



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 4 – Infrastructure and Learning Resources

Key Indicator 4.2– Clinical, Equipment and Laboratory Learning Resources

Metric No. 4.2.3- Number of students exposed to learning resource such as Laboratories, AnimalHouse & Herbal Garden (in house OR hired) during the year

SUBMITTED TO



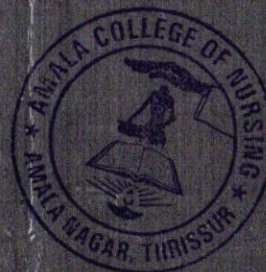
National Assessment and Accreditation Council

4-2-3

REPORT OF EXPOSURE TO HERBAL GARDEN

Herbal Garden

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REPORT ON AYURVEDIC RESEARCH CENTRE AND HERBARIUM

VISIT - 2021 BATCH

As a part of NAAC Second semester Bsc Nursing students made a visit to Amala Ayurvedic Research centre and herbarium on 19/01/2022 at 2:30 pm. First we was taken to Amala Ayurvedic Center and there Dr. Rohith explained to us about ayurvedic treatment and medicine. Then we was taken to a store room where sample forms of various ayurvedic products was kept. We saw many ayurvedic varieties of roots, flowers such as Nagapoo (Mesua ferrea) and many others. Then we went to fermentation room where fermentation of medicines was carrying on. Dr. Rohith explained how the fermentation procedures was doing, the duration, quality and method of preparation. We was also guided to store house, tablet grinding packing units, quality assurance unit where, pH, quality of medicines was tested.

After these we was guided to Amala Ayurvedic garden ^{Sanjeevani} by Mrs. Jomol, faculty of Amala Research centre and our tutor Mrs. Shilpa. Mrs. Jomol took us the greenhouse garden of various ayurvedic medicinal plants. It was arranged in a well understandable way. Various medicinal plants like Aloe Vera, Tulasi etc has been kept. Plants was kept in an order of according to star signs in a belief that each star signs has their own plants. Then we went the next ayurvedic garden, 'Ayurvalli' where medicinal plants was arranged in form of 'Trikadu', Dashapushpam, 'Triphala'. We also had an opportunity to see a variety forms of 'Tulasi'. Mrs. Jomol explained to us that every plants

even a grass surrounding us has its own ayurvedic medicinal use. But it should be found out and use in its own way.

We then went to 'Fr. Gabriel herbarium' where various plants has been preserved for future reference. The plants are preserved in herbarium sheets and Madam explained about the preparation process of storing the plants in herbarium sheets. The herbarium sheets also contain a label about its name, scientific name, locality etc which help us to identify the details of plants.

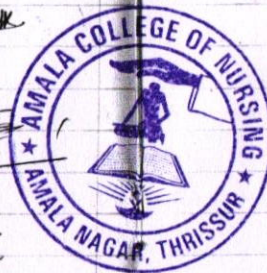
The visit was indeed a great opportunity to enhance our knowledge about various medicinal plants, medicine preparation units and method of preserving in herbarium sheets.



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- 1 Abin babu
- 2 Amal bju
- 3 Angela Pickson
- 4 Anjana V.P
- 5 Anju Bobby
- 6 Anju kunjmen
- 7 Annemisaug Augusthan
- 8 Ann mary V.R
- 9 Ansal Elizabeth kuniakose
- 10 Anu Anu
- 11 Asathi P
- 12 Ayana Baby
- 13 Ayana Thomas
- 14 Delymol Thomas
- 15 Dany Paul
- 16 Della Toms
- 17 Deuka k. Deepkumar
- 18 Dhassana Phiji
- 19 Diya Rose Colmes
- 20 Elina A's
- 21 Emil Mastin
- 22 Esther Bju
- 23 Febina A
- 24 Febena Lukose
- 25 Jemi Sebastian
- 26 Gopika M.K.
- 27 Harsha P. Jiji
- 28 Haridhya Vinod
- 29 Jesmi Jose
- 30 kalpa s
- 31 kavyanath
- 32 Krishnapriya
- 33 Lakshmi.PS

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- 34 Liya Rji
- 35 Mahima Jofuncy
- 36 Mariya Christy E.F
- 37 Mariya Thomas
- 38 Mohammad Farzeen
- 39 Neethu Benny
- 40 Neha Niji Olukkaran
- 41 Nimisha P
- 42 Nirosh M.J
- 43 Nija Mariya Varghese
- 44 Shameema
- 45 Sneha N. Saji
- 46 Sneha Tharakan
- 47 Sneha Tom
- 48 Sonamariya P.V
- 49 Stessy Biju
- 50 Tanuja P.R

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REPORT ON AYURVEDIC RESEARCH CENTRE AND HERBARIUM VISIT - 2022 BATCH

As part of IInd Semester B.Sc. Nursing we 2022 batch got an opportunity to visit the Ayurveda Hospital and their associated herbal gardens. The ultimate goal was to come to know about the origin, and development of Amala Ayurvedic Hospital and to learn about different treatment modalities we perform in our Amala Ayurveda.

