



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING AQAR (2023-2024)



CRITERION 7– Institutional Values and Best Practices

Key Indicator 7.2–Best Practices

**Metric No. 7.2.1 Describe two Institutional Best Practices as per the
NAAC format provided in the
Manual (Respond within 100 - 200 words) Provide web link to:**

SUBMITTED TO



National Assessment and Accreditation Council

**ACADEMIC PLAN
SHOWING THE
TEACHING HOURS
ALLOTTED TO THE TIER -
I (HIGHLIGHTED) AND
TIER-II FACULTIES IN
THE COLLEGE**



Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

ACADEMIC PLAN FOR THE YEAR 2023-2024 (Tentative)

I. FIRST SEMESTER B.Sc. NURSING – 2023 BATCH

Co-ordinator	-	Dr Ambika C
Co- coordinator	-	Sr. Maria (Tincy Abraham)
Date of commencement of class	-	01.11.2023

Subject allotment

A. Nursing FoundationsII :

a) Sr. Jyothish CSC	-	20 hrs
b) Sr. Maria (Tincy Abraham)	-	20 hrs
c) Dr. Ambika C	-	10 hrs
d) Dr. Dinu M Joy	-	10 hrs
e) Mrs. Surya K	-	10 hrs
f) Mrs. Krishnaja M Unnikrishnan	-	10 hrs
g) Mrs. Neethu Anto	-	10 hrs
h) Mrs. Seena A. F	-	10 hrs
i) Mrs. Shinu C Vinson	-	10 hrs
j) Prof. Lakshmi G	-	10 hrs

II. SECOND SEMESTER B.Sc. NURSING – 2023 BATCH

Co-ordinator	-	Dr Ambika C
Co- coordinator	-	Sr. Maria (Tincy Abraham)
Date of commencement of class	-	01.05.2024

Subject allotment

A. Nursing Foundations II :

a) Sr. Grace Maria (Sheela C D)	-	20 hrs
b) Sr. Maria (Tincy Abraham)	-	25 hrs
c) Mrs. Neethu Anto	-	25 hrs



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- d) Mrs. Krishnaja M Unnikrishnan - 25 hrs
e) Mrs. Seena A. F - 25 hrs

B. Nursing Informatics

- a) Mrs. Shilsa James - 20 hrs

III. THIRD SEMESTER B.Sc. NURSING – 2022 BATCH

- Co-ordinator - Sr. Jyothish CSC
Co- coordinator - Mrs. Surya K
Date of commencement of class - 20.11.2023

Subject allotment

A. *Applied Microbiology (infection control & safety) :*

- a) Mrs. Neethu Anto - 10 hrs

B. *Pharmacology I :*

- a) Mrs. Seena A. F. - 10 hrs

C. *Pathology I*

- a) Mrs. Surya K - 05 hrs

D. *Adult Health Nursing I :*

- a) Sr. Jyothish CSC - 40 hrs
b) Mrs. Shinu C Vinson - 40 hrs
c) Sr. Siji C. P. - 10 hrs

E. *BCLS (Mandatory Module) :*

- a) Mr. Don Jose K - 30 hrs

F. *Diabetic Care (Elective Module):*

- a) Mrs. Aswathy Gopi - 10 hrs
b) Mrs. Rosariyo Anto - 10 hrs



IV. FOURTH SEMESTER B.Sc. NURSING – 2022 BATCH

Co-ordinator	-	Sr. Jyothish CSC
Co- coordinator	-	Mrs. Surya K
Date of commencement of class	-	17.05.2024

Subject allotment

A. Adult Health Nursing II :

a) Sr. Maria (Tincy Abraham)	-	30 hrs
b) Mrs. Shilsa James	-	25 hrs
c) Sr. Moly Thomas	-	30 hrs
d) Mrs. Seena A F	-	25 hrs

B. Professionalism, Professional Values & Ethics including Bioethics :

a) Sr. Jyothish CSC	-	10 hrs
b) Dr. Rajee Reghunath	-	10 hrs

V. FIFTH SEMESTER B.Sc. NURSING – 2021 BATCH

Co-ordinator	-	Mrs. Rinu David
Co- coordinator	-	Mrs. Lovna Grace Paul
Date of commencement of class	-	01.03.2024 / 19.02.2024

Subject allotment

C. Child Health Nursing I :

e) Mrs. Maria E. J	-	30 hrs
f) Sr. Grace Maria (Sheela C D)	-	30 hrs

D. Mental Health Nursing I :

c) Dr. Ambika C	-	30 hrs
d) Mrs. Bincy A P	-	30 hrs

E. Community Health Nursing I :

a) Dr. Sr. Merly John (Molly John)	-	20 hrs
b) Mrs. Rinu David	-	40 hrs
c) Mrs. Shaly Joseph Pullan	-	40 hrs




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F. Educational Technology / Nursing Education :

- | | | |
|--------------------------|---|--------|
| a) Mrs. Chanlin Chacko | - | 20 hrs |
| b) Mrs. Lovna Grace Paul | - | 20 hrs |

G. Introduction to Forensic Nursing and Indian Laws :

- | | | |
|-----------------------|---|--------|
| a) Mrs. Aswathy Gopi | - | 10 hrs |
| b) Mrs. Rosariyo Anto | - | 10 hrs |

