



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING AQAR (2023-2024)



## CRITERION 7– INSTITUTIONAL VALUES AND BEST PRACTICES

### Key Indicator 7.1–Institutional Values and Social Responsibilities

**Metric No. 7.1.1 Total number of gender equity sensitization programmes organized by the Institution during the year**

**SUBMITTED TO**



**National Assessment and Accreditation Council**



Date: 15.03.2024

### DECLARATION BY PRINCIPAL

This is to certify that the following number of gender equity sensitization programs were organized by the institution during the academic year 2023-2024

S.No	Date	Title of program	Duration	Number of participants
1	6.03.2024	International Women's Day	2-3PM	100
2	4.12.2023	International Day for the elimination of violence against women	12-1PM	50
3	19.11.2023	Men's Day	8-9AM	50
4	3.11.2023	Gender equity sensitization program in the era of artificial intelligence	3-4 PM	50



  
PRINCIPAL





## INTERNATIONAL WOMEN'S DAY CELEBRATION

**Date:** 6.03.2024

On 6th March 2024, Amala College of Nursing celebrated Women's Day with the theme "Inspire Inclusion," focusing on the empowerment and inclusion of women in all spheres of life. The event was a vibrant mix of activities and educational sessions, aimed at raising awareness about gender equity and inspiring action towards a more inclusive society.

### Objectives of the Event:

1. **Promote Gender Inclusion:** To raise awareness about the importance of gender inclusion and encourage the adoption of inclusive practices in both professional and personal settings.
2. **Educate on Legal Rights:** To provide participants with knowledge about the legal aspects of women empowerment, focusing on gender equity and the rights of women under the law.
3. **Inspire Action:** To motivate students and staff to take proactive steps towards achieving gender equity and to foster a culture of respect and equality within the college and beyond.



**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL

AMALA COLLEGE OF NURSING

AMALA NAGAR P.O., THRISSUR-680 555



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The First Nursing College with NAAC A-Grade, the First Cycle (RAF)

Amala Nagar P.O, Thrissur - 680555, Kerala | Ph: 0487 230 4070 (College), 0487 230 7574, 230 4120 (Principal's Office)

amalanursingcollege@amalaims.org | www.amalanursingcollege.org





The celebration began with a **theme presentation** that highlighted the importance of gender inclusion and the progress made in this area. The presentation was well-received, setting a powerful tone for the day's events.

Following the presentation, a **flash mob** was performed by the students of the college, captivating the audience with its energetic and inspiring display. The flash mob creatively conveyed the message of gender equality and the need for inclusive practices in every aspect of life.

The highlight of the celebration was a **Gender Equity Session** held at 2 PM in the Amala Auditorium. The session was led by **Advocate Reena John** and was conducted in collaboration with the KESS organizers. Advocate Reena John, a well-known figure in the field of women empowerment, delivered an enlightening talk on the legal aspects of women's rights. Her session focused primarily on gender equity, providing the audience with valuable insights into the legal frameworks that support and protect women's rights. She emphasized the importance of understanding these laws to empower women and ensure their rightful place in society.

The Women's Day celebration at Amala College of Nursing was a significant event that not only celebrated the achievements of women but also educated and inspired the participants to work towards a more inclusive and equitable world. The collaboration with KESS organizers added depth to the event, making it a memorable and impactful celebration.

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Department of Community  
Health Nursing

In collaboration with

KESS  
Organizes

International  
Women's Day

**8<sup>th</sup> MARCH**

**Theme : " Inspire Inclusion "**

**Programs : 6/03/24**

- **Theme presentation**
- **Flashmob**
- **Session @ 2pm**

**Venue : Auditorium**

**Expert speaker : Adv.Reena John**



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Department of Obstetrical and Gynaecological Nursing  
*in collaboration with*

Amala Institute of Medical Sciences & TOGS  
organizes

# INTERNATIONAL WOMEN'S DAY

8th March 2024

Theme:



#InspireInclusion

FLASHMOB

Date: 07/03/24

Venue: SH Block

@8.30am



*Prof. Dr. Rajee Reghunath*

Prof. Dr. RAJEE REGHUNATH  
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Date: 04/12/2023

## REPORT ON INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

The International Day for the Elimination of Violence against Women is observed globally on 04/12/2023 to raise awareness about the pervasive issue of violence faced by women and girls. In alignment with this cause, a session was organized at Amala College of Nursing, Thrissur by the, Obstetrics and Gynecology Nursing Department to commemorate this important day and shed light on strategies to prevent violence against women and girls. The theme for this year's International Day for the Elimination of Violence against Women was "Unite, Invest, and Prevent: Violence against Women and Girls".

