



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2023-2024)



CRITERION 7 – INSTITUTIONAL VALUES AND BEST PRACTICES

Key Indicator 7.1– Institutional Values and Social Responsibilities

Metric No. 7.1.3 The Institution has facilities for alternate sources of energy and energy conservation devices

SUBMITTED TO



National Assessment and Accreditation Council

27/4/2023.

ADAIT HOME VISIT

151

S/no.	Name	Age	Diagnosis	Treatment	Procedure
1.	Jishnu	24 yrs	osteomalacia	Same Rx	BP - 110/66 mm CRBS - 135 mg/dl
2.	Lazer	78 yrs	DM, HTN	Same Rx	BP - 110/70 mm CRBS - 114 mg/dl
3.	Mercy Lazer	77 yrs	DM, HTN	Same Rx	BP - 128/82 mm CRBS - 126 mg/dl
4.	Sunny P	47 yrs	paraplegia	Same Rx	BP - 120/70 mm CRBS - 130 mg/dl

4/05/23

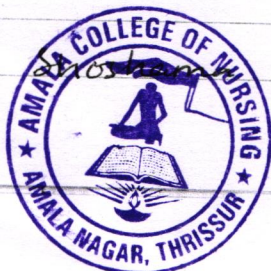
1.	Mrs. Theresia	77 yrs	Hypertension	T. telma + Amla	BP - 110/70 mm Hg CRBS - 146 mg/dl
2.	Mrs. Alice	59 yrs	COPD	T. Berophyller + Amla	BP - 120/70 mm Hg CRBS - 25 mg/dl
3.	Mrs. Resy	83 yrs	hyperlipidemia	T. kesacton + atorvastatin	BP - 150/80 mm Hg CRBS - 110 mg/dl
4.	Mrs. Sudha	70 yrs	COPD	T. Berophyller	BP - 120/70 CRBS - 14 mg/dl

25-5-23.

1.	Jishnu	24 yrs	Osteomalacia	Same Rx	BP - 110/60 CRBS - 138 mg/dl
2.	Sunny P	47 yrs	Paraplegia	Same Rx	BP - 120/70 CRBS - 135 mg/dl
3.	Mercy Lazer	72 yrs	DM, HTN	Same Rx	BP - 120/70 CRBS - 106

8-06-23

1.)	Resy	83 yrs	HTN, DM	Same Rx	BP - 130/80 CRBS - 353
2.)	Mary	78 yrs	any	Same Rx	BP - 110/40 CRBS - 76
3.)		70 yrs	HTN	Same Rx	BP - 130/90 CRBS - 85

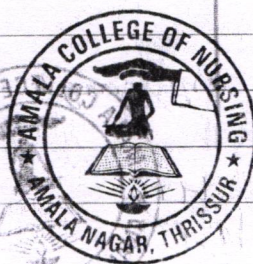
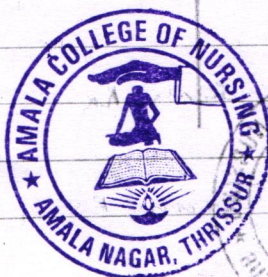


Sl.no.	Name	Age	Diagnosis	Treatment	Procedure
	15/6/23				
1	Mr. Manu	45yrs	Mentally ill	same Rx	BP - 180/80 mmHg CRBS - 126 mg/dl
2	Mr. Saneesh	38yrs	Mentally ill	same Rx	BP - 120/80 mmHg CRBS - 256 mg/dl
3	Mr. Chandran	40yrs	Mentally ill	same Rx	BP - 130/70 mmHg CRBS - 108 mg/dl
4	Mr. Babu. G	53yrs	Mentally ill	same Rx	BP - 110/60 mmHg CRBS - 120 mg/dl

22-6-2023

ST. MARIA DE MATTHIAS CONVENT AMAMPALLY

1	Madhavi	40yrs	Hypertension	T. lisinopril 40mg T. pantop 40mg T. Quinipis 25mg	BP - 130/80 mmHg CRBS 116 mg/dl
2	Mrs. Leela Joseph	60yrs	DM	T. metformin 500mg T. Tienopend 20mg	BP 90/70 mmHg CRBS 125 mg/dl
3	Roomey	58yrs	BPAD	T. venin 8 mg	BP 100/70 mmHg CRBS 120 mg/dl
4	Sheela	50yrs	Mental illness	T. Dca 4mg T. Par M 40mg T. Thiamin 100mg	BP 100/60 mmHg CRBS 119 mg/dl
5	Mani	55yrs	H2N	Same Rx	BP 110/70 mmHg CRBS 110 mg/dl
6	Selim Paul	70yrs	DM Psychiatric illness	T. Metformin 75mg	BP 130/70 mmHg CRBS 111 mg/dl



20/7/23.

