



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2023-2024)



### CRITERION 7– Institutional Values and Best Practices

#### Key Indicator 7.3–Best Practices

**Metric No. 7.3.1** Portray the performance of the Institution in one area distinctive to its priority and thrust within 100 - 200 words

**SUBMITTED TO**



**National Assessment and Accreditation Council**



**Date :** 13/05/2024

## HAIR DONATION

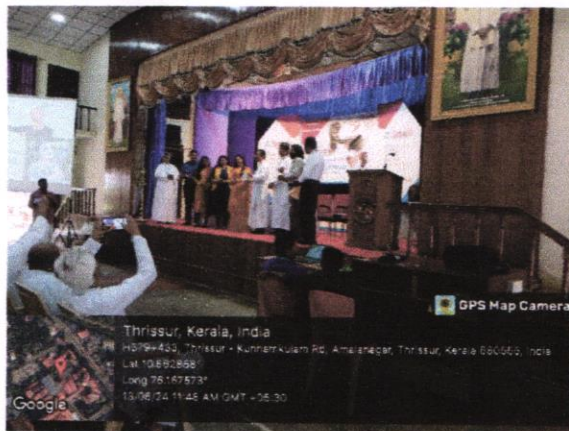
On June 13, 2024, the students of Amala College of Nursing volunteered in a significant hair donation drive, which culminated in the 34th free wig distribution meeting held at the Amala Medical College Auditorium. The event was marked by the participation of prominent figures, including actress Malavika Nair, who donated 30 centimeters of her hair to create free wigs for cancer patients who have lost their hair due to chemotherapy and other treatments.

### Objectives:

- To support cancer patients
- To promote community engagement
- To raise awareness
- To foster solidarity
- To build a sense of social responsibility
- To instill values of compassion, empathy, and service in students.

### Event Highlights:

During the event, wigs were distributed to 76 cancer patients, providing them with a means to regain a sense of normalcy and confidence. Knitted knockers were also distributed to breast cancer patients, offering them comfort and support.



The event saw a turnout of 350 people, showcasing the strong community support for the cause. Mementos and certificates were awarded to 49 organizations that organized hair donations and to 51 individuals who donated hair, acknowledging their contributions to this noble cause. Notably, Fr. Jason Mundanmani announced that, to date, Amala Medical College Hospital has provided free wigs to 1610 cancer

patients. The initiative has seen participation from approximately 16,000 individuals, including 400 men, aged between 3 and 70 years, from various sectors of society.



**AMALA COLLEGE OF NURSING**

An Undertaking of Amala Cancer Hospital Society

Affiliated to Kerala University of Health Sciences & Recognized by Kerala Nurses & Midwives Council & Indian Nursing Council (Certificate No. 18-16/2893-INC)

The First Nursing College with NAAC A-Grade in the First Cycle (RAF)

Thiruvananthapuram - 680 555, Kerala. | Ph: 0487 230 4070 (College), 0487 230 7574, 230 4120 (Principal's Office)  
Email: [principal@amalaaims.org](mailto:principal@amalaaims.org) | [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

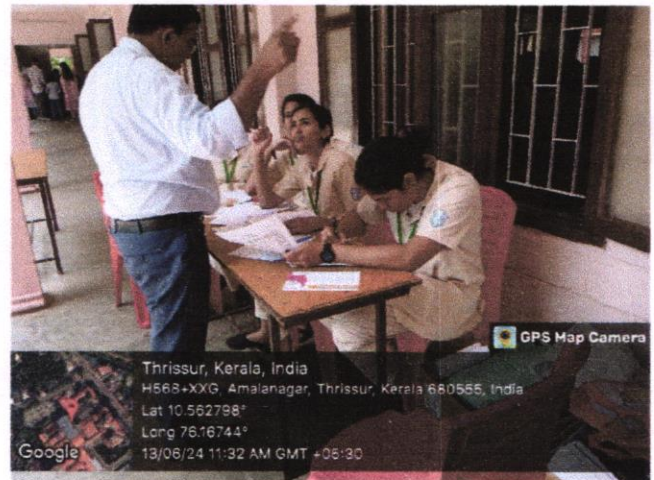
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL

AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

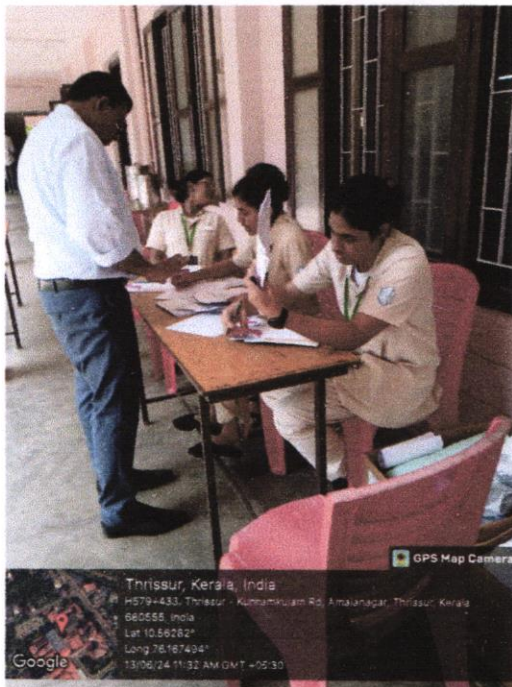




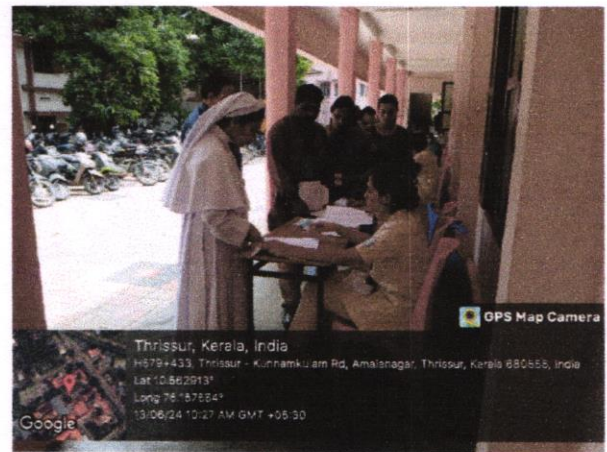
The hair donation event at Amala Medical College stands as a testament to the power of community engagement and compassion. By volunteering their time and donating their hair, the students of Amala College of Nursing, along with other participants, have made a significant positive impact on the lives of cancer patients. The event not only provided tangible support in the form of wigs and knitted knockers but also fostered a spirit of solidarity and care within the community.



Thirissur, Kerala, India  
H56B+XXG, Amalanagar, Thirissur, Kerala 680555, India  
Lat 10.562798°  
Long 76.16744°  
13/06/24 11:32 AM GMT +05:30



Thirissur, Kerala, India  
H579+433, Thirissur - Kunnamkulam Rd, Amalanagar, Thirissur, Kerala 680555, India  
Lat 10.56282°  
Long 76.16743°  
13/06/24 11:32 AM GMT +05:30



Thirissur, Kerala, India  
H579+433, Thirissur - Kunnamkulam Rd, Amalanagar, Thirissur, Kerala 680555, India  
Lat 10.56281°  
Long 76.16744°  
13/06/24 10:27 AM GMT +05:30



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amalanursingcollege@amalaims.org | www.amalanursingcollege.org

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**Date:** 18/01/2024

## HAIR DONATION- "WIG FIESTA."

On 18 January 2024, a remarkable event took place at Amala College of Nursing, demonstrating the spirit of compassion and community service. As part of the "CARYS" (Cancer care and Reach-out Activities by Young Samaritans) program, students from the college volunteered in a hair donation activity, aptly named "Wig Fiesta." The initiative aimed to provide wigs to 50 individuals affected by cancer and experiencing hair loss due to medical treatments.

### Objectives

- To support cancer patients
- To raise awareness about the impact of cancer and the struggles faced by patients undergoing treatment.
- To instill values of compassion, empathy, and service in students.



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The Wig Fiesta organized by the students of Amala College of Nursing through the "CARYS" program is a testament to the power of youth-led initiatives in making a meaningful difference in the lives of those affected by cancer. The selfless act of hair donation and the distribution of wigs not only alleviated a practical concern for cancer patients but also filled their hearts with hope and positivity.

The "Wig Fiesta" stands as a shining example of the impact that can be made by small acts of kindness and generosity. It is a reminder that, even in the face of adversity, love and compassion have the power to bring light and hope to those in need.

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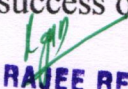
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The 33rd Wig Donation and Hair Donor Appreciation Event, led by Dr. Shaisan P. Ouseph, winner of the Hollywood Best Film Director Award and an Oscar nominee. The event was presided over by Amala Director Fr. Julius Arrackal CMI, Joint Director Fr. Jaison Mundanmani, Nandipuram Palliative Care Officer Fr. Manoj Kizhur, Head of Palliative Care Department Dr. Rakesh L. John, PRO Joseph Varghese, Hair Donation Program Coordinator P.K. Sebastian, Cancer Survivor Ambassador Prince, and National Body building Champion Suhail Basheer. AyishaBeena, who portrayed a cancer patient in the movie 'KandalKadu', donated her hair.



The heart of this initiative was the dedicated and compassionate students from Amala College of Nursing. These students selflessly contributed their hair for a noble cause, demonstrating their commitment to making a positive impact on the lives of cancer patients. Their selflessness and willingness to participate in the Wig Fiesta were instrumental in the success of this endeavor.



  
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കേരളം =  
സന്തോഷം



**Amala**  
INSTITUTE OF MEDICAL SCIENCES  
NABH ACCREDITED - ISO 9001:2015

REDEFINING  
CARE  
every day  
in every way



## Wig Fiesta

THE JOY OF CARING & SHARING

കാൻസർ രോഗികൾക്കായി കേരളം ചെയ്ത  
സുമനസ്സുകളെ ആദരിക്കലും

സൗജന്യ വില്ല് വിതരണവും

സ്ഥലം: അമ്മല ഓഡിറ്റോറിയം | സമയം: 11 AM | തീയതി: 12/10/2023



*Rgan*  
Prof. Dr. RAJEE REGHUNATH  
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Amala  
കേരളം





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## WIG FIESTA

Date: 12.10.2023

On 12.10.2023, a significant event took place at Amala Medical College Hospital, which marked the distribution of wigs to individuals in need. As part of the "CARYS" (Cancer Care and Reach Out Activities by Young Samaritans) program, students from Amala College of Nursing volunteered in a hair donation activity, aptly named "Wig Fiesta." The initiative aimed to provide wigs to individuals affected by cancer and experiencing hair loss due to medical treatments. The programme took place in the Amala Auditorium at 11 AM.