### Objectives:

- **Raise Awareness:** The session aimed to raise awareness about the prevalence and impact of violence against women and girls globally.
- **Promote Prevention:** It sought to promote the importance of investing in prevention strategies to address and eliminate violence against women and girls.
- **Provide Education:** The session aimed to educate participants, particularly 4th-year students, about the various forms of violence against women and the role of healthcare professionals in addressing this issue.

The session took place in Lecture Hall 4 and was conducted from 12:00 PM to 1:00 PM on 04/12/2023. It was attended by 4th-year students of Amala College of Nursing.



  
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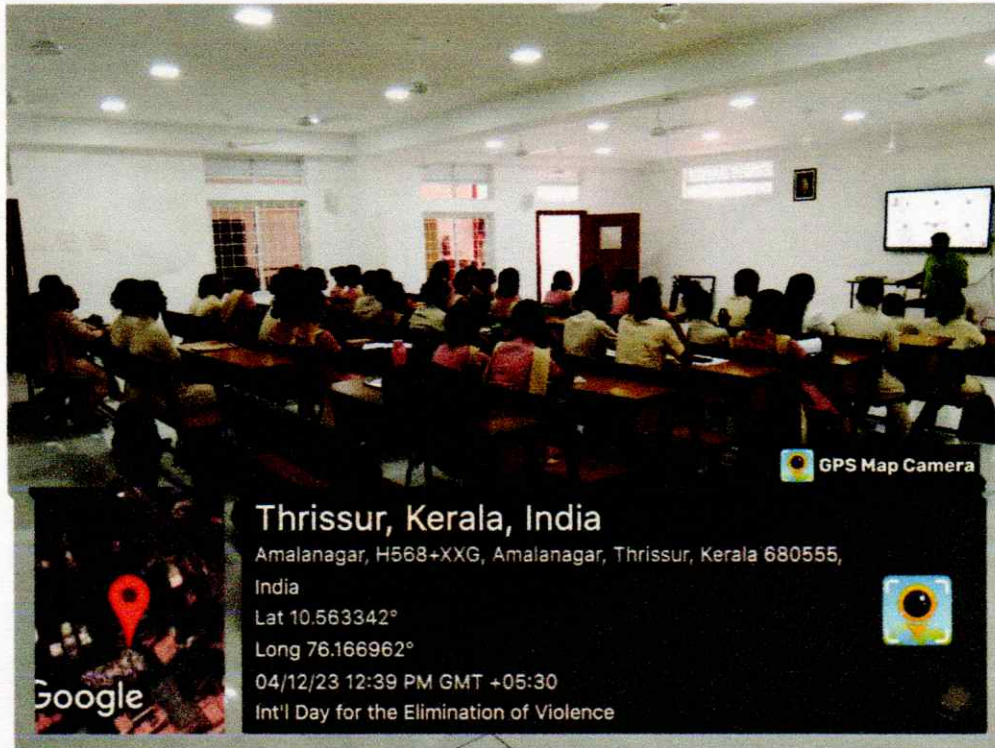
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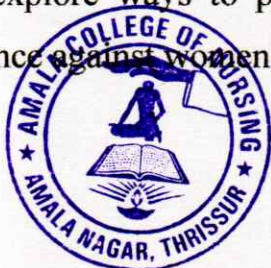
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Dr. (Lt Col) B. Vipin, Senior Resident, served as the resource person for the session. With expertise in the field of obstetrics and gynecology, Dr. Vipin provided valuable insights into the issue of violence against women and girls. It was a comprehensive presentation on the prevalence and impact of violence against women and girls, highlighting the importance of collective action to address this issue.

The session on the International Day for the Elimination of Violence against Women provided a valuable opportunity for students to learn about this critical issue and explore ways to prevent and address violence against women and girls.



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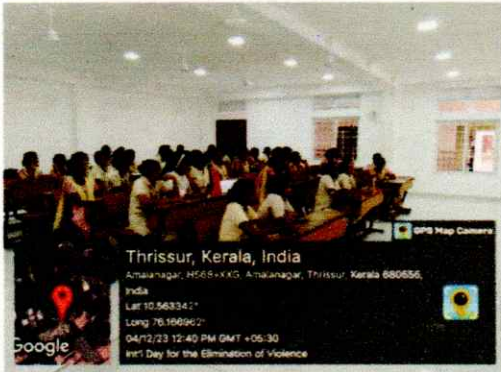
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By raising awareness promoting prevention strategies, and empowering future healthcare professionals, the session contributed to the ongoing efforts to create a safer and more equitable world for women and girls.

