13.	Ms. Anu	Asst. Professor	

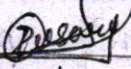
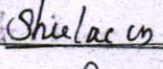
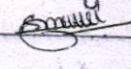
08/2023

08/2023
08/2023
08/2023Actions Taken

The research areas were selected and guides were allotted for each groups.

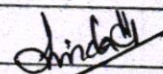
Group	Topic/Area of Research Project	Name of the Guide
Group I	Attention span related to Social media	Ms. Shisa James
Group II	First aid management of drowning	Ms. Shaly Joseph.
Group III	Health Hazards of mobile phone	Ms. Maria E.J
Group IV	Deep breathing exercise & Spirometry	Ms. Rosariyo Anto
Group V	Menopause	Ms. Aneesha V.B
Group VI	Use of Metered Dose Inhaler	Sr. Grace Maria
Group VII	Knowledge - Management of Dengue	Ms. Rinu David
Group VIII	" - Prevention of oral thrush	Ms. Surya K
Group IX	Happiness & Satisfaction of old age	Ms. Neethu Anto
Group X	DASH Diet - Knowledge Assessment	Ms. Aswathy Gopi

Members attended - Cntd:

Name of the faculty	Designation	Signature
14. Ms. Shaly Joseph	Asst. Professor	
15. Ms. Rosariyo Anto	Lecturer	
16. Sr. Grace Maria	Shulain Lecturer	
17. Ms. Maria E.J	Lecturer	

Thereafter, Principal instructed to all guides of groups to prepare proposal and ready for the proposal presentation. The meeting adjourned by 4 PM.

Minutes Recorded by



Minutes of IRB meeting held on 06.01.2024

The meeting of Institutional Review Board was held on 06.01.2024 at 10^{am} in Amala Boulevard; Amala College of Nursing.

The main agenda was; the pilot study presentation of Second year M.Sc (N) 2022 Batch Students.

The meeting commenced with silent prayer. Following members were attended the meeting.

Sl. NO	Name of the attendee	Designation	Signature
1.	Jini M. P	Lecturer in Bios Statistics	Jini M. P
2.	Dr. Lillian Elizabeth	Professor	Dr. Lillian Elizabeth
3.	Dr. Ambika C	Professor	Dr. Ambika C
4.	Linda Varghese	Asso. Professor	Linda Varghese
5.	Charlin Chacko	Asso. Professor	Charlin Chacko
6.	Lalitha	Profess	Lalitha
7.	Rinu David	Asso. professor	Rinu David

ACTIONS TAKEN REPORT

Two PG students were presented the pilot study. Ms. Sheena John and Dr. Linda were presented the PPT's.

Ms. Sheena John was given suggestions regarding the Activity Therapy and the selection of Sample; in order to avoid bias and instructed to make clarity on the programme schedule.



Dr. Linda was given suggestions on the tool, Demographic Variables. Few items were modified and few were omitted after analysis presentation on the results section. Ms. Jini was given clarifications on analysis section of both the students.

The PG scholars were instructed to complete the corrections and submit the modified tool as soon as possible.

The meeting adjourned by 12^N

Minutes recorded by

Ms. Linda Varghese



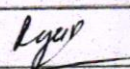
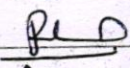
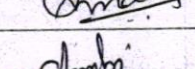
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THIRUVANANTHAPURAM-680 555

Minutes of IRB meeting held on 01-02-2024

The meeting of Institutional Review Board was held on 01-02-2024 at 10^{am} in Amala Boulevard, Amala College of Nursing.

The main agenda was the Research problem presentation of first year M.Sc Nursing (2023-Batch) students.

The meeting commenced by a prayer song. Following members were attended the meeting.

Sl. NO	Name of the attendee	Designation	Signature
1.	Dr. Riji Rejuman	Principal	
2.	Sr. Lillian Elizabeth	Vice Principal	
3.	Rinu David	Asst. professor	
4.	Dr. Asha Raj S	Associate professor	
5.	Linda Varghese	"	
6.	Dr. Ambika C	Professor	
7.	Sr. Maria SH	Asst. Professor	
8.	Biny. A.P	Associate Professor	
9.	Shinu C Vinson	Lecturer	
10.	Seena AF	Lecturer	
11.	Mammi E J	Lecturer	
12.	Aswathy Chop	Lecturer	
13.	Lorne Grace Paul.	Asst. Professor	
14.	Krishnaja M. Chikkrishnan	Lecturer	
15.	Sr. Grace Maria	Lecturer	
16.	Aneetha V B	Asst Professor	
17.	Rosario Anto	Lecturer	
18.	Anjali Krishnan T.	M.Sc. Nursing student	
19.	Reshma Sathu	Msc Nursing student	
20.	Honey T. G	Msc Nursing student	

21. Dincy Davis

MSC Nursing student

Dincy

22. Ancy Christeen James

M.Sc Nursing student

Ancy

Actions Taken Report

Five first year M.Sc Nursing (2023) students present three problems each. After discussions the following areas for the research were fixed. All have to modify title with the suggestions given by members and other faculty. Principal Sir allotted guides also for each student. The details are given below.