The event was graced by the presence of several distinguished individuals:

- Chief Guest: DIG Ajitha Begum, who inaugurated the ceremony.
- Amala Director: Fr. Julius Arrackal, who played a pivotal role in organizing the event.
- Joint Director: Fr. Jaison Mundan Mani, who contributed to the success of the event.
- Head of Palliative Care: Dr. Mr. Rakesh John, an essential figure in the medical community.
- Office Bearers: PR Joseph Varghese, who assisted in the coordination of the event.
- Irinjalakuda KCYM Director: Fr. Chacko Kattuparambil, a representative from the Kerala Catholic Youth Movement.
- Distinguished Guests: Fr. Francis Chairman, Fr. Deepu Valluran, P.K. Sebastian, and O.S. Swapna, who played key roles in the felicitation of the function.



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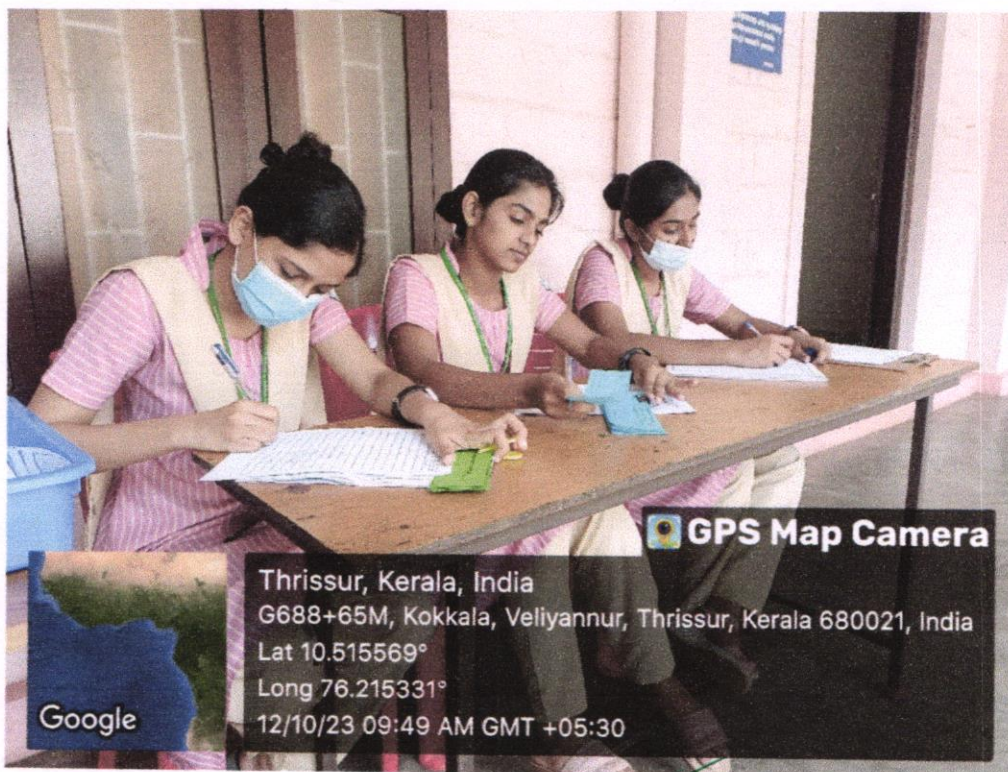
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The wigs distribution ceremony at Amala Medical College Hospital was a significant event that underscored the institution's commitment to holistic patient care and community service. The presence of esteemed guests, including DIG Ajitha Begum, and the active participation of hospital staff and volunteers made the event a resounding success. 100 wigs were distributed on this day.

The heart of this initiative was the dedicated and compassionate students from Amala College of Nursing. These students selflessly contributed their hair for a noble cause, demonstrating their commitment to making a positive impact on the lives of cancer patients. Their selflessness and willingness to participate in the Wig Fiesta were instrumental in the success of this endeavor.