First we were taken to the Amala Ayurvedic centre on the initiative of Dr. Rohith. Then we were taken to the Fermentation room and Dr. Rohith explained how the fermentation procedures were done and the other several practices held there.

Then we were taken to the Amala Ayurvedic garden 'Sangevani' by Mr. Jomal, faculty of Amala Research centre and our tutor Mrs. Shilpa. First we went to the greenhouse garden. The greenhouse was arranged in a well understandable manner. There were many medicinal plants such as Atoverra, Tulasi, Neeruk. Mr. Jomal explained everything very meaningfully to us.

This Ayurvedic garden and Herbarium visit was indeed a precious opportunity for our 2022 batch to understand and explore more about the Amala Ayurveda.



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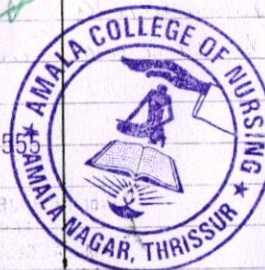
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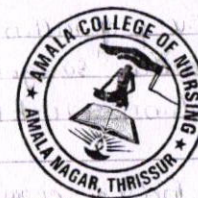
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2	AISKARYA SHAJI	<i>Aisharya</i>
3	AKHILA BENNY	<i>Akhila</i>
4	ALEENA JOHN	<i>Aleena</i>
5	ALFIN DAVIES	<i>Alfin</i>
6	AMALA THERESE SHAJU	<i>Amala</i>
7	AMEELIYA MARIYA ANTO	<i>Ameliya</i>
8	ANAMIKA K.B	<i>Anamika</i>
9	ANASWARA MAKARAPILLY SHAJU	<i>Anaswara</i>
10	ANGEL MARIA THOMAS	<i>Angel</i>
11	ANJANA SUDARSHANAN	<i>Anjana</i>
12	ANNA ALOSHYAS	<i>Anna</i>
13	ANNMARIYA DAVIS	<i>Ann</i>
14	ANUNANDHA MOHAN	<i>Anunandha</i>
15	APARNA P	<i>Aparna</i>
16	AROMAL T.S	<i>Aromal</i>
17	ARIYA M. ABUN	<i>Ariya</i>
18	ASHWIN JOSE	<i>Ashwin</i>
19	CINTA ANN	<i>Cinta</i>
20	CIYA ROSE	<i>Ciya</i>
21	DIDHMOSI T.P	<i>Didhmosi</i>
22	EMIL K.P	<i>Emil</i>
23	ENLIN SABU	<i>Enlin</i>
24	GANGALAKSHMI RANJAN	<i>Gangalakshmi</i>
25	GEETHU ALOYSIUS	<i>Geethu</i>
26	HANNA MERIN BABY	<i>Hanna</i>
27	HELAN SABU A	<i>Helan</i>
28	IRENE JOSE	<i>Irene</i>
29	JENIPARU THADIKKARAN GIGO.	<i>Jeniparu</i>
30	JESTIN M.D	<i>Jestin</i>
31	JUSTEBA YESUDAS	<i>Justeba</i>
32	LAKSHMI NANDANA K	<i>Lakshmi</i>
33	LISMERINE K SUNNY	<i>Lismerine</i>

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35	MEBLE BABY	<i>Moble</i>
36	NANDANA N.S	<i>Nandana</i>
37	NIKITHA ROSE A.S	<i>Nikitha</i>
38	PAICHAL SADI	<i>Paichal</i>
39	REBECCA MARTIN	<i>Rebecca</i>
40	REEJAL JOSE	<i>Reejal</i>
41	ROSE ANTONY	<i>Rose</i>
42	SANA P. JAVAN	<i>Sana</i>
43	SANTO P.T	<i>Santo</i>
44	SHAIHA AHAMMED KUTTY	<i>Shaiha</i>
45	SHELBY K. BABU	<i>Shelby</i>
46	SHIMA T.S	<i>Shima</i>
47	SWARA P.S	<i>Swara</i>
48	THASNIM P.S	<i>Thasnim</i>
49	VISNA VARGHESE	<i>Visna</i>
50	YATIN VARGHESE RUTHURAN	<i>Yatin</i>



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REPORT OF AYURVEDIC RESEARCH CENTRE AND HERBARIUM VISIT - 2023 BATCH

As part of first semester Bsc Nursing we 2023 Bsc Nursing Batch of Amala College of Nursing got an opportunity to visit Amala Ayurvedic Hospital and Associated herbal garden on 21st November 2023. The objective of the visit was to find out the origin and development of Amala Ayurvedic Hospital and to learn different treatment modalities followed by the hospital. The visit was organised by Amala college of Nursing and we were under the assistance of Mrs. Burga K, Dept. of Adult Health Nursing.

