



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2023-2024)



### CRITERION 7– Institutional Values and Best Practices

#### Key Indicator 7.1–Institutional Values and Social Responsibilities

**Metric No. 7.1.8 - Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socio economic and other diversities.**

SUBMITTED TO



**National Assessment and Accreditation Council**





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Criteria 7.1.8

**CULTURAL  
ACTIVITIES**





# Amala

COLLEGE OF NURSING




## Community Health Nursing Department organises


### TRITIONAL PROGRAMME : രൂപികലവ

#### Programmes:

- Prayer
- Welcome speech-Ms Ansal(5th sem.stud)
- Inauguration -Mrs.Sheena wilson  
(Panchayat member)
- Felicitation -Mrs.Lissy P P  
(Anganvady teacher)
- Health awareness programme
- Vote of thanks -Ms. Emil (5th sem stud)

 -15/05/2024

 :2:00 pm

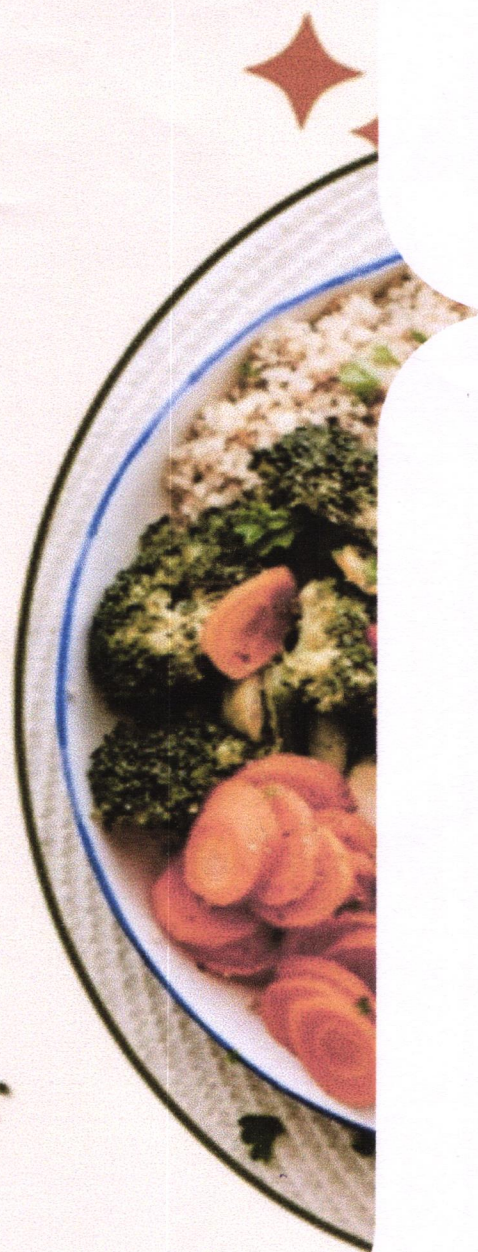
 -Harisree Nagar

Anganvady, Tholur



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





## NUTRITIONAL DAY PROGRAM "RUCHYKALAVARA" REPORT

**Date:** May 15, 2024

**Time:** 2:00 PM

**Venue:** Amala College of Nursing

### Objective:

The main objective of the program was to promote awareness about healthy dietary practices and to emphasize the importance of maintaining a good dietary lifestyle for overall health and well-being.

The "Ruchykalavara" program organized by Amala College of Nursing saw enthusiastic participation from students and community members. Various activities were conducted as part of the program to educate and engage participants in healthy dietary practices. Students delivered speeches highlighting the significance of nutrition in maintaining good health and preventing diseases. Demonstrations of healthy cooking methods and nutritious recipes were



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showcased to encourage the adoption of healthy eating habits. Participants had the opportunity to ask questions and clarify doubts regarding nutrition and dietary management. The program received overwhelming participation from the community, indicating a strong interest in learning about nutrition and dietary practices. Participants gained valuable knowledge and insights into maintaining a balanced diet and making healthier food choices. Many doubts and misconceptions regarding nutrition were addressed and clarified, contributing to better awareness and understanding among the attendees. The program successfully conveyed the message of the importance of adopting a healthy dietary lifestyle for overall well-being and disease prevention.

### **Conclusion:**

The "Ruchikalavara" program organized by Amala College of Nursing was a resounding success, achieving its objective of promoting awareness about healthy dietary practices. The active participation and positive feedback from participants reflect the effectiveness of the program in imparting valuable knowledge and encouraging healthy lifestyle choices.



*Rajee*  
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DIN DIL KHIL JATE HAI

**HAPPY**

**HOLI**

May this Holi bring happiness and joy in  
your life.

Time : 3PM

Date : 23/03/2024

Place : Amala Ground



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The First Nursing College with NAAC A-Grade in the First Cycle (RAF)

Amala Nagar P.O, Thrissur - 680 555, Kerala. Ph: 0487 230 4070 (College), 0487 230 7574, 230 4120 (Principal's Office)

amalanursingcollege@amalaims.org, www.amalanursingcollege.org



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## HOLI CELEBRATION

**Date:** March 23, 2024

**Time:** 3:00 PM

**Venue:** Amala Nursing College Ground, Thrissur

### Objectives

- Cultural Appreciation and Awareness
- Strengthening Traditions and Values
- Promoting Joy and Relaxation

On March 23, 2024, Amala College of Nursing organized a vibrant Holi celebration for its students. The event aimed to foster camaraderie, cultural exchange, and festive joy among the college community. With active participation from both staff and students, the event promised to



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be a memorable and enjoyable occasion. The college ground was transformed into a colourful and lively space, with decorations and music creating a festive ambience. Students and staff arrived dressed in traditional attire, ready to partake in the joyful celebration. Following the rituals, the main highlight of the event was the colorful play of Holi. Students and staff joyfully smeared each other with vibrant gulal (coloured powder), spreading laughter and cheer. The air was filled with shouts of "Happy Holi" as participants embraced the spirit of the festival. The celebration featured lively cultural performances, including dance and music, showcasing the diverse talents of students and staff. Traditional Holi songs added to the festive atmosphere, encouraging everyone to join in the celebrations wholeheartedly.

To complement the festive mood, delicious snacks and refreshments were served, allowing participants to replenish their energy and continue enjoying the festivities. The Holi celebration witnessed enthusiastic participation from all staff and students of Amala College of Nursing. Their active involvement and spirited participation contributed to the success of the event, fostering a sense of community and togetherness.