*Lgull*  
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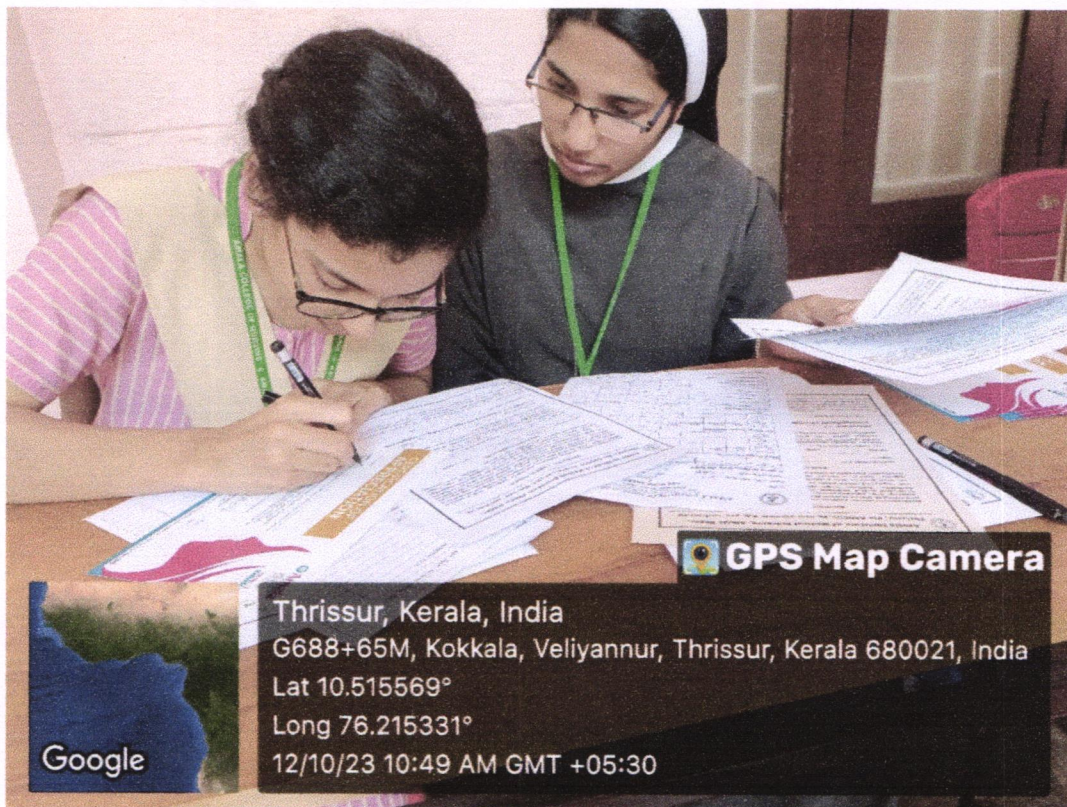
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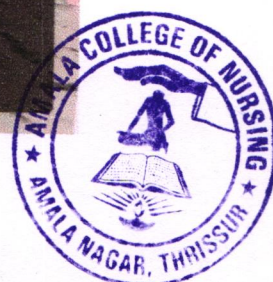
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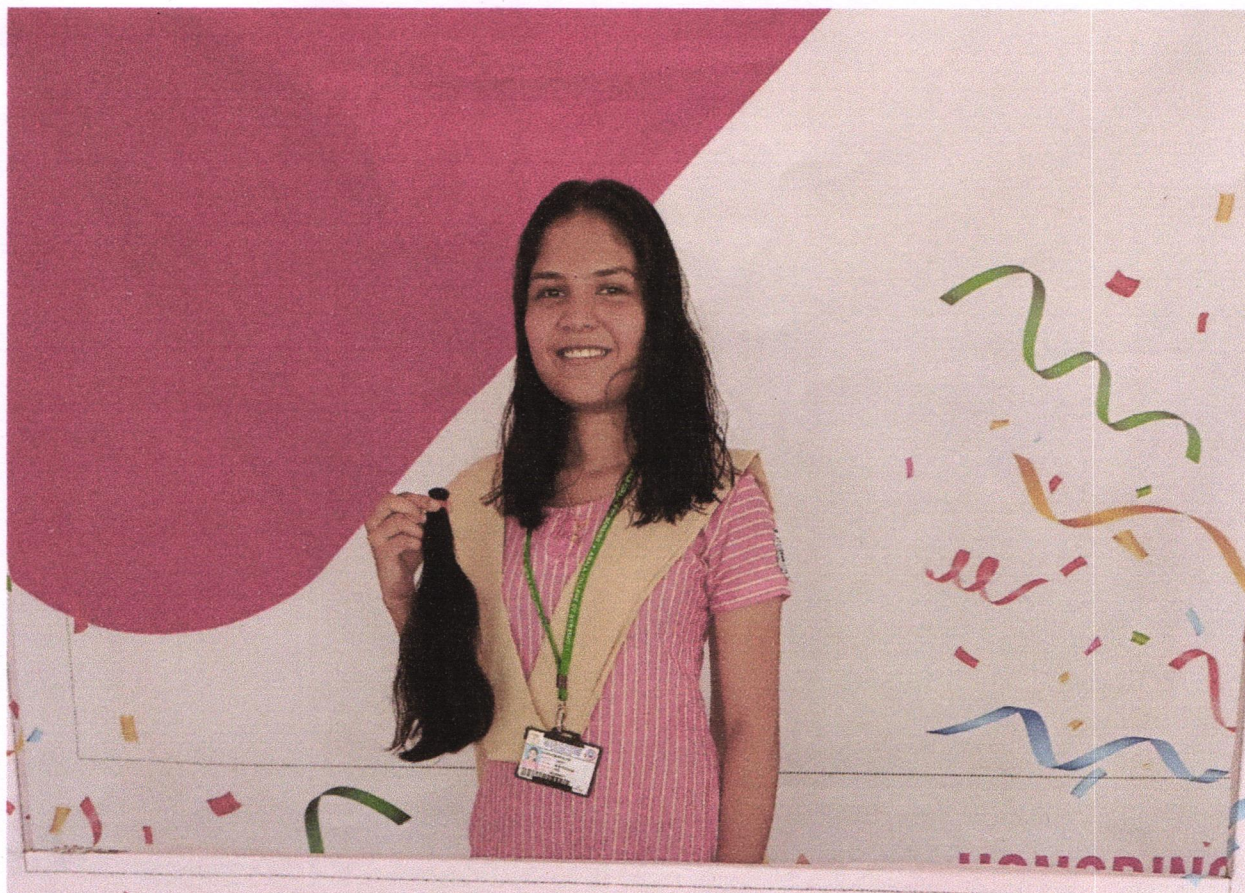
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HONORING  
TOMORROW'S  
HEALTHCARE  
HEROES

