AMALA COLLEGE OF NURSING
AQAR (2023-2024)

CRITERION 3– Research, Innovations and Extension

Key Indicator 3.5– Collaboration

Metric No. 3.5.2- Total number of Functional MoUs with Institutions/ Industries in India and abroad for academic, clinical training / internship, on-the job training, project work, student/faculty exchange,collaborative research programmes etc. during the year

SUBMITTED TO

National Assessment and Accreditation Council

Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

Report on MoU Activity with Chetana College: Add-On Course on Gerontology

Date: 10th October 2023
Time: 1:30 PM - 3:00 PM
Venue: Ground Floor Auditorium,
Collaborating Organization: Chetana College of Media and performing arts

Introduction:
As part of the MoU between Amala College and Chetana College, an add-on course on Gerontology was organized for first-year students on October 10, 2023. The session aimed to enrich the students' understanding of geriatric care and promote interdisciplinary knowledge integration in nursing and elderly care.

Resource Person:
Mrs. Lakshmi G, Professor at Amala College of Nursing, Thrissur, served as the resource person for the session.

Objective of the Session:

- To introduce students to the fundamentals of gerontology.
- To emphasize the significance of holistic care for the elderly.
- To highlight the challenges and rewards of working with the geriatric population in professional practice.

Session Overview:
Mrs. Lakshmi G delivered an engaging lecture emphasizing key aspects of gerontology, including:

1. The biological, psychological, and social dimensions of aging.
2. Challenges faced by the elderly in contemporary society.
3. Strategies for providing comprehensive and compassionate care.
4. The role of healthcare professionals in promoting healthy aging and quality of life among the elderly.

The session included interactive discussions, real-life case studies, and insights into the current trends in geriatric care.

AMALA COLLEGE OF NURSING ★ AMALA NAGAR, THRISSUR ★

Prof. Dr. RAJEE REGHUNATH
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Outcome:

- The session successfully familiarized students with the concept of gerontology.
- Students gained a better understanding of the aging process and the essential role of healthcare professionals in this field.
- It provided a platform for students to engage with experts in geriatric nursing, enhancing their learning experience and professional outlook.

Feedback:
Students and faculty members appreciated the session for its practical insights and interactive approach. Many students expressed their interest in pursuing further learning opportunities in geriatric care.

Conclusion:
The MoU activity with Chetana and the participation of Mrs. Lakshmi G as a resource person marked a successful step toward fostering awareness and competence in gerontology. The session was instrumental in sensitizing first-year students to the complexities and significance of eldercare, setting a strong foundation for their professional development.

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