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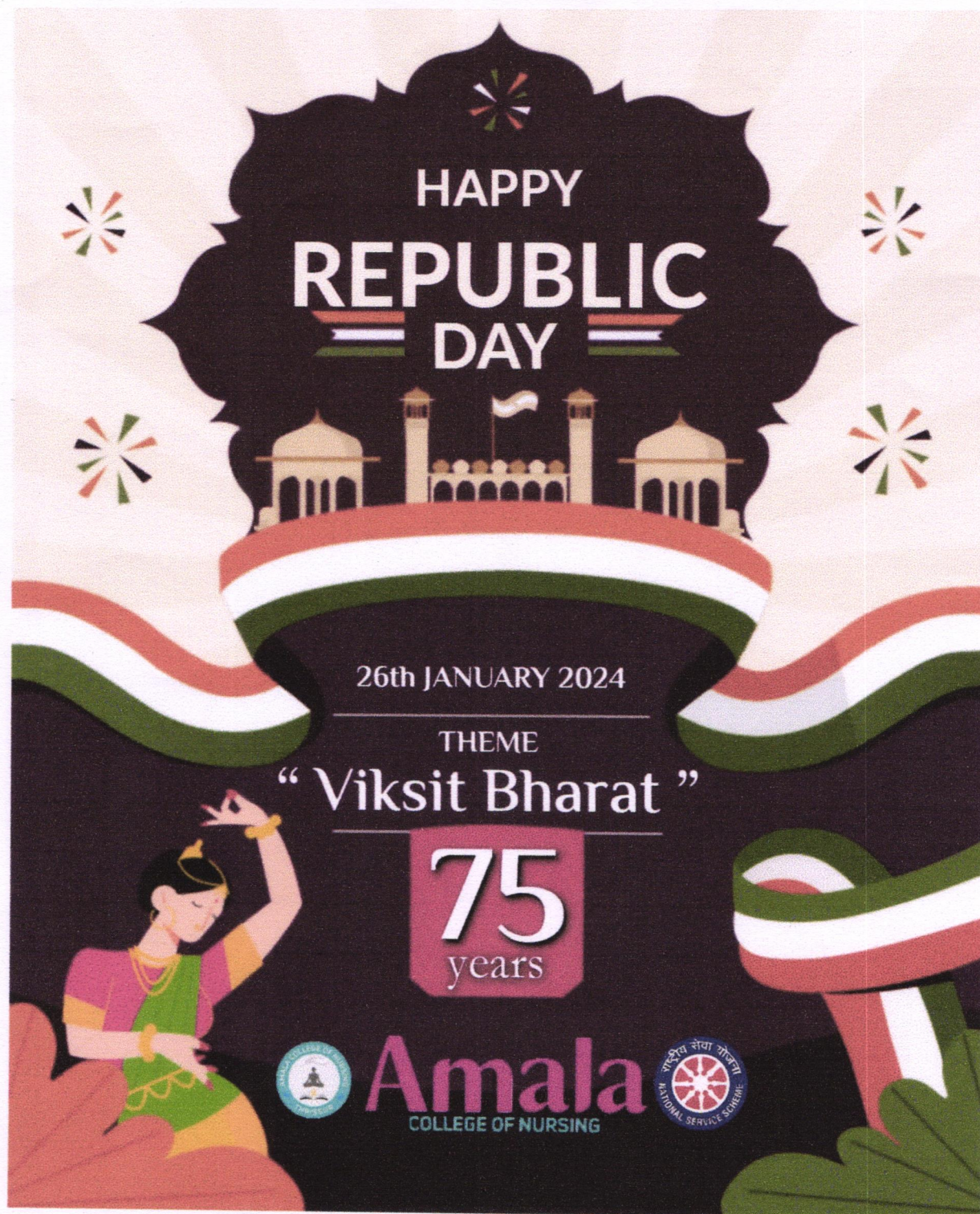
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Date: 26.01.2024

## REPUBLIC DAY OF INDIA

The 75<sup>th</sup> Republic Day celebration at Amala College of Nursing, Thrissur, on January 26, 2024, marked a significant occasion of patriotism and national pride. The event commenced at 6:45 AM with a flag hoisting ceremony, symbolizing the unity and sovereignty of the nation.

### Objectives

- To instill a sense of patriotism and national pride among college students
- To educate students about the historical significance of Republic Day, including the drafting and adoption of the Indian Constitution, and the values enshrined in it.
- To provide opportunities for students to take on leadership roles in organizing and participating in Republic Day celebrations

The highlight of the Republic Day celebration was the solemn flag hoisting ceremony, which was conducted with great reverence and respect. The Indian national flag was unfurled by the esteemed Director of Amala Institute of Medical Sciences, Thrissur, Rev Fr Julious Arrackal CMI amidst the stirring strains of the national anthem in front of the Chavara Block.



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Students of Amala College of Nursing actively participated in the Republic Day celebration, demonstrating their deep-rooted reverence for the nation and its democratic ideals. Their enthusiastic presence added fervor and vibrancy to the event, underscoring their commitment to upholding the values enshrined in the Constitution.



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In conclusion, the Republic Day celebration at Amala College of Nursing, Thrissur, was a poignant reminder of the enduring spirit of democracy and unity that defines the Indian nation.. It served as a moment of collective pride and inspiration, motivating all present to contribute towards the continued growth and prosperity of the country.



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DATE: 19.12.2023

## FRESHERS DAY CELEBRATION

On December 19, 2023, Amala College of Nursing hosted Freshers Day with much zeal and energy. The "Novato Fiesta" event served as a showcase for the talent and lively spirit that the college's student body possesses.

### Objectives

- To welcome the new batch of students
- To foster connections among new students and between freshers and senior students
- To introduce college culture
- To offer a platform for students to showcase their talents

Renowned dignitaries graced the occasion, and a wide range of student acts showing their unique abilities were on display. The director of the Amala Institute of Medical Sciences, Rev. Fr. Julious Arakkal CMI, presided over the program's launch ceremony. To celebrate the occasion, Professor Dr. Rajee Reghunath,

Principal of Amala College of Nursing, and Rev. Fr. Antony Mannumal CMI, Joint Director of Amala Institute of Medical Sciences, were also in attendance. Students performed a range of acts, including skits, dances, songs, and other artistic mediums, taking center stage. Throughout the event, their passion and commitment captured the



Thrissur, KL, India

SH 69, Thrissur, Thrissur, 680555, KL, India

Lat 10.562768, Long 76.167645

12/19/2023 03:20 PM GMT+05:30

Note : Captured by GPS Map Camera



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audience's attention and fostered a joyful and celebratory mood. The pupils' artistic abilities were on display, but their performances also demonstrated their teamwork and friendship. The occasion gave the newcomers a stage on which to showcase their abilities and inventiveness, promoting a feeling of solidarity and connection within the student body.



The program as a whole received praise for its planning, the variety of performances, and the students' engaged involvement; these kinds of occasions are essential for developing the skills of the children and creating a sense of community and pride in them. Events like Novato Fiesta serve as rays of hope and celebration as the college carries on its legacy of academic success and overall development.