Sl. No.	Name	Area of Research	Guide name
1.	Honey T-G	Adherence to ART among female HIV/AIDS patients	Ms. Linda Varghese
2.	Dincy Davis	Prevalence of risk factors of abortion	Dr. Asha Raj
3.	Ancy Christeen	Behavioural problems among children	Dr. Ambika
4.	Anjaly Krishnan	Psychosocial problems, obesity	Ms. Lakshmi-G
5.	Reshma Sabu	Level of codependency	Ms Shaly Joseph

All students are instructed to modify the statement of the problem and get ready for the proposal presentation as early as possible. Accessibility and feasibility of the study also has to confirm before the presentation.

The meeting adjourned by 11:15^{am}

Minutes recorded by

Linda Varghese



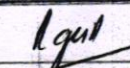
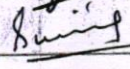
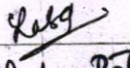
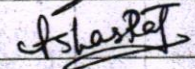
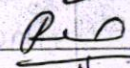
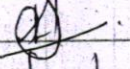
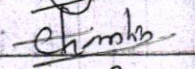
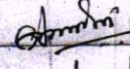
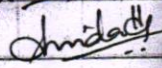
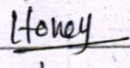
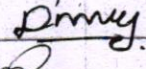
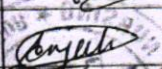
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

Minutes of IRB Meeting held on 13-03-2024

The meeting of Institutional Review Board was held on 13-03-2024 at 10^{am} in Amala Boulevard, Amala College of Nursing.

The main agenda was the Proposal presentation of five first year M.Sc(N) Students (2023 batch).

The meeting commenced with a prayer song and Honey T.G (Ist M.Sc(N)) was welcomed the members. Following members were attended the same.

Sl No	Name of the attendee	Designation	Signature
1.	Dr. Raju Raghunath	Principal	
2.	Dr. S. Mary John	Professor	
3.	Lekshmi	Professor	
4.	Dr. Asha Raj S	Associate Professor	
5.	Rinu David	Ass. professor	
6.	Shaly Joseph	Asst. Professor	
7.	Charlin Chacko	Asso. Professor	
8.	Dr. Ambika C	Professor	
9.	Linda Valghese	Asso. Professor	
Sl No	Name of the Students	Department	Signature
1.	Ancy christeen James	First Year M.Sc	
2.	Honey T.G.	First Year MSc	
3.	Dinny K. David	First Year MSc	
4.	Reshma Salau	First year MSc	
5.	Angeli Krishnan F	First year M.Sc.	

Action Taken:

24
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2023 batch
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mbers.

The first presentation was done by Anny Christeen James. Guide was Dr. Ambika C. The statement of the problem was 'Effect of gratitude journal on level of Subjective happiness and life orientation among Orphans, Idukki'. Major suggestions by the experts were regarding 1) Research question, exclusion criteria modifications, and regarding the age of the sample.

e.
ature.

Secondly, Ms. Anjaly Krishnan under the guidance of Dr. S. Merly John on the title: Study to assess the body image perception among adolescent girls with relation of anxiety, depression, stress and self-esteem with a view to develop an interventional package in a selected private schools at Thrissur District. The experts suggested that, too many variables may complicate the feasibility, so that use of tools, preparation of intervention package, operational definitions and inclusion criteria need more clarifications and present it once again.

Thirdly, Reshma Saba belongs to Dept. of Mental health nursing under the guidance of Ms. Shaly Joseph Pullan was presented the statement.

Effect of COPE program on quality of life among wives of alcoholics. Suggestions and advice for modifications were regarding spelling mistakes, numbering and clarifications on objectives, concised interventions. Confidentiality of data from samples. Need re-presentation.

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Next, Ms. Dincy K. Davis was presented the statement "Assess the prevalence and risk factors of abortion among antenatal women in a tertiary care hospital, Thrissur under the guidance of Dr. Asha Raj. The main suggestions given were the modification of objectives, operational definitions (abortion), hypothesis, use of abbreviations, inclusion criteria and tools using in the study.