GPS Map Camera



Google

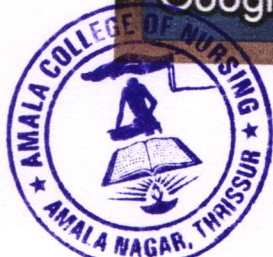
Thrissur, Kerala, India

G688+65M, Kakkala, Veliyannur, Thrissur, Kerala 680021, India

Lat 10.515569°

Long 76.215331°

12/10/23 12:06 PM GMT +05:30



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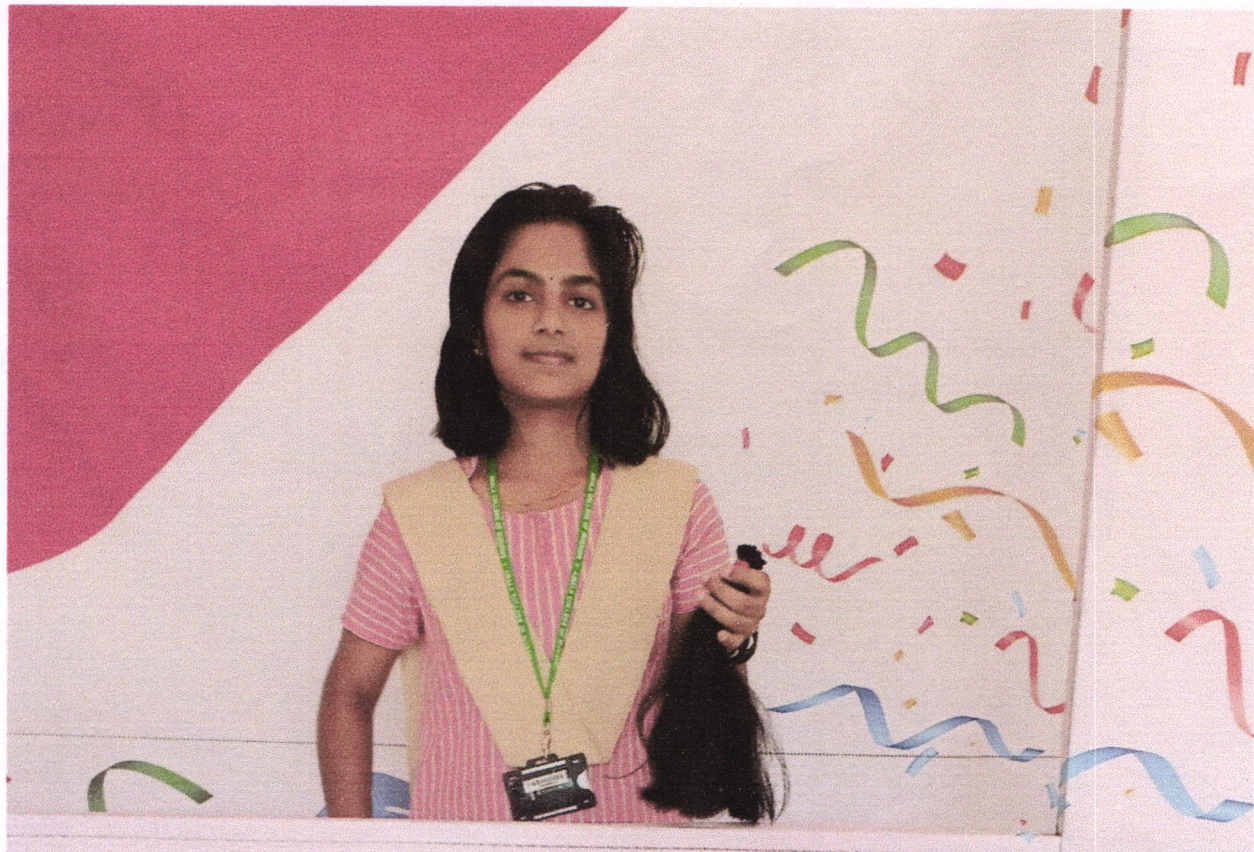
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## HONORING TOMORROW'S HEALTHCARE HEROES