*Lgn*



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DECEMBER  
18

Amala

"ALOHA"

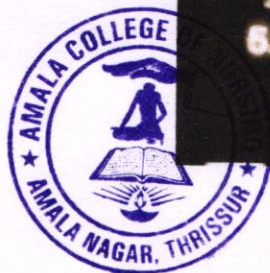
COLLEGE DAY - 2K23

MUSICAL EVE

STARTS AT 6.30PM

LET'S HAVE A BLAST

VENUE: AMALA AUDITORIUM



PROF. DR. RAJEE REGHUNATH  
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## COLLEGE DAY 2023-Aloha-Musical Night

**Date:** 18th December 2023

**Time:** Official Function - 6:30 PM onwards; Musical Night Programme - 8:30 PM

**Venue:** Amala auditorium

The Amala College of Nursing organized a spectacular musical night event called "Aloha" on December 18, 2023. The main event began at 8:30 PM, after an official function at 6:30 PM. It was an evening to remember because of the distinguished guests and faculty members who graced the occasion.



The director of Amala College of Nursing, Rev. Fr. Julious Arakkal CMI, gave the inauguration speech at 6:30 PM to kick off the formal event. A spirit of excitement and expectation for the evening ahead was created by his wise words. After that, Prof. Dr. Rajee Reghunath, Principal of Amala College of Nursing, and Rev. Fr. Antony Mannumal CMI,



*[Signature]*

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Associate Director of Amala Institute of Medical Sciences, offered their congratulations, bringing warmth and encouragement to the gathering. After the formalities were over, the eagerly awaited musical night program, "Aloha," got underway at 8:30 PM.

The audience was captivated by the delightful blend of music, dance, and entertainment throughout the entire event. The participants, who were demonstrated their abilities with a range of musical performances, from solo pieces to ensemble pieces. There was music for everyone in the repertoire, which featured a diverse range of genres from classic tunes to modern hits. Students enthusiastically cheered and applauded each performance, creating a lively and energetic atmosphere. The event was made even more successful by the organizers' and performers' flawless coordination and professionalism.

There was thunderous cheering when "Aloha," the musical night program, began. For the students, it offered a much-needed chance to relax and take some time off from their studies. It also demonstrated the active cultural life and strong sense of community at Amala College of Nursin.

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Date: 01/11/2023

## KERALA PIRAVI – QUIZ COMPETITION

The Literary Club of Amala College of Nursing organized a quiz competition on November 1st to celebrate "Kerala Piravi," marking the birth of the state of Kerala. The event aimed to foster awareness of current affairs related to Kerala among the students.

The competition commenced at 1:00 PM, with enthusiastic participation from students across different batches. Each batch was represented by a team comprising three members. The atmosphere was charged with anticipation as participants geared up to showcase their knowledge about the state.



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**LITERARY CLUB CONDUCTS**

# **കേരളപ്പൊതു Quiz Competition**

**1ST NOV | AT 1 PM**

**TOPIC**

History and Current Affairs on KERALA

**CRITERIA**

One team from each batch with 3 members.



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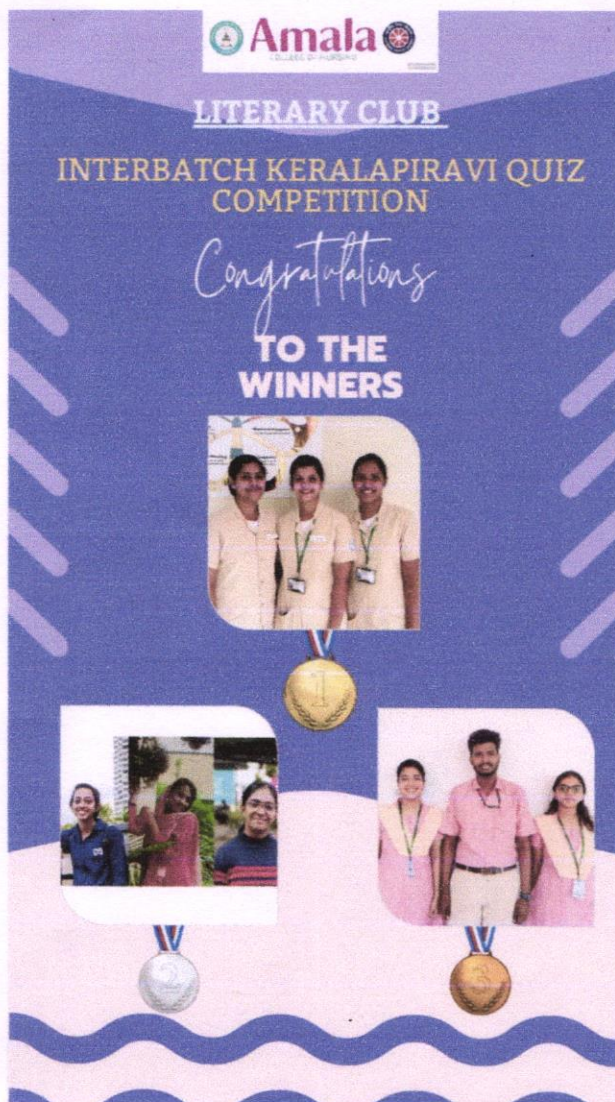
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After several rounds of intense competition, the winners emerged triumphant. The 3rd-year students clinched the first position, demonstrating their depth of understanding and quick thinking. The 1st-semester students secured the second position and the 3rd-semester students claimed the third position.

The event concluded on a high note, with participants expressing their appreciation for the opportunity to test their knowledge and celebrate the rich heritage of Kerala. The Literary Club received accolades for organizing a stimulating and insightful competition that not only entertained but also educated the participants about the

state's vibrant landscape.

Overall, the quiz competition proved to be a resounding success, uniting students in celebration of Kerala Piravi while promoting awareness of current affairs. Such initiatives play a vital role in fostering a spirit of intellectual curiosity and civic engagement among the student community.



  
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MrsLovna Grace Paul, the quiz master, skillfully navigated through a series of questions encompassing various aspects of Kerala's current affairs. The questions ranged from politics and culture to economy and social issues, providing a comprehensive overview of the state's recent developments.



*hpa*  
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Criteria 7.1.8

LINGUISTIC  
ACTIVITIES

*Your Masterpieces  
Await the Spotlight!*

# JOIN THE PHOTO & PAINTING EXHIBITION



## Amala NATIONAL BOOK FESTIVAL 2024

2024 FEBRUARY 15,16,17  
@ AMALA AUDITORIUM

**AMALA STAFF  
STUDENTS &  
FAMILY MEMBERS  
can participate**

FOR DETAILS AND REGISTRATION, CONTACT :

MR. JICCO : 9961 265 800

MR. DAVIS : 9400 414 295

MR. BORJIO : 8156 815 363

DR. FRANCIS: 9496 839 409

email: [librarian@amalaims.org](mailto:librarian@amalaims.org)


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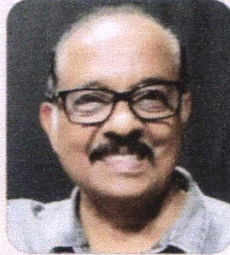
  
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**Dr. D. Sheela**  
Former Vaidyaratnam  
Ayurveda College Principal  
Writer, Actress, Artist