Lastly, Honey T.G. belongs to Dept of OBG Nursing was presented her study under the guidance of Ms. Linda Varghese. The statement of the problem was Assess the perceptions of adherence to Anti-Retroviral Therapy (ART) among women living with HIV in selected centers, Kerala. The suggestions were to modify statement as barriers and perception of adherence ---, no need of restricting to reproductive age group and operational definition, women - as minimum of 6 months of ART.

All students are instructed to modify their proposals according to expert suggestions and refine it before next presentation. The meeting adjourned by 12.45^{pm}.

Minutes recorded by

kgm
13/12/14
Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555



Linda Varghese
13/12/2014
Linda Varghese

Minutes of IRB Meeting held on 12.04.24

The meeting of Institutional Review Board was held on 12.04.2024 at 10^{am} in Amala Boulevard, Amala College of Nursing.

The main agenda was the Tool Presentation of five first year M-sc (N) Students of 2023 Batch.

The meeting commenced with prayer and the following members were attended.

Sl No	Name of the Member/Guide	Designation	Signature
1	Dr. Liji Rajan	Principal	Liji
2	Dr. Sr. Kishor Jale	Professor	Sunil
3	Charlin Chacko	Asso. Professor	Chacko
4	Linda Varghese	Asso. Professor	Linda
5	Lalitha C	Professor	Lalitha
6	Dr. Asha Raj S	Associate professor	Asha Raj S
7	Dr. Ambika C	Professor	Ambika

All students were presented the tools and also informed consent/Assent forms. Suggestions were given to students about points to be included. As well as need for discussion with Statistician at the earliest for the scoring Clarification. Instructed to get ready for IEC Submission as per the circular. Meeting adjourned at 11:30^{am}.



Liji

Minutes recorded by

Ambika
12/4/24



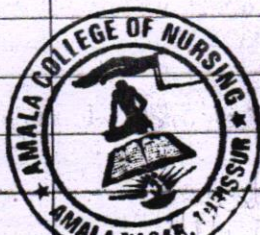
Minutes of IRB Meeting held on 23.04.2024

The meeting of Institutional Review Board was held on 23.4.2024. at 2^{pm} in Amala Boulevard, Amala College of Nursing.

The main agenda was, the analysis presentation of two Second year M.Sc (N) Students. The meeting commenced with a silent prayer and the following members were attended.

SL NO	Name of the member	Designation	Signature
1.	Dr. Keki Reddy	Prin. - prof	<i>Keki</i>
2.	SA. Aruna Arzbeta	vice-Principal	<i>Aruna</i>
3.	Bincy. A.P	Associate Professor	<i>Bincy</i>
4.	Rinu David	Ass. professor	<i>Rinu</i>
5.	Jini. M.P	Lecturer in Biostatistics	<i>Jini. M.P</i>
6.	Dr. Ambika C	Professor	<i>Ambika</i>
7.	Dr. S. Murali John	Professor	<i>S. Murali</i>
8.	Linda Varghese	Asso. Professor	<i>Linda</i>

Both students were presented the Analysis with Powerpoint presentations. Suggestions and corrections given by Ms. Jini M.P Lecturer in Biostatistics and by other experts. Only minor corrections were there for two students. Instructed them to complete corrections and submit the chapters. The meeting adjourned at 3^{pm}.



Keki

Minutes recorded by

Shindally
23/4/24



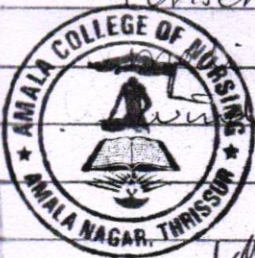
Minutes of IRB Meeting held on 24.4.24 - Online

The online meeting of Institutional Review Board was held on 24.4.24 at 10 am in Google meet platform.

The Agenda IRB.01 - was Review of Research protocol of Ms. Josy. A. Mathew. The Guide was Dr. Rajee Reghunath. The Study Statement was, 'Effect of family centered lifestyle modification intervention (FLML) on cardiovascular risk of adolescent studying in selected schools, Ernakulam. The following members attended online Google Meet.

1. Dr. Rajee Reghunath
2. Dr. Sr. Mercy John
3. Dr. Ambika C.
4. M. Proj. Lakshmi G.
5. Ms. Linda Varghese
6. Ms. Rinu David

Ms. Josy. A. Mathew presented the research protocol. IRB members given suggestions and asked for few clarifications in methodology, as well as intervention planning. Informed consent and sampling framework also to be finalized as per expert opinion. The meeting ended up by 11 am.



QAS

Minutes recorded by

Linda Varghese

24/4/24