 **GPS Map Camera**

Thrissur, Kerala, India

G688+65M, Kakkala, Veliyannur, Thrissur, Kerala 680021, India

Lat 10.515569°

Long 76.215331°

12/10/23 11:25 AM GMT +05:30



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കേശഭാഗം  
=  
സ്നേഹ ഭാഗം

Amala  
കേഴ്സി

## wig Fiesta

THE JOY OF CARING & SHARING

കാൻസർ രോഗികൾക്കായി കേശഭാഗം ചെയ്ത  
സുമനസ്സുകളെ ആദരിക്കലും

## സൗജന്യ വില്ല് വിതരണവും

സ്ഥലം: അമല ഓഡിറ്റോറിയം | സമയം: 11 AM | തീയതി: 13/07/2023



## Amala

INSTITUTE OF MEDICAL SCIENCES

NAAC ACCREDITED - 13th JULY 2015

REDEFINING  
CARE  
every day  
in every way



എവർ-ദൈനം  
സ്വാഗതം

19/7

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**Date: 13/07/2023**

## **Hair Donation and Wig Distribution Programme-*Wig Fiesta***

Hair is an important part of our looks and the way we project ourselves to the world. Hair is precious and even more so to someone who loses it suddenly due to medical reasons. For cancer patients, hair loss is the most stressful and traumatic side effect of chemotherapy and radiation treatment. The 31<sup>st</sup> hair donation and hair wig distribution event “Wig Fiesta” was organized in the Amala Auditorium on 13/07 2023 at 11 am. The program was inaugurated by Devamatha Provincial Rev Fr Davy Kavungal , and also with the presence of Rev Fr Julious Arrackal CMI, Director of Amala Institute of Medical Sciences, who gave the presidential address and emphasized the importance of hair donation amongst cancer patients and appreciated the efforts of all those who donated their priceless hair. Felicitations were given by Rev Fr Jaison Mudanmany, Dr Pathmaja Nayar and P.K Sebastian. Students of Amala College of Nursing actively took part in organizing the programme. Students took part in collecting and distributing wigs. Four student volunteers donated their hair. After the formal inauguration ceremony free wigs were distributed to the needy patients. Wigs were distributed to 50 patients. This hair donation campaign was meaningful and rewarding for the cancer patients and enlightened the students.

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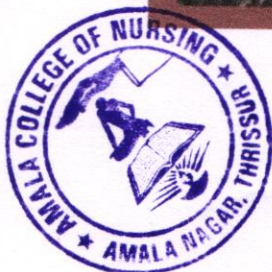
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## Hair Donation and Wig Distribution Programme-Wig Fiesta



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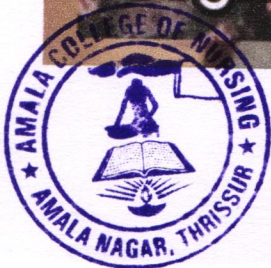
Thrissur, Kerala, India

H579+433, Thrissur -

Kunnamkulam Rd, Amalanagar,

Thrissur, Kerala 680555, India

Lat 10.562981° Long 76.167549°



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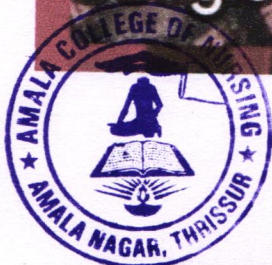


GPS Map Camera



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**Thrissur, Kerala, India**  
**H579+433, Thrissur -**  
**Kunnamkulam Rd, Amalanagar,**  
**Thrissur, Kerala 680555, India**  
**Lat 10.562971° Long 76.167535°**