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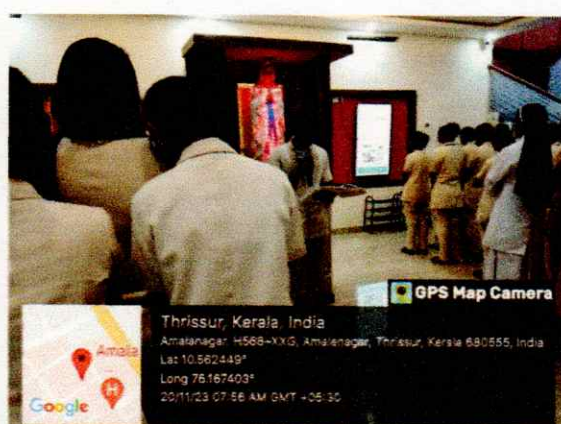
Date: 19.11.2023

## MEN'S DAY

The Men's Day celebration at Amala College of Nursing, Thrissur, on November 19, 2023, was a significant event aimed at recognizing and honoring the contributions of men to society.

### Objectives

- To recognize and appreciate the contributions of men to various aspects of society, including family, community, and professional life.
- To promote gender equality by highlighting the importance of recognizing and valuing the roles and experiences of men alongside those of women.
- To raise awareness about the unique challenges and issues faced by men, including mental health concerns, societal expectations, and stereotypes.
- To create an inclusive environment within the college community where men feel valued, respected, and supported in expressing their thoughts, feelings, and experiences.



The occasion was marked by a theme presentation delivered by fourth semester students during the morning assembly.

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The morning assembly served as a platform for fourth-semester students to deliver a thought-provoking theme presentation on the importance of Men's Day and the role of men in various spheres of life. The presentation highlighted the challenges faced by men in contemporary society, including stereotypes, mental health issues, and societal expectations.

The theme presentation provided valuable insights into the diverse roles and responsibilities shouldered by men, both within the family and in the wider community. Students delved into topics such as gender equality, positive masculinity, and the importance of promoting a supportive environment for men to thrive and fulfill their potential.

The active participation of fourth-semester students in organizing and delivering the theme presentation reflected their commitment to raising awareness and fostering inclusivity within the college community. Their engagement and enthusiasm contributed to the success of the Men's Day celebration.

In conclusion, the Men's Day celebration at Amala College of Nursing, Thrissur, provided a platform for students to reflect on and appreciate the contributions of men to society. Through the theme presentation and awareness campaign, students reaffirmed their commitment to promoting gender equality and fostering a supportive environment for all members of the college community.



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## Department of Obstetrics & Gynaecological Nursing Organizes

### INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

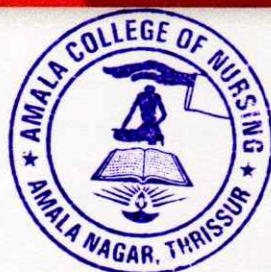
**"UNITE! Invest to prevent violence against  
women and girls"**


Resource Person



**Dr. (Lt Col) B. Vipin**  
MS, F.MAS, D.MAS  
Senior Resident

Date : 04.12.2023  
Time : 12.00 - 1.00 pm  
Venue : Lecture Hall 4



  
**Prof. Dr. RAJEE REGHUNATH**  
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# AMALA COLLEGE OF NURSING, THRISSUR

## Attendance Report - B.Sc. Nursing (2023 Batch)

Name of the Programme/Topic : *Men's Day*

Resource Person :

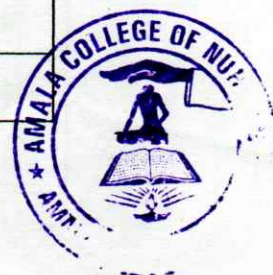
Date :

Time :