ST. MARIA DE MATTIAS CONVENT

S.No	Name	Age	Diagnosis	Treatment	procedure
1.	Mary Joseph	62 yrs	Ca lung	T. Tapal song	BP = 120/80 mmHg P = 102 bpm GRBS = 132 mg/dl
2.	Elsy paulose	63 yrs	CVA/DM/HTN	T. metformin	GRBS = 150 mmHg. BP = 140/80 mmHg.
3.	Rooma	58 yrs	Mental illness/ BPAD.	T. olanzapine	GRBS = 140 mg/dl BP = 120/80 mmHg.
4.	shula	50 yrs	Mental illness	provided physiological support.	BP = 130/70 mmHg. GRBS = 95 mg/dl.
5.	Madhavi	60 yrs	Mental illness HTN	T. Metformin	BP = 110/70 mmHg. GRBS = 140 mg/dl.
6.	Keela	60 yrs	DM	T. Metformin	BP = 120/80 mmHg. GRBS = 134 mg/dl.

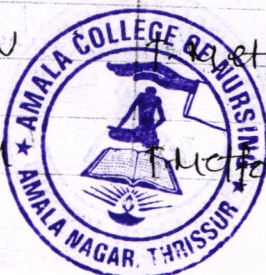
27/7/23

1.	Meecy	77 yrs	DM, HTN	same Rx	BP - 110/70 GRBS - 69 mg/dl
2.	Lazer	78 yrs	DM	Same Rx	BP - 120/70 mmHg GRBS - 120 mg/dl
3.	Sunny	47 yrs	Paraplegia	same Rx	BP - 130/80 mmHg GRBS - 106 mg/dl
4.	Sishna	24 yrs	Osteo- geos Imperfecta	same Rx	BP - 10/60 mmHg GRBS - 1

25/5/23

ST. MARIA DE MATTIAS CONVENT

1.	Mrs Mani	55y	Hypertension	T. clopid.	BP = 140/70 GRBS 105 mg/dl
2.	Rooma	58y	BPAD	T. olanzapine	BP = 120/70 mmHg GRBS = 78 mg/dl
3.	Madhavi	60y	HTN	T. Metformin	BP = 110/70 mmHg GRBS = 170 mg/dl
4.	Keela	60y	DM	T. Metformin	BP = 120/80 mmHg GRBS = 134 mg/dl



4/8/28

ST. MARIA DE NATTAS CONVENT

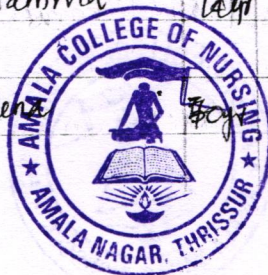
S/N	NAME	AGE	DIAGNOSIS	TREATMENT	RECORD
1.	Mrs. Rooma	58y	Schizophrenia	Same Rx	GRBS - 95 mg BP - 120/80
2.	Miss. Selina	70y	DM	Same Rx	GRBS - 93 mg BP - 110/80 mm
3.	Mrs. Sheila	50y	Mental illness	Same Rx	GRBS - 81 mg BP - 120/80 mm
4.	Mrs. Rosy	65y	HTN, DM	Same Rx	GRBS - 188 mg BP - 130/80 mm
5.	Mrs. Madhavi	60y	HTN	Same Rx	GRBS - 126 mg BP - 160/80 mm
6.	Miss. Mari	55y	Mental illness	Same Rx	GRBS - 84 mg BP - 110/80 mm
7.	Mrs. Velliamma	74y	Mental illness	Same Rx	GRBS - 135 mg BP - 120/80
8.	Mrs. Leela Joseph	60y	DM	Same Rx	GRBS - 196 mg BP - 110/80 mm
9.	Mrs. Leela	57y	DM	Same Rx	GRBS - 129 mg BP - 120/80 mm