**Dr. K. G. Viswanathan**  
Former Principal  
Vaidyaratnam Ayurveda College.  
Orator, Writer, Actor



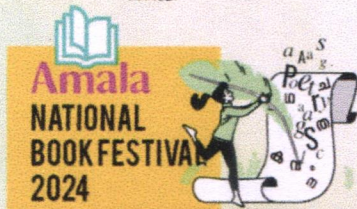
**Ms. Sanitha Razac**  
**Parattu**  
Writer



**Mr. Vinod**  
**Kandemkavil**  
Writer



**Ms. Sreeja Raman**  
Bilingual Writer  
and Translator



ഭാഷയുടെ താളവും ഒത്തുചേരലും നിറഞ്ഞ  
കഥകളുടെ നാൾവഴികളിലൂടെ  
കഥാകൃത്തുക്കൾക്കൊപ്പം ഒരു സഞ്ചാരം...  
**ഏവർക്കും സ്വാഗതം!**

February 16, 2024 | 11.00 am – 12.30 pm

REDEFINING CARE EVERYDAY IN EVERY WAY  
[www.amalaims.org](http://www.amalaims.org)  
FOR APPOINTMENTS: **0487 230 4000**

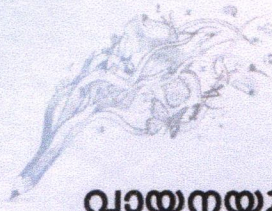


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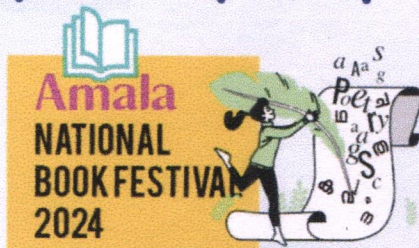


## വായനയുടെ മാധുര്യം ചിത്രങ്ങളുടെ സല്ലാപത്തിലൂടെ



അമല ദേശീയ പുസ്തകോത്സവം 2024-ന്  
ശോഭയേകാൻ പ്രശസ്ത കാർട്ടൂണിസ്റ്റും  
ക്യാരികേച്ചറിസ്റ്റും ആയ  
കെ. ബി മധുസൂദനൻ  
അമലയിൽ എത്തുന്നു.

പുസ്തകങ്ങളുടെയും ചിത്രങ്ങളുടെയും ലോകത്തേക്ക്  
ഏവർക്കും സ്വാഗതം!



February 16, 2024 | 2.00 pm – 4.00 pm

Caricature Presentation & Live Demo Class

**കാർട്ടൂൺ വർക്ക്ഷോപ്പ്**  
കാർട്ടൂൺ വരയ്ക്കാൻ പഠിക്കാം.

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*Signature*







## WORLD BOOK DAY CELEBRATION

**Date: 23/04/2024**

The World Book Day 2024 celebration at Amala College of Nursing (ACON) was a vibrant event held at Amala Boulevard on the 23rd of April, from 3:00 PM to 4:00 PM. The event aimed to foster a love for reading and promote the importance of books in education and personal development.

### Objectives

1. Promote Reading Culture
2. Highlight the Role of Libraries
3. Encourage Intellectual Engagement
4. Foster Community and Collaboration

The programme began with a soulful rendition of the Amala Anthem, setting a reflective tone for the occasion. Gladis George C., Librarian of ACON, delivered the welcome speech, warmly greeting the attendees and emphasizing the significance of World Book Day in enriching the academic and cultural environment of the college.



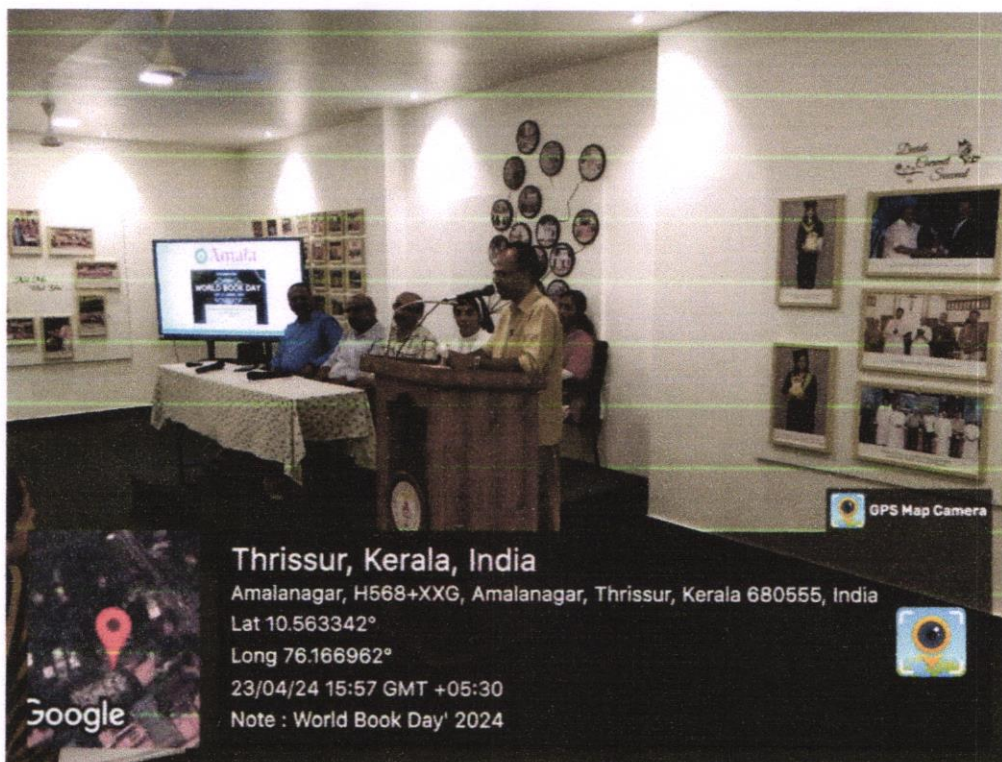
The presidential address was given by Prof. Dr. Rajee Reghunath, Principal of ACON, who highlighted the vital role that books play in shaping the minds of future healthcare professionals. Dr. Rajee's address was followed by the inauguration of the event by Mr. Wels

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PJ, the Chief Librarian at Government Medical College, Thrissur, who spoke about the transformative power of books and the importance of nurturing a reading habit.




The event continued with felicitations from several esteemed guests:

1. **Prof. Sr. Litha Lizbeth**, Vice Principal, ACON, who spoke on the impact of reading on character development.
2. **Prof. Dr. A.T. Francis**, Professor & Chief Librarian at Amala Institute of Medical Sciences, who shared insights on the evolution of medical literature and its significance in modern healthcare.
3. **Mrs. Linda Varghese**, In-Charge of the Journal Club, who encouraged students to engage with academic journals and other scholarly resources.
4. **Miss Ann Maria Dominic**, Secretary of the Literary Club, who inspired her peers to explore the world through books.