*19/11/2023*

*8 AM*

Sl.No.	Name of Student	Signature
1	Adithyan R G	<i>[Signature]</i>
2	Agnal Rose Varghese	<i>[Signature]</i>
3	Akhila George	<i>[Signature]</i>
4	Alna Antony	<i>[Signature]</i>
5	Amal Thankachan	<i>[Signature]</i>
6	Amy Andrews	<i>[Signature]</i>
7	Aneena P Eltho	<i>[Signature]</i>
8	Aneesha Azeez	<i>[Signature]</i>
9	Angel Binoy	<i>[Signature]</i>
10	Angel Devis Velookaran	<i>[Signature]</i>
11	Angel Maria T A	<i>[Signature]</i>
12	Angel Mary P B	<i>[Signature]</i>
13	Angel Pauly	<i>[Signature]</i>
14	Angel Theresa A T	<i>[Signature]</i>
15	Angelina V J	<i>[Signature]</i>
16	Ann Grace Thomas	<i>[Signature]</i>
17	Ann Maria Robert	<i>[Signature]</i>
18	Ann Mary F	<i>[Signature]</i>
19	Anna Eldhose	<i>[Signature]</i>
20	Ansiya C S	<i>[Signature]</i>
21	Ansty Eldhose	<i>[Signature]</i>
22	Archana V K	<i>[Signature]</i>





Sl.No.	Name of Student	Signature
23	Arya K S	Arya
24	Arya S	Arya
25	Aryananda A S	Aryananda
26	Ashly Joshy	Ashly
27	Axa Mariya Sisel	Axa
28	Bisna Joseph C	Bisna
29	Blessine C John	Blessine
30	Changel Denny	Changel
31	Chelsiya Shajesh	Chelsiya
32	Christa Grace Shaju	Christa
33	Ciya Charly	Ciya
34	Clarance Maria J	Clarance
35	Delna Dileep	Delna
36	Delna Sibi	Delna
37	Devika Sanil	Devika
38	Devu S	Devu
39	Dify Maria Davis	Dify
40	Diya Wilson	Diya
41	Donal T D	
42	Elizabeth Thomas	Elizabeth
43	Emily Ebi	Emily
44	Fathima Sherbin	Fathima
45	Hanna Susan Aneesh	Hanna
46	Helen Kalloor	Helen
47	Hudha N M	Hudha
48	Irene Maria K	Irene
49	Irene Rose C B	Irene



Sl.No.	Name of Student	Signature
50	Issa Joshy	
51	Jaithra Joshi	
52	Jesbin Baiju	
53	Jesnal Bijoe	
54	Johana Raju A	
55	Jovitta Joji	
56	Jyothika P	
57	Jyothis Jeeson	
58	Keerthana Lakshmi Shine	
59	Krishna Priya P V	
60	Lekshmi T P	
61	Liya Shaju	
62	Maria Abraham	
63	Mariya Augustine Kappukatt	
64	Mariya Godwin	
65	Mary Teresa M C	
66	Meeval Maria Sebastian	
67	Merin B Michael	
68	Milen Stayobi	
69	Nandana Baby	
70	Nandana Salvin	
71	Naomi Treesa Joseph	
72	Neethu K	
73	Ninza Fathima K A	
74	Nisthula U D	
75	Nivya Devassy	
76	Pooja Diljith	







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Date: 3/11/2023

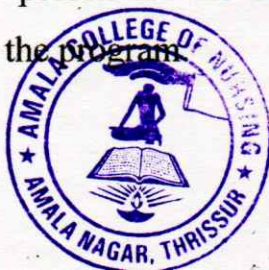
## REPORT ON GENDER EQUITY SENSITIZATION PROGRAM IN THE ERA OF ARTIFICIAL INTELLIGENCE

In acknowledgment of the crucial intersection between gender equity and artificial intelligence (AI), Amala College of Nursing organized a Gender Equity Sensitization Program on 3<sup>rd</sup> November 2023. The session aimed to delve into the paradigm shift facilitated by AI in the pursuit of empowerment, particularly in the context of gender equality.

### Objectives

- To raise awareness among students regarding the implications of AI on gender equity, emphasizing the need to address biases and foster inclusivity.
- To explore how AI technologies can serve as tools for empowerment across genders, especially in fields like healthcare, education, and economic opportunities.
- To encourage critical analyzes of the ethical dimensions of AI development and utilization, particularly concerning gender equity and social justice.
- To equip participants with practical insights and strategies to advocate for gender equity in the development and application of AI technologies.

The session took place in Lecture Hall 2 and targeted 4th-semester students of Amala College of Nursing. It commenced at 3:00 PM and concluded at 4:00 PM. Prof Lakshmi G, IQAC Coordinator of Amala College of Nursing, served as the resource person for the session. Her expertise and leadership added significant value to the program.