201- 7/09/29

ST. MARIA DE NATTAS CONVENT

ARAMPALLY

1	Mrs. Leela	58y	DM	Same Rx	GRBS - 201, BP -
2.	Mrs. Leela Joseph	60y	DM	Same Rx	GRBS - 183 mg BP - 110/80 mm
3	Mrs. Mari	55y	Mental illness	Same Rx	GRBS - 97 mg BP - 130/80 mm
4	Mrs. Valliamma	74y	Mental illness	Same Rx	GRBS : 116 mg BP : 120/80 mm
5	Mrs. Celina	60y	DM	Same Rx	GRBS - 8132 mg BP - 120/80 mm

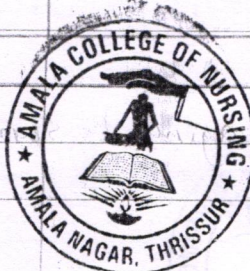


S.No	Name	Age	Diagnosis	Treatment	Procedure
6	Mrs. Rosy	68yr	HTN, DM	Same Rx	GRBS - 141 mg/dL BP - 110/70 mmHg
7	Mrs. Sheila	58yr	Mental illness	Same Rx	GRBS : 141 mg/dL BP : 120/70 mmHg
8	Mrs. Madhavi	60yr	HTN	Same Rx	GRBS : 141 mg/dL BP : 120/70 mmHg
9	Mrs. Rooma	58yr	Schizophrenia	Same Rx	GRBS - 110 mg/dL BP - 110/70 mmHg
10	Mrs. Celenia	60yr	DM, Mental illness	Same Rx	GRBS = 488 mg/dL BP = 120/70 mmHg

14/9/23

ADATI HOLY FAMILY

1.	Mrs. Theessamma	44yr	mental illness DM	T-melfam	BP - 120/80 GRBS - 124
2.	Mrs. Thankamani	80yr	COPD DM	T-aluphlu T-melfam	BP - 140/80 GRBS - 190
3.	Mrs. Sosa	73yr	Hypertension	T-lysce	BP 140/70 GRBS - 197
4.	Mrs. Rosy	84yr	Hypertension Hypertension	T-Losartan T-Rantue	BP - 150/80 GRBS - 110
5.	Mrs. Rugmani	75yr	Hypertension muscle pain	T-Amla dulcet.	BP - 120/70 GRBS - 98
6.	Mrs. Theesur	94	Hypertension	T-Amla	BP - 130/80 GRBS - 134
7.	Mrs. Macy	60	Hypertension DM	T-Glimi	BP - 140/80 GRBS - 141

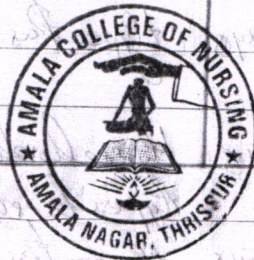


21/9/23

156

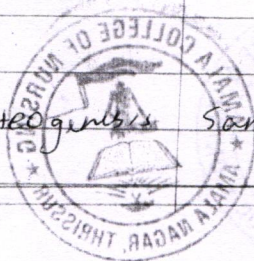
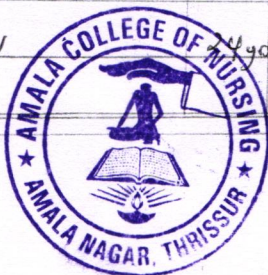
GAGULTHA

Sr/No	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
1.	Thirudas K A	50y	Mentally ill	Same Rx	Bp = 110/70 mmHg GRBS = 105 mg/dl
2.	Babu M S	36y	Mentally ill	Same Rx	Bp = 120/80 mmHg GRBS = 87 mg/dl
3.	paulose C P	45y	Mentally ill	Same Rx	Bp = 130/90 mmHg GRBS = 216 mg/dl
4.	Shaiju	47y	Mentally ill	Same Rx	Bp = 120/70 mmHg GRBS = 95 mg/dl
5.	Kochunappan	64y	Mentally ill	Same Rx	Bp = 150/70 mmHg GRBS = 92 mg/dl
6.	Balamurugan	85y	Mentally ill	Same Rx	Bp = 140/60 mmHg GRBS = 202 mg/dl