One of the highlights of the event was the "Library Experience Sharing" segment, where students shared their personal experiences and the impact the library had on their academic journeys:



  
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1. **Mr. Santo P.T.** (2022 Batch) spoke about how the library helped him stay updated with the latest medical research.
2. **Miss Aleena Shaji** (2020 Batch) shared how she discovered her passion for reading through the diverse collection of books available.
3. **Miss Ayana Baby** (2021 Batch) discussed the role the library played in enhancing her research skills and academic performance.

The event concluded with a heartfelt vote of thanks by Mr. Davis K.O., Deputy Librarian at ACON, who expressed gratitude to all the speakers, participants, and organizers for making the event a success.

The World Book Day celebration at ACON was a reminder of the timeless value of books and their power to educate, inspire, and transform lives.

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No.AIMS/LIB/2024/2

Dated: 14.02.2024

From

The Professor & Chief Librarian  
Dept. of Library & Research Documentation  
Amala Institute of Medical Sciences

To

1. Principal  
Amala Institute of Medical Sciences, Thrissur
2. Principal  
Amala College of Nursing, Thrissur
3. Principal  
Amala School of Nursing, Thrissur
4. Principal  
Amala Paramedical Courses, Thrissur

Dear Sir/Madam,

**Sub: Suggesting Books to the Library – Request – Reg:**

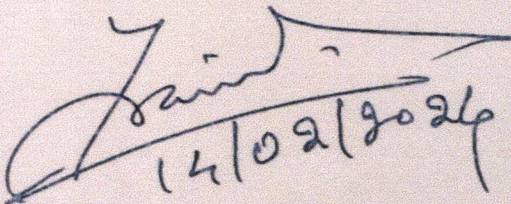
Amala Institute of Medical Sciences, Amala Nagar, Thrissur is organizing a three day Amala National Book Festival on 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> February 2024 from 10 am to 8 pm at Amala Auditorium.

In this connection, we are inviting the Faculty, Staff, and students of the Amala Family to recommend books for purchase to the libraries of our Colleges.

A notebook will be available with each Distributor for entering their suggestions.

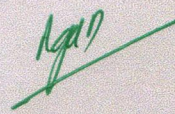
Please write details like Title, Author, Edition, and Year of the books with the Name of the student/Staff, Batch/Department and Signature. Expecting your whole hearted cooperation.

Thank You



14/02/2024

(DR. A.T. FRANCIS)  
Professor & Chief Librarian



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(Certificate No. 18-16/2893-INC)

Date :18/02/2024

## AMALA BOOK FESTIVAL 2024

The Amala National Book Festival unfolded as a vibrant three-day program from the 15th to the 17th of February 2024, held in the prestigious auditorium of Amala Institute of Medical Sciences. This festival served as a celebration of literature, creativity, and intellectual exchange.

### Objectives

**Promoting Reading Culture:** Book festivals encourage students to explore literature beyond their academic curriculum, fostering a habit of reading for pleasure and personal enrichment.

**Intellectual Stimulation:** By exposing students to a diverse range of literary works, book festivals stimulate intellectual curiosity and critical thinking skills, encouraging students to engage with complex ideas and perspectives.

**Cultural Enrichment:** Book festivals often showcase literature from various cultures and regions, promoting cultural diversity and fostering appreciation for different literary traditions.

### Day 1 Highlights:

The inaugural day witnessed a plethora of enriching events:

- **Inauguration:** Kerala Sahitya Akademi President, K. Satchidanandan, inaugurated the three-day National Book Festival, setting the stage for an intellectually stimulating event.



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- **Book Releases:** Notable literary works were unveiled, including Dr. PS Ramani's novel 'Pinillekkozhukunna Puzha,' 'A Poet's Fallacies' by medical student Akhila Nandan, and the launch of 'Amala Health Magazine.'
- **Award Presentation:** Puranattukara Kendriya Vidyalaya High School was honored with the award for the best school library, recognizing their efforts in promoting reading culture among students.
- **Distinguished Speakers:** Esteemed personalities including Amala Director Fr. Julius Arakkal, Fr. Anthony Perinchery, Fr. Anthony Mannummal, Dr. Betsy Thomas, Dr. Rajee Raghunath, Dr. MC Savitri, Sister Mini, Dr. V. Ramankutty, Wells P.J, Smriti Tilak, Alina GG, Agna KL, Srilekha, Dr. A.T. Francis, Borgio Luis, Giko Kodankandath, and P.R.O. Joseph Varghese delivered insightful speeches, enriching the gathering with their knowledge and wisdom.
- **Exhibition:** An exhibition featuring paintings by staff members added an artistic flair to the event. Additionally, sixteen book stalls offered a diverse selection of literary works, catering to the varied interests of attendees.



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## Day 2 Highlights:

**Dialogue Session:** P.V. Krishnan Nayar inaugurated a dialogue session focusing on 'Artificial Intelligence in Literature.' Dr. Harikrishnan and Dr. Betsy Thomas, along with other distinguished speakers, engaged in stimulating discussions, exploring the intersection of creativity and literature.



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## Day 3 Highlights:

**Valedictory Session:** The final day culminated in a valedictory session, marked by the publication of the digital magazine 'Vaikhari' under the leadership of renowned lyricist B.K. Harinarayanan. Prizes were distributed to winners of various cultural competitions, further enhancing the spirit of literary excellence.

**Distinguished Speakers:** Amala Director Fr. Julius Arrackal CMI, Joint Directors Fr. Shibu Puthanpuraykal, Fr. Deljo Puthoor, Fr. Antony Mannummal, Fr. Benjamin O.I.C., Manager Bethani English Medium School, Chief Librarian Dr. A.T. Francis, and Jikko Kodungallur delivered inspiring speeches, concluding the festival on a high note.

*Regu*

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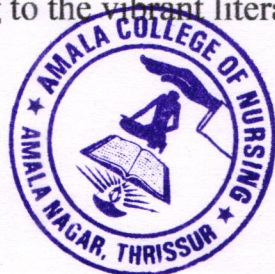
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## Other Literary Events:

The festival also featured a variety of engaging literary events:

- *Painting Exhibit:* An exhibition showcasing paintings by talented individuals added an artistic dimension to the festival, allowing attendees to appreciate visual creativity alongside literary works.
- *Poetry Competitions:* Poetry enthusiasts had the opportunity to showcase their talent through poetry competitions, where participants could express themselves through verse and imagery.
- *Short Story Competitions:* Short story competitions provided a platform for budding writers to showcase their storytelling skills and creativity, contributing to the vibrant literary atmosphere of the festival.



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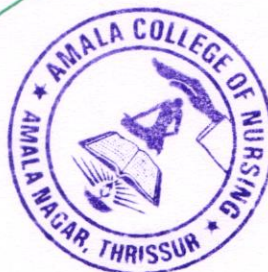
The Amala National Book Festival emerged as a resounding success, fostering a culture of literary appreciation and intellectual discourse. Through book releases, dialogue sessions, exhibitions, and cultural competitions, the festival celebrated the richness of literature while providing a platform for learning and engagement. The active participation of Amala College students in various literary events underscored their enthusiasm and talent, contributing to the festival's success.