Prof. Dr. RAJEE REGHUNATH  
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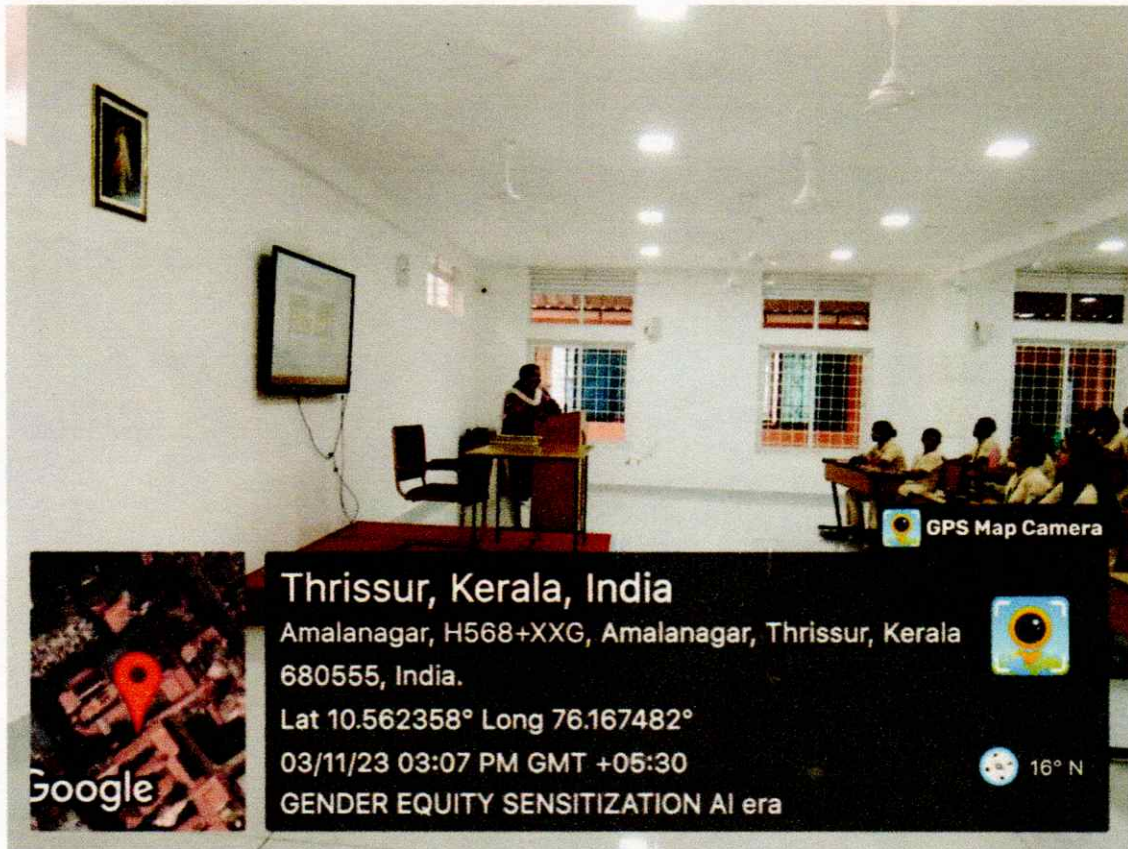
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Prof Lakshmi G delivered a comprehensive keynote address, providing an overview of the intricate relationship between AI and gender equity. She elucidated on the transformative potential of AI in reshaping societal norms and promoting inclusivity. An interactive session allowed students to engage directly with the resource person and panelists, facilitating the exchange of ideas and insights on gender equity in the AI era.



*Lg*  
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The Gender Equity Sensitization Program in the Era of Artificial Intelligence at Amala College of Nursing served as a catalyst for fostering awareness, empowerment, and critical engagement regarding gender equity in the AI era. Through insightful discussions, practical insights, and collaborative dialogue, the program laid the groundwork for a more inclusive and equitable future in the realm of artificial intelligence.



*[Handwritten signature]*

DR. SURESH K. S. PRINCIPAL  
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## GENDER EQUITY SENSITIZATION PROGRAM

Gender equity in the Artificial Intelligence era -

Exploring the paradigm shift -

Artificial Intelligence for empowerment

Expert Speaker



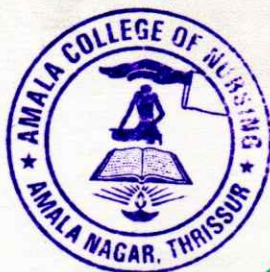
MRS. LAKSHMI G  
PROFESSOR  
AMALA COLLEGE OF NURSING  
THRIVANANTHAPURAM

THURSDAY

03 NOVEMBER 2023

TIME : 3.00 PM TO 4.00 PM

VENUE : LECTURE HALL II



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