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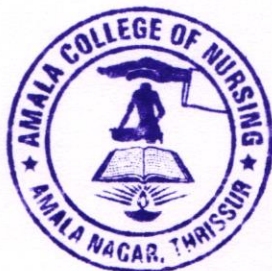
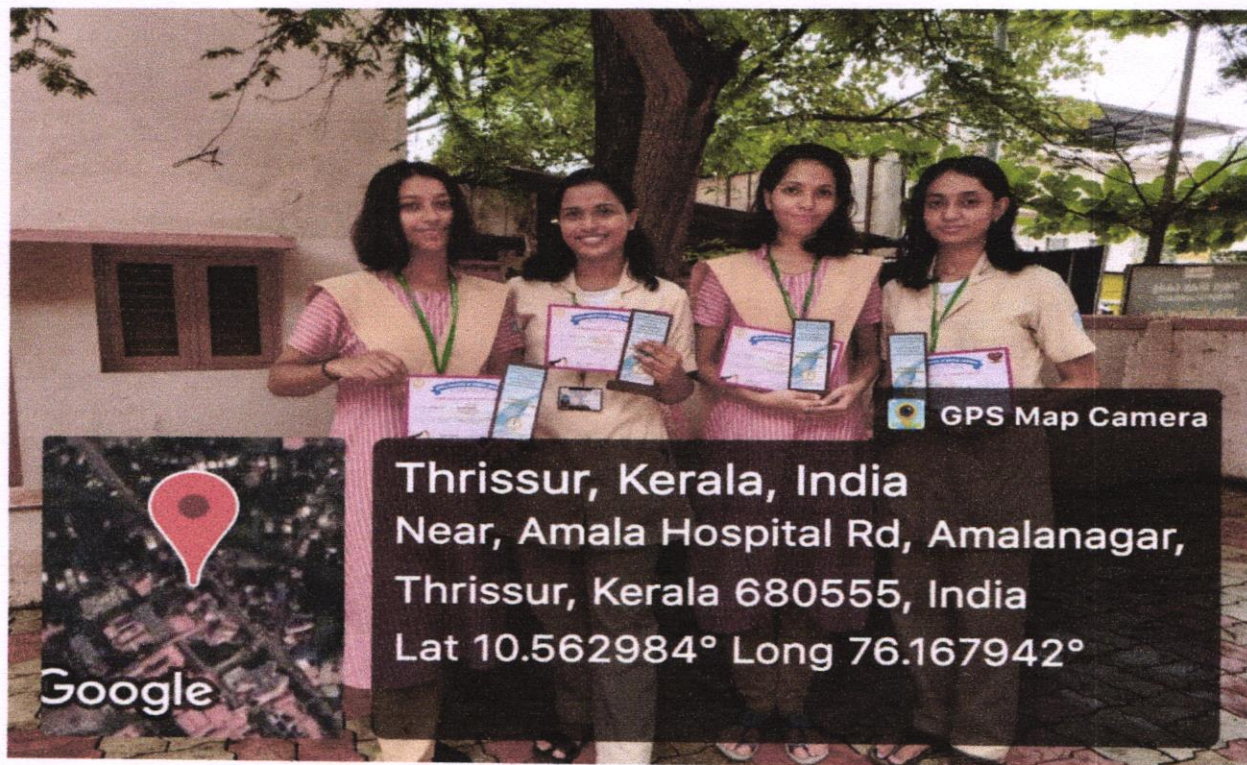
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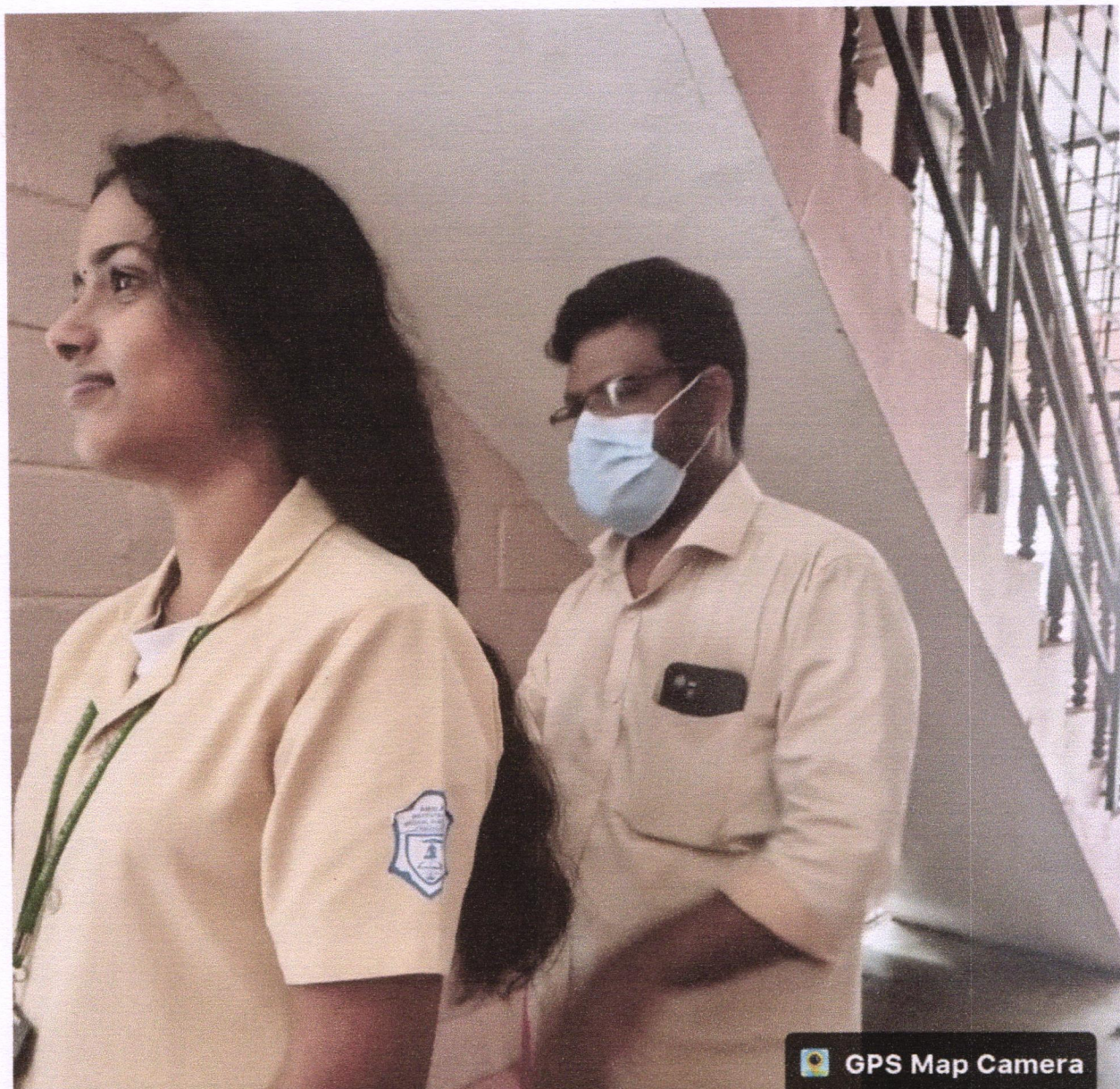
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 GPS Map Camera