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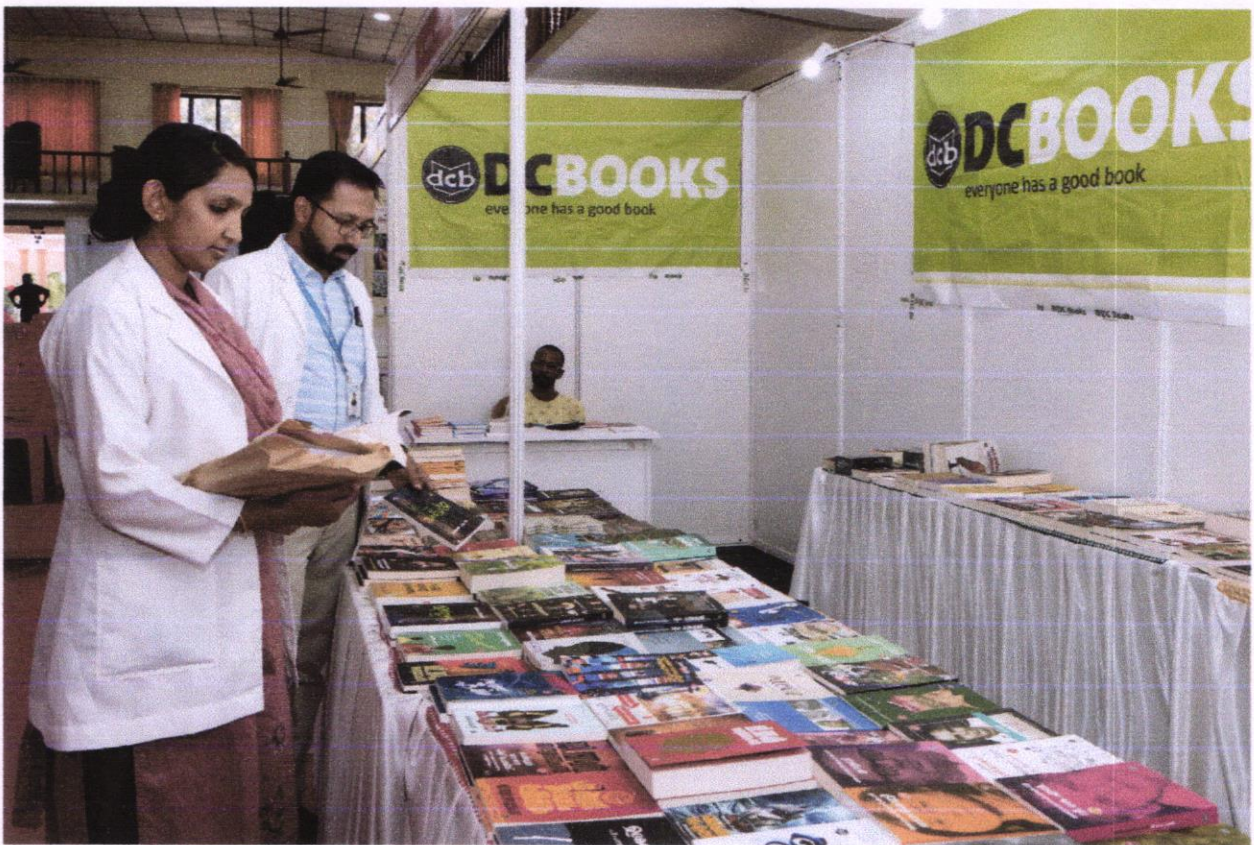
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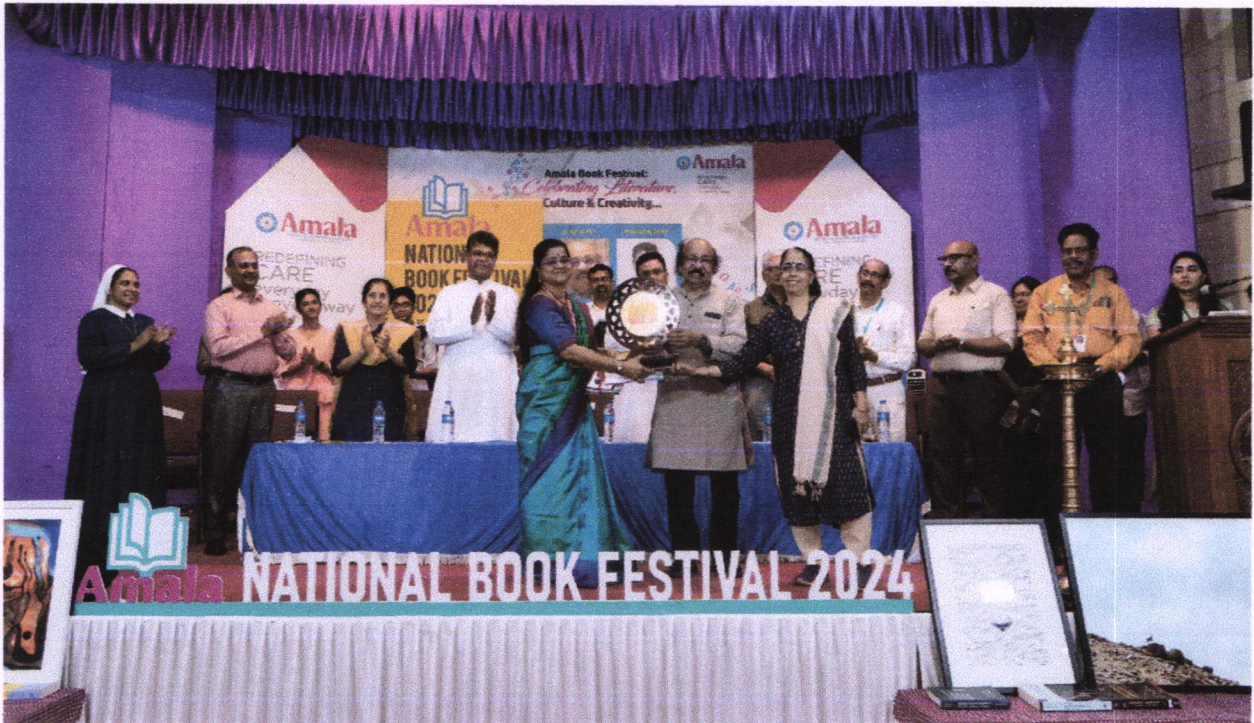
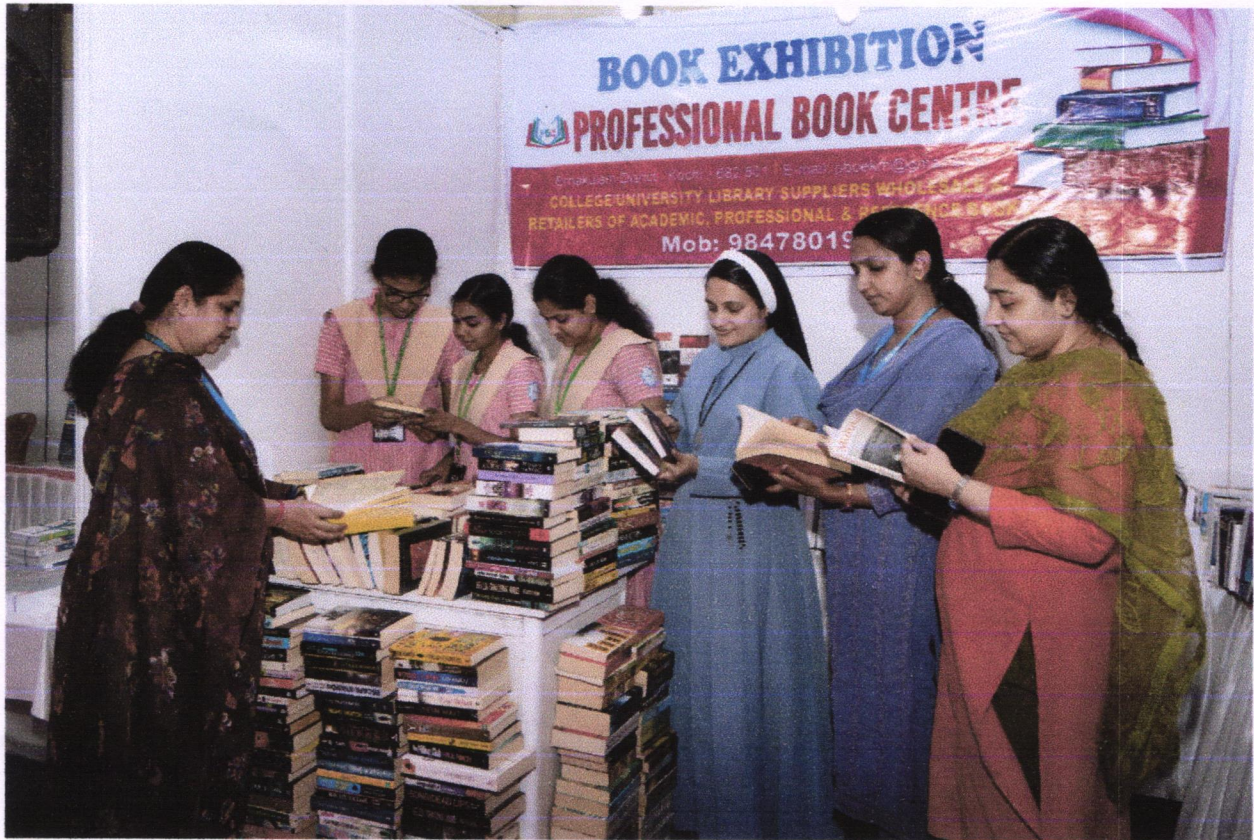