We visited the hospital and herbal garden under the guidance of Ms. Jomol. She gave brief introduction regarding Ayurvedic hospital and its organisation. She also explained the importance regarding herbarium, its needs and method of preparation and reservation and also displayed Herbarium sheet. She also accompanied us to Ayurvedic kitchen where medicines for Amala Ayurvedic Hospital were prepared. Dr. Rohit explained about the preparation unit and its activities. We also visited the herbal garden "sargandhikam" maintained in the Hospital where various plants exhibited with a name family and Medical use.

The visit was an indeed opportunity for Bsc Nursing Students to explore more about herbal garden and herbarium and it also helped to gather more information regarding Ayurvedic Hospital its history, organisation and treatment modalities followed. As a whole the visit was really informative.



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2	AGNAL ROSE VARGHESE	<i>[Signature]</i>
3	AKHILA GEORGE	<i>[Signature]</i>
4	ALNA ANTONY	<i>[Signature]</i>
5	AMAL THANKACHAN	<i>[Signature]</i>
6	AMY ANDREWS	<i>[Signature]</i>
7	ANEENA P ELTHO	<i>[Signature]</i>
8	ANEESHA AZEEZ	<i>[Signature]</i>
9	ANGEL BINDY	<i>[Signature]</i>
10	ANGEL DEVIS VELOOKARAN	<i>[Signature]</i>
11	ANGELINA V J	<i>[Signature]</i>
12	ANGEL MARIA TA	<i>[Signature]</i>
13	ANGEL MARY PB	<i>[Signature]</i>
14	ANGEL PAULY	<i>[Signature]</i>
15	ANGEL THERESA A T	<i>[Signature]</i>
16	ANNA ELDHOSE	<i>[Signature]</i>
17	ANN GRACE THOMAS	<i>[Signature]</i>
18	ANN MARIA ROBERT	<i>[Signature]</i>
19	ANN MARY F	<i>[Signature]</i>
20	ANSIYA LS	<i>[Signature]</i>
21	ANSTY ELDHOSE	<i>[Signature]</i>
22	ARCHANA V K	<i>[Signature]</i>
23	ARYA KS	<i>[Signature]</i>
24	ARYANANDA AS	<i>[Signature]</i>
25	ARYA S	<i>[Signature]</i>
26	ASHLY JOSHY	<i>[Signature]</i>
27	AXA MARIYA SISEL	<i>[Signature]</i>
28	BISNA JOSEPH C	<i>[Signature]</i>
29	BLESSINE C JOHN	<i>[Signature]</i>
30	CHANGEL DENNY	<i>[Signature]</i>
31	CHELSIYA SHAJESH	<i>[Signature]</i>
32	CHRISTA GRACE SHAJU	<i>[Signature]</i>
33	CIVA CHARLY	<i>[Signature]</i>

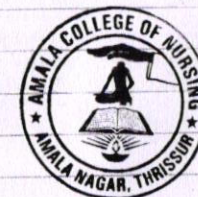
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35	DELNA DILEEP	Delna
36	DELNA SIBI	Delna
37	DEVIKA SANIL	Devika
38	DEVU S	Devu
39	DIFY MARIA DAVIS	Dify
40	DIYA WILSON	Diya
41	DONAL TD	Donal
42	ELIZABETH THOMAS	Elizabeth
43	EMILY EBI	Emily
44	FATHIMA SHERBIN	Fathima
45	HANNA SUSAN ANEESH	Hanna
46	HELEN KALLOOR	Helen
47	HUDHA N M	Hudha
48	IRENE MARIA K	Irene
49	IRENE ROSE CB	Irene
50	ISSA JOSH Y	Issa
51	JAITHRA JOSHI	Jaithra
52	JESBIN BAIJU	Jesbin
53	JESNAL BIJOE	Jesnal
54	JOHANA RAJU A	Johana
55	JOVITA JOJI	Jovita
56	JYOTHIKA P	Jyothika
57	JYOTHIS JEESON	Jyothis
58	KEERTHANA LAKSHMI SHINE	Keerthana
59	KRISHNA PRIYA P V	Krishna
60	LEKSHMI T P	Lekshmi
61	LIVA SHAJU	Liva
62	MARIA ABRAHAM	Maria
63	MARIYA AUGUSTINE KAPPUKATT	Mariya
64	MARIYA GODWIN	Mariya
65	MARY TERESA MC	Mary
66	MEEVAL MARIA SEBASTIAN	Meeval



67	MERIN B MICHAEL
68	MILEN STAYOBI
69	NANDANA BABY
70	NANDANA SALVIN
71	NAOMI TREESA JOSEPH
72	NEETHU K
73	NINZA FATHIMA KA
74	NISTHULA UD
75	NIVYA DEVASSY
76	POOJA DILJITH
77	ROSE THERESA SHEISE
78	SALU LOVELY JOY
79	SANDHRA MARIA P X
80	SANDRA SAJI
81	SANIYAMOL EJ
82	SANIYA SABU
83	SANOVA SHAJU
84	SEETHA LAKSHMI PS
85	SETHULAKSHMI BJU
86	SHANA SHERIN CH
87	SHIMIL T J
88	SONU SOOSAN ABY
89	SREYA SAJI
90	SWETHA TT



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