**Thrissur, Kerala, India**

**H579+433, Thrissur -**

**Kunnamkulam Rd, Amalanagar,**

**Thrissur, Kerala 680555, India**

**Lat 10.562824° Long 76.167654°**



  
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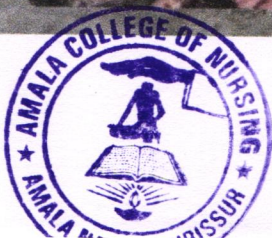
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# AMALA INSTITUTE OF MEDICAL SCIENCES

AMALA NAGAR, THRISSUR - 680 555  
Ph: 0487 2304000, www.amalaaims.org



## CERTIFICATE OF APPRECIATION

This certificate is presented to  
*Mr./Ms. Anjitha Shaji*  
in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.

Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations!  
May the flame of mercy that you have lit burn forever.



Place: *Amala Nagar*  
Date: *01/03/2023*

Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



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## CERTIFICATE OF APPRECIATION

This certificate is presented to  
*Mr./Ms. JOHNCY K. JOHNSON*  
in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.

Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations!  
May the flame of mercy that you have lit burn forever.



Place: *AMALA NAGAR*  
Date: *13-07-2023*

Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



*Lyg*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555





## AMALA INSTITUTE OF MEDICAL SCIENCES

AMALA NAGAR, THRISSUR - 680 555  
Ph: 0487 2304000, www.amalaims.org



### CERTIFICATE OF APPRECIATION

*This certificate is presented to*

Mr./Ms. **ALEENA PETER**

*in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.*

Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations!  
May the flame of mercy that you have lit burn forever.



Place: **AMALA NAGAR**

Date: **13-07-2023**

Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



## AMALA INSTITUTE OF MEDICAL SCIENCES

AMALA NAGAR, THRISSUR - 680 555  
Ph: 0487 2304000, www.amalaims.org



### CERTIFICATE OF APPRECIATION

*This certificate is presented to*

Mr./Ms. **ALEENA SHAJI**

*in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.*

Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations!  
May the flame of mercy that you have lit burn forever.



Place: **AMALA NAGAR**

Date: **13-07-2023**

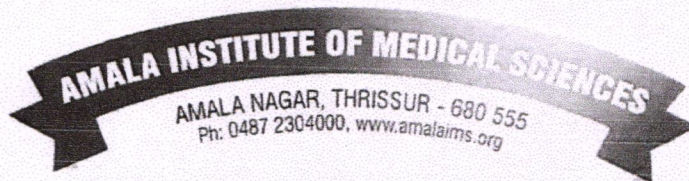
Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR - 680 555





AMALA NAGAR, THRISSUR - 680 555  
Ph: 0487 2304000, www.amalaaims.org



## CERTIFICATE OF APPRECIATION

*This certificate is presented to*

Mr./Ms. **SYMA P. S.**

*in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.*

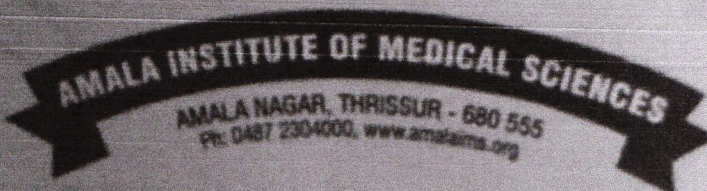
*Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations! May the flame of mercy that you have lit burn forever.*



Place: **Amala Nagar**  
Date: **16.03.2023**

Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



AMALA NAGAR, THRISSUR - 680 555  
Ph: 0487 2304000, www.amalaaims.org



## CERTIFICATE OF APPRECIATION

*This certificate is presented to*

Mr./Ms. **RIYA JOSE**

*in appreciation of his / her sacrifice and generosity in donating hair to cancer patients.*

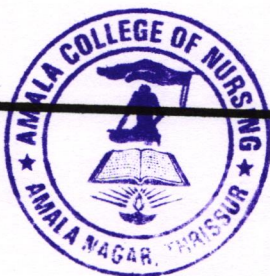
*Hair loss is a painful experience for every female cancer patient who undergoes chemotherapy. Donating one's hair to a cancer patient is a noble and great humanitarian act. By donating your beautiful hair, you are planting a smile on the face of a suffering cancer patient. Your hair will be used for making wig and will be given to a cancer patient, free of cost. Congratulations! May the flame of mercy that you have lit burn forever.*



Place: **AMALA NAGAR**  
Date: **18-07-2023**

Fr. Jaison Mundanmany CMI  
Associate Director, AIMS

Fr. Julious Arakkal CMI  
Director, AIMS



**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL

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