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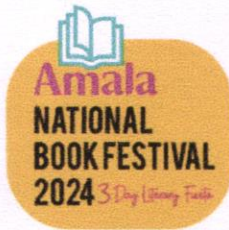




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1<sup>st</sup> Prize  
Malayalam  
Poetry Writing



2<sup>nd</sup> Prize  
Malayalam  
Poetry Writing



3<sup>rd</sup> Prize  
Malayalam  
Poetry Writing



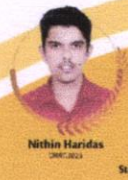
1<sup>st</sup> Prize  
Malayalam  
Short Story Writing



2<sup>nd</sup> Prize  
Malayalam  
Short Story Writing



3<sup>rd</sup> Prize  
Malayalam  
Short Story Writing



1<sup>st</sup> Prize  
English  
Story Writing



2<sup>nd</sup> Prize  
English  
Story Writing



3<sup>rd</sup> Prize  
English  
Story Writing



1<sup>st</sup> Prize  
English  
Poetry Writing



2<sup>nd</sup> Prize  
English  
Poetry Writing



3<sup>rd</sup> Prize  
English  
Poetry Writing



1<sup>st</sup> Prize  
English  
Poetry Writing



2<sup>nd</sup> Prize  
English  
Poetry Writing



3<sup>rd</sup> Prize  
English  
Poetry Writing



1<sup>st</sup> Prize  
Digital  
Magazine Naming

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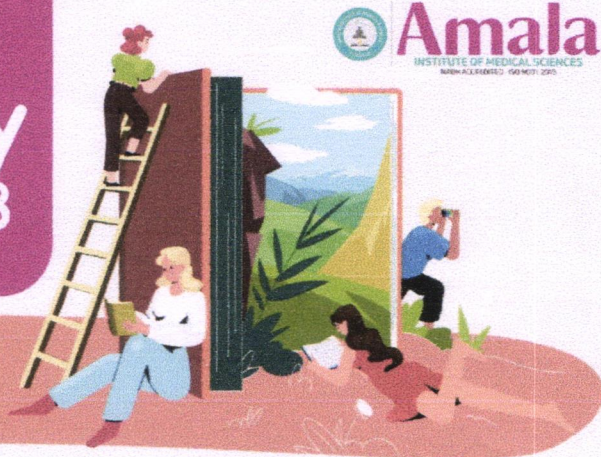
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## Reading Day Celebration 2023



### INVITATION

The Padma Bhushan Rev.Fr.Gabriel Chiramel CMI Memorial Central Library and Amala College of Nursing Library are jointly Celebrating Reading Day 2023.  
We are cordially invited all of our Faculty Members, Doctors, Staff and Students to this event.  
We look forward for your participation to make this event a grand success.

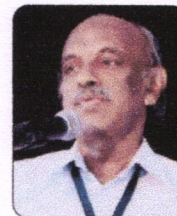
On 16th June (Friday) 2023,  
at 3.00 - 4.00 pm  
in St.Joseph Hall (St. Joseph Library Block)



Presidential Address  
**Fr. Julious Arakkal, CMI**  
Director, AIMS



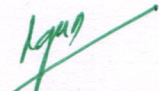
Inauguration  
**Sri. Alankode Leelakrishnan**  
Writer & Poet



Seminar  
**Mr. C Abdul Razak**  
Former University Librarian, Kerala Agricultural University  
Topic: "Reading for Health & Life"

Principal  
Dr. Betsy Thomas, Principal, AIMS

Principal  
Dr. Ragee Reghunath, Principal, ACON

  
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## Amala

COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE



**Aksharamuttam(literary club)**  
organizes.....

## READING WEEK 2023

"A BOOK CAN WAIT A THOUSAND YEARS UNREAD  
UNTIL THE RIGHT READER HAPPENS TO COME ALONG"

### Events organized

**19/06/2023**

- Theme presentation
- Story writing competition  
(English , malayalam)

**20/06/2023**

- Reading Competition  
(malayalam)

**22/06/2023**

- Minute to win (extempore)
- Caption writing



*Kgna*

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## READING WEEK CELEBRATION



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC (A GRADE)