VI. SIXTH SEMESTER B.Sc. NURSING – 2021 BATCH

- | | | |
|-------------------------------|---|-----------------------|
| Co-ordinator | - | Mrs. Rinu David |
| Co- coordinator | - | Mrs. Lovna Grace Paul |
| Date of commencement of class | - | 27.08.2024 |

Subject allotment

A. Child Health Nursing II (40 hrs; 16 hrs- External) :

- | | | |
|---------------------------------|---|--------|
| a) Sr. Grace Maria (Sheela C D) | - | 15 hrs |
| b) Mrs. Maria E. J | - | 15 hrs |

B. Mental Health Nursing II (40 hrs; 15 hrs- External):

- | | | |
|-------------------|---|--------|
| e) Dr. Ambika C | - | 05 hrs |
| f) Mrs. Bincy A P | - | 20 hrs |

C. Nursing Management & Leadership (60 hrs) :

- | | | |
|-----------------------|---|--------|
| d) Sr. Moly Thomas | - | 10 hrs |
| e) Mrs. Rosariyo Anto | - | 25 hrs |
| f) Mrs. Aswathy Gopi | - | 25 hrs |

***D. Midwifery / Obstetrics and Gynecology (OBG) Nursing I
(60 hrs; 10 hrs – External, 40 Skill Lab) :***

- | | | |
|----------------------------------|---|--------|
| c) Sr. Litha Lizbeth | - | 20 hrs |
| d) Mrs. Aneesha V B | - | 20 hrs |
| e) Mrs. Krishnaja M Unnikrishnan | - | 10 hrs |



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VII. FOURTH YEAR B.Sc. NURSING – 2020 BATCH

Co-ordinator	-	Mrs. Linda Varghese
Co-coordinator	-	Mrs. Rosario Anto
Date of commencement of class	-	04.12.2023

Subject Allotment:

A. Obstetrics & Gynecological Nursing

a) Sr. Litha Lizbeth	-	35 hrs
b) Mrs. Aneesha V. B.	-	50 hrs
c) Mrs. Linda Varghese	-	30 hrs
d) Mrs. Tonia Toms	-	05 hrs

B. Community Health Nursing

a) Dr. Molly John (Sr. Merly John)	-	10 hrs
b) Mrs. Lekshmi M	-	20 hrs
c) Mrs. Shaly Joseph Pullan	-	30 hrs
d) Mrs. Rinu David	-	30 hrs
e) Alphonsa M. P. (Sr. Ancilin)	-	10 hrs

C. Nursing Education

a) Sr. Jyothish CSC	-	30 hrs
b) Mrs. Lovna Grace Paul	-	30 hrs
c) Mr. Don Jose K	-	20 hrs

D. Management of Nursing Services & Education

a) Sr. Moly Thomas	-	50 hrs
b) Prof. Lakshmi G	-	20 hrs

VIII. FIRST YEAR M.Sc. NURSING – 2023 BATCH

Class Co-ordinator	-	Dr. Sr. Merly John (Molly John)
Co- coordinator	-	Mrs. Bincy A P
Date of Commencement of class	-	01.11.2023

Subject allotment

A. Advanced Nursing Practice

a) Mrs. Surya K	-	40 hrs
b) Mrs. Lovna Grace Paul	-	40 hrs
c) Mrs. Shaly Joseph Pullan	-	30 hrs




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B. Nursing Education

- | | | |
|------------------------|---|--------|
| a) Dr. Ambika C | - | 30 hrs |
| b) Mr. Don Jose K | - | 30 hrs |
| c) Mrs. Chanlin Chacko | - | 40 hrs |

C. Nursing Research

- | | | |
|-----------------------------------|---|--------|
| a) Mrs. Rinu David | - | 30 hrs |
| b) Dr. Sr. Merly John(Molly John) | - | 30 hrs |
| c) Mrs. Linda Varghese | - | 30 hrs |
| d) Dr. Rajee Reghunath | - | 10 hrs |

D. Clinical Specialty I

- | | | |
|--------------------------|---|---------------|
| 1. Mental Health Nursing | : | By Department |
| 2. OBG Nursing | : | By Department |

IX. SECOND YEAR M.Sc. NURSING – 2022 BATCH

- | | | |
|-------------------------------|---|--------------------------------|
| Class Co-ordinator | - | Sr. Litha Lizbeth (Princy C J) |
| Co- coordinator | - | Mrs. Krishnaja M Unnikrishnan |
| Date of Commencement of class | - | 30.11.2023 |

Subject allotment

A. Nursing Administration

- | | | |
|-------------------------------------|---|--------|
| a) Dr.Sr. Merly John | - | 40 hrs |
| b) Mrs. Linda Varghese | - | 35 hrs |
| c) Sr. Likhitha MSJ (Sherly George) | - | 05 hrs |
| d) Mrs. Lakshmi G | - | 40 hrs |

B. Clinical Specialty II

- | | | |
|--------------------------|---|---------------|
| 1. Mental Health Nursing | : | By Department |
| 2. OBG Nursing | : | By Department |



Dr. Rajee Reghunath
Principal

Prof. Dr. RAJEE REGHUNATH
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