29/9/23

1	Mercy	77y	DM, HTN	Same Rx	Bp = 110/70 mmHg GRBS = 70 mg/dl
2)	Sunny	47yrs	paraplegia	Same Rx	Bp = 130/70 mmHg GRBS = 110 mg/dl
3)	Jishnu	44y	Osteoarthritis	Same Rx	Bp = 110/70 mmHg



2/11/23

(TIRU VIGNAN) TRADA

157
2/11/23

S/no	Name	Age	Diagnosis	Treatment	Procedures
1.	Mary Joseph	62y	Ch lung	T. Ipratropium	BP: 120/70 mmHg CRBS: 165 mg/dl
2.	2/11/23 ST. MARIA DE MATTIAS CONVENT ARAMPILLY				
2.	Mrs. Madhavi	60y	HTN	Same Rx	BP: 130/60 mmHg CRBS: 124 mg/dl
3.	Mrs. Sheela	50y	Mental illness	Same Rx	BP: 130/60 mmHg CRBS: 159 mg/dl
4.	Mrs. Mari	55y	Mental illness	Same Rx	BP: 110/70 mmHg CRBS: 113 mg/dl
5.	Mrs. Selina	70y	DM Mental illness	Same Rx	BP: 130/60 mmHg CRBS: 154 mg/dl
6.	Mrs. Valliyamma	71y	Mental illness	Same Rx	BP: 130/60 mmHg CRBS: 167 mg/dl
7.	Mrs. Leela	57y	DM	Same Rx	BP: 110/70 mmHg CRBS: 155 mg/dl
8.	Mrs. Leela Joseph	60y	DM	Same Rx	BP: 110/60 mmHg CRBS: 139 mg/dl
9.	Mrs. Roona	58y	schizophrenia	Same Rx	BP: 110/60 mmHg CRBS: 164 mg/dl
10.	Mrs. Rosy	68y	HTN	Same Rx	BP: 90/60 mmHg CRBS: 145 mg/dl



LAD

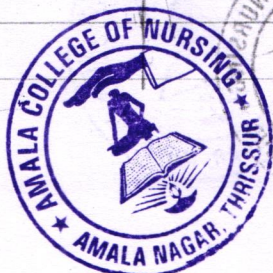
9/11/23

ADATT (HOME VISIT)

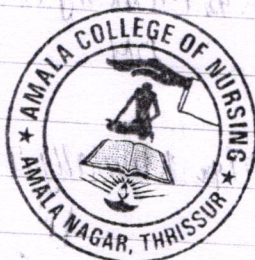
SL.No	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
1	Mrs. Shealy	43	D-M	Same Rx	Bp - 100/70 mm CRBS - 12 mg/dl
2	Mrs. Sosa	73	Hypertension, Bronchial asthma	Same Rx	Bp - 120/70 mm CRBS - 164 mg/dl
3	Rugmini	74	Hypertension, Bronchial asthma muscle cramps	Same Rx	Bp - 120/60 mm CRBS - 103 mg/dl
4	Alice	59	COPD	Same Rx	Bp - 110/70 mm CRBS - 122 mg/dl
5	Thressia	85	Hypertension, CAD	Same Rx	Bp - 100/70 mm CRBS - 138 mg/dl
6	Resi	83	Hypertension, Arthritis	Same Rx	Bp - 140/80 mm CRBS - 112 mg/dl
7	Mrs. Thankamani	75	Hypertension, Bronchial asthma	Same Rx	Bp - 130/70 mm CRBS - 85 mg/dl

4/1/24 ADATT HOLY FAMILY (Elderly Home)

SL.No	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
1	Mrs. Philomena	74 yrs	HTN	On Antihypertensive	BP - 130/70 mm CRBS - 136

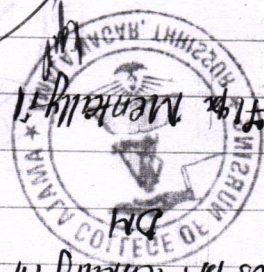


Sl. No.	NAME	AGE	DIAGNOSIS	TREATMENT	PROCEDURE
2.	Mrs. Thankamani	80 yrs	COPD, DM Asthma	T. Demyphylline T. Metformin	BP - 90/70 mmHg GRBS - 112
3.	Mrs. Annamkutty	72 yrs	HTN	Same Rx	BP - 180/90 mmHg GRBS - 129
4.	Mrs. Alice	59 yrs	COPD	Same Rx	BP - 130/80 mmHg GRBS - 151
5.	Mrs. Thressia	85 yrs	HTN, CAD	Same Rx	BP - 140/80 mmHg GRBS - 107
6.	Mrs. Sarojini	74 yrs	Blind	Same Rx	BP - 110/80 mmHg GRBS - 124
7.	Mrs. Mariyamma	74 yrs	HTN, Fever Muscle cramps	Same Rx	BP - 110/60 mmHg GRBS - 113
8.	Mrs. Sosa	73 yrs	DM	Same Rx	BP - 130/70 mmHg GRBS - 160
9.	Mrs. Thressia Lappan	84 yrs	Alzheimers	Same Rx	BP - 100/70 mmHg GRBS - 145
10.	Mrs. Mary	82 yrs	Bedridden, Bedsores	Same Rx	BP - 110/70 mmHg GRBS - 107



15/2/24

Sl. No.	Name	Age	Diagnosis	Treatment	Procedure
1.	Rajesh	40yrs	Mentally ill	Same Rx	BP: 130/90 mm Hg CRBS: 195 mg/dl HTN, DM
2.	Shaju George	38yrs	Mentally ill	Same Rx	BP: 120/80 mm Hg CRBS - 126 mg/dl HTN
3.	Babu VK	45yrs	Mentally ill	Same Rx	BP: 140/90 mm Hg CRBS - 328 mg/dl DM
4.	Bimlesh	26yrs	Mentally ill	Same Rx	BP: 130/90 mm Hg CRBS - 202 mg/dl
5.	Martin	42yrs	Mental Retardation + HTN	Same Rx	BP: 180/100 mm Hg CRBS - 187 mg/dl 1. Citaloprine 5mg (qd)
6.	Suresh	55yrs	Mentally ill	Same Rx	BP: 120/80 mm Hg CRBS - 238 mg/dl DM
7.	Vysakh	24yrs	Mentally ill	Same Rx	BP: 130/80 mm Hg CRBS 178 mg/dl
8.	Prince MV	18yrs	Mentally ill	Same Rx	BP: 120/80 mm Hg CRBS - 107 mg/dl HTN
9.	Thomas mala	65yrs	Mentally ill	Same Rx	BP: 140/90 mm Hg CRBS - 308 mg/dl
10.	Kandamala	41yrs	Mentally ill	Same Rx	BP: 120/80 mm Hg CRBS - 162 mg/dl



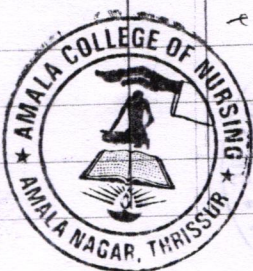
21/3/24

CIACULTHA - 2024

161

A/A

SIN	Name	Age	Diagnosis	Treatment	Procedure
1.	shajukumar	38yrs	mentally ill HTN	Same Rx	Bp: 120/70 mmHg URBS: 192 mg/dL
2.	Prince MV	48yrs	mentally ill	Same Rx	Bp: 120/80 mmHg URBS: 120 mg/dL
3.	Thomas mala	65yrs	mentally ill DM	Same Rx	Bp: 130/90 mmHg URBS: 127 mg/dL
4.	Saneesh	55yrs	mentally ill DM	Same Rx	Bp: 170/80 mmHg URBS: 136 mg/dL
5.	Vyaskh	48yrs	mentally ill	Same Rx	Bp: 130/80 mmHg URBS: 178 mg/dL
6.	Kandammuthu	71yrs	mentally ill	Same Rx	Bp: 120/80 mmHg URBS: 162 mg/dL
7.	Rakesh	40yrs	mentally ill HTN, DM	Same Rx	Bp: 120/90 mmHg URBS: 120 mg/dL
8.	Mailin	42yrs	mental Retardation HTN	Same Rx	Bp: 150/100 mmHg URBS: 202 mg/dL



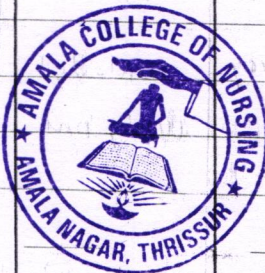
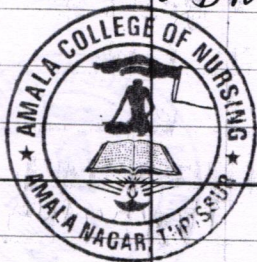
KGP

4/4/24

162

Karpasamba Home visit

Sl. No	Name	Age	Diagnosis	Treatment	Procedure
1)	Thamkamani	75 yrs	Hypertension Bronchial Asthma	T. Escaprin Rumol/LTA T. Theo. T. Desiphylin	HRBS BP: 120/80 Pulse: 74/ md
2)	Mos - manni	55 yrs	Hypertension	T. Clopidet T. Escaprin	BP - 130/70 Pulse: 80/1
3)	Mrs - Leela Jacob	62 yrs	Mental Illness DM	T. metformin T. Risperidone 2mg BD	BP - 120/80 Pulse: 84/ HRBS - 146

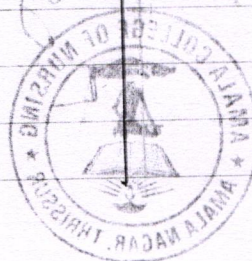


18/4/24

Gagutha 2024

MUNIM T2

Sl. No.	Name	Age	Diagnosis	Treatment	Procedure
1)	Sheju George	38 yrs	Mentally ill DM	Source by 7. Metformin 500 mg - BD 7. Responclon 2 mg BD	B.P. 120/70 Pulse 82/hr
2)	Babu M S	56 yrs	DM HT	7. Aten 5 mg	B.P. 140/100 Pulse 74/hr



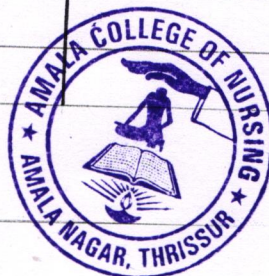
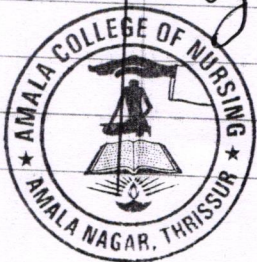
25/1/24

164

ST. MARIA DE MATTIAS CONVENT - ARAMPILLY

25/1/24

S No	Name	Age	Diagnosis	Treatment	Procedure
1.	Madhavi	45y	Hypertension	T. Chlorthalidone 40mg T. Pantop 40mg T. Quinine 25mg	BP-138/80 GRBS-116mg/dl
2.	Leela Joseph	60y	DM	T. metformin 500mg T. meliponid 200mg	BP-90/70 GRBS-105
3.	Mami	55y	HTN	Same Rx	BP-110/70mmHg GRBS-110mg/dl
4.	Sheela	50y	Mental illness	T. Daxa 4mg T. pantop 40mg T. Thiamine 100mg	BP-110/60 GRBS-160mg/dl
5.	Seline paul	70y	DM Psychiatric illness	T. metformin 75mg	BP-130/70 GRBS-111mg/dl
6.	Mrs. Leela	57y	DM	Same Rx	BP-110/70mmHg GRBS-105mg/dl
7.	Mrs. Roome	68y	HTN DM	Same Rx	BP-100/70mmHg GRBS-168mg/dl
8.	Mary Joseph	76y	HTN	Same Rx	BP-150/90mmHg GRBS-116mg/dl
9.	Pelley Thomas	68y	DM	Same Rx	BP-140/80mmHg GRBS-178mg/dl



2/5/24

SINO	Name	Age	Diagnosis	Treatment	Procedures
1.	Mr Joseph	56	DM	Same Rx	GRBS-130g Bp-110/60 mmHg
2.	Mr Lazer	78 yrs	HTN, DM	Same Rx	GRBS-120mg Bp-140/60 mmHg
	Menny Lazer	77 yrs	HTN, DM	same Rx	BP-120/60 mmHg GRBS-126mg
3.	sunny - P	47 yrs	Paraplegia	Same Rx	BP-120/70 mmHg GRBS-130mg