## QUIZ COMPETITION

3 students from each batch can participate

DATE: 09.06.2023

TIME : 2.00 PM TO 3.00 PM

VENUE : EXAMINATION HALL



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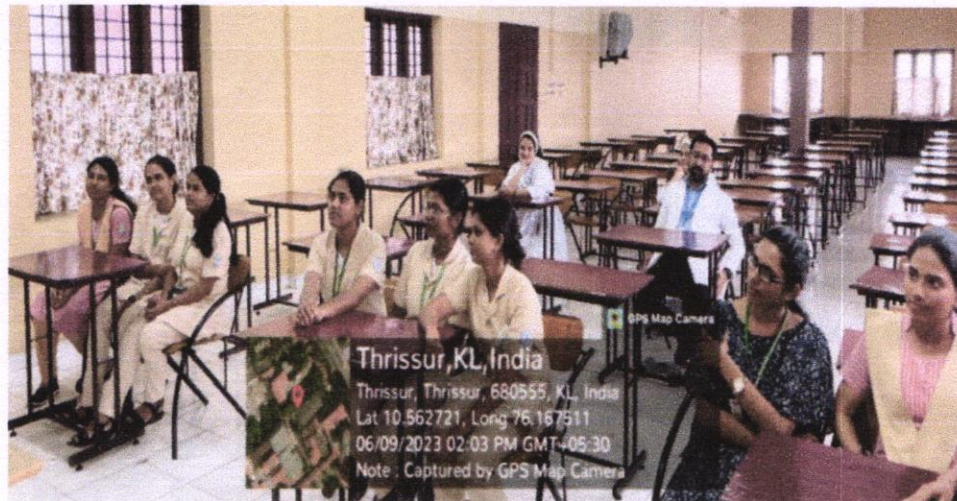
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## NATIONAL READING DAY

Every year the nation observes the National Reading Day on 19th June to mark the death anniversary of P N Panicker. A revolutionary in the world of education. Amala College of Nursing celebrated the National Reading Day on 16th June 2023.

The following week from 19/6/2023 to 22/6/2023 was celebrated as the



reading week. The reading day was celebrated on 16th June 2023 from 3 pm to 4 pm in St. Joseph Hall, Library block. The program was felicitated by Rev. Fr. Julious Arakkal CMI, Director of Amala Institute of Medical Sciences.

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The inauguration was done by Shri Alankode Leelakrishnan a well known poet and writer. As part of this day a quiz competition was also conducted. The winners of the competition were rewarded with the prizes.

The following week was observed as the *Vayana Varam* or the reading week. Various literary events like story writing competition, reading competition and extempore were organized for the students. The students were given space to share a list of their suggested readings in the college notice board.

  
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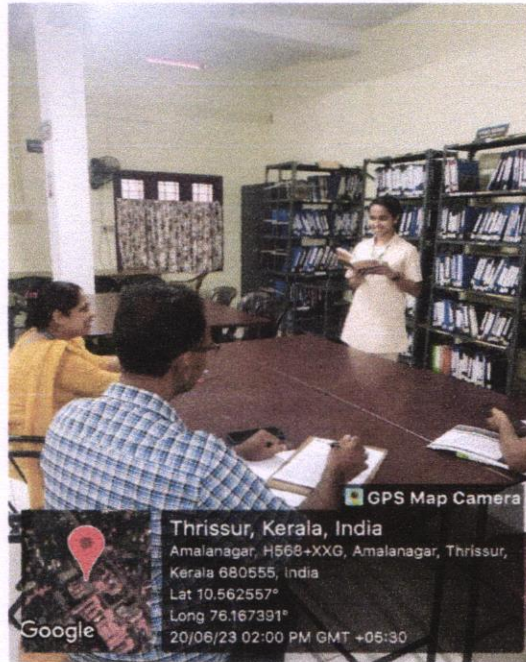
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The reading week celebration was a enlightening activity for the students which made them understand the importance of inculcating reading habits . All students enthusiastically participated in the celebrations.

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# COMMUNITY OUT REACH ACTIVITIES





**3.4.1: Total number of extension and outreach activities carried out in collaboration with national and international agencies, industry, community, government and non-government organizations engaging NSS / NCC / RED CROSS / YRC / institutional clubs etc. during Jan 2023-May 2024.**

Year	sl. No	Name of the activity	Organizing unit/ agency/ collaborating agency	Number of students participated in such activities	Number of teachers participated in such activities
2024	1	National youth day	In collaboration with NSS	50	2
	2	National start up day	In collaboration with NSS	50	2
	3	Yuva samvad	In collaboration with NSS	50	2
	4	World cancer day	In collaboration with NSS	100	4
	5	National immunization day	In collaboration with NSS	50	2
	6	National consumer rights day	In collaboration with NSS	200	4
	7	World kidney day	In collaboration with adult health nursing and nursing foundations	50	2
	8	World water day	In collaboration with NSS	100	4
	9	World TB day	In collaboration with NSS	100	4
	10	World health day	In collaboration with NSS	50	2
	11	World hemophilia day	In collaboration with NSS	50	2



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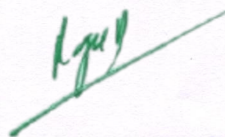
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12	AV aids exhibition day	In collaboration with NSS	50	4
13	Earth day	In collaboration with NSS	100	4
14	Book day	In collaboration with NSS	50	2
15	World malaria day	In collaboration with adult health nursing and nursing foundations	50	2
16	Personality development program	In collaboration with NSS	50	2
17	World Asthma day	In collaboration with NSS	50	2
18	World technology day	In collaboration with NSS	50	2
19	International nurses day	In collaboration with NSS	100	4

  
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**3.4.1: Total number of extension and outreach activities carried out in collaboration with national and international agencies, industry, community, government and non-government organizations engaging NSS / NCC / RED CROSS / YRC / institutional clubs etc. during Jan 2023-May 2024.**

Year	sl. No	Name of the activity	Organizing unit/ agency/ collaborating agency	Number of students participated in such activities	Number of teachers participated in such activities
2023	1	Blood donation day	In collaboration with NSS	100	4
	2	Amala day care centre visit	In collaboration with NSS	50	2
	3	Oral rehydration day	In collaboration with NSS	50	2
	4	NCD clinic conduct	In collaboration with NSS	50	2
	5	Group health education program	In collaboration with NSS	50	2
	6	World heart day	In collaboration with NSS	100	2
	7	World mental health day	In collaboration with mental health dept	50	2
	8	Visit to Pakalveedu	In collaboration with CHN dept	50	2
	9	National unity day	In collaboration with NSS	100	4
	10	Nutritional deficiency day awareness	In collaboration with CHN dept	50	2
	11	National entrepreneurship day	In collaboration with NSS	100	4
	12	Yuva samvad India event	In collaboration with NSS	50	2
	13	World diabetes day	In collaboration with NSS	100	4
	14	Children's day	In collaboration with NSS	50	2

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15	National constitution day	In collaboration with NSS	50	2
16	National AIDS day	In collaboration with NSS	100	2
17	International day for the elimination of violence against women	In collaboration with NSS	50	2

Signature